VANCOUVER metro®

NEWS WORTH SHARING.

AIR MILES®

BLACK FRIDAY DEALS

airmilesshops.ca™

NOV. 27 – DEC. 4

10x

Shop online and earn 10x AIR MILES® reward miles[1]

140+ online stores including...

Apple Store Canada

Sears*

amazon.ca

Toys"R"Us

OLD NAVY

and many more...

#airmilesshops

Visit airmilesshops.ca/blackfriday

WISHES OF JOY

YULE LOVE THE SAVINGS THEY'LL LOVE THE GIFTS

SAVE UP TO 75%
on select luggage

SAVE 75%
On ATLANTIC® *Embassy* luggage
SEARS REG. 299.99
SALE 74.99

SAVE 70%
on SAMSONITE® *Estes* luggage
SEARS REG. 279.99
SALE 83.99

SAVE 65%
on HEYS® *Attitude* luggage
SEARS REG. 369.99
SALE 129.49

SAVE 65%
on ROOTS® expandable upright spinner
SEARS REG. 249.99
SALE 87.49

SAVE 65%
on DELSEY™ *Amherst* luggage
SEARS REG. 199.99
SALE 69.99

Sears

SALE PRICES IN EFFECT THURS., NOV. 28 UNTIL MON., DEC. 2, 2013
NE114G413 © 2013. Sears Canada Inc.

VANCOUVER metro®

NEWS WORTH SHARING.

Yuko Maki
JAPANESE RESTAURANT

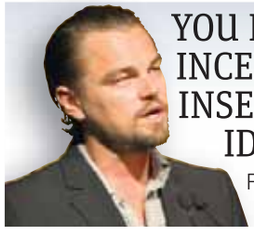
3 YEAR ANNIVERSARY SPECIALS:

ALL DAY
(All you can eat)
Starting from $14.95

Sushi Special $6.99
(Includes miso soup)

Bento Box $7.99
(Includes miso soup)

1143 Davie Street
604 681 0488



YOU REMEMBER INCEPTION? LET ME INSERT A FEW MORE IDEAS ...

FILMS TO SEE THIS HOLIDAY SEASON PAGE 35

Temp gets her very own fairy tale ending

In which Shannon lives happily ever after PAGE 31

Survivors of sled-dog cull still need homes

17 animals described as 'affectionate and sociable' PAGE 6

Guilty plea in Surrey Six case

Trial. One of three accused killers admits to conspiracy to commit murder

An alleged gang leader has pleaded guilty to orchestrating an execution in a Surrey high-rise that ultimately left six dead — a crime that ripped apart the families of two innocent bystanders and caused the region's gang war to explode into the national spotlight.

Quang Vinh Thang (Michael) Le's plea on Thursday to conspiracy to commit murder comes more than six years after the mass killing and marks a dramatic turn at a trial that has offered a rare glimpse into the region's gang underworld.

The trial will still continue for two other men, while another trial is expected next year.

Six people were fatally shot on Oct. 19, 2007, in a 15th-floor condominium in Surrey.

Four of the victims were men with ties to drugs and gangs, but two were not: fireplace repairman Ed Schellenberg, 55, and building resident Chris Mohan, 22.

Mohan's mother, Eileen, welcomed Le's guilty plea, but she objected to the oft-repeated description of her son being in the wrong place at the wrong time.

"His (Le's) actions took the life of my son and my life," said Mohan, who spoke through tears outside the downtown Vancouver courthouse.

"We had a right to live — to say that Christopher was at the wrong place at the wrong time is the wrong terminology. He was at the right place at the right time.... These people have nothing to do with our lives."

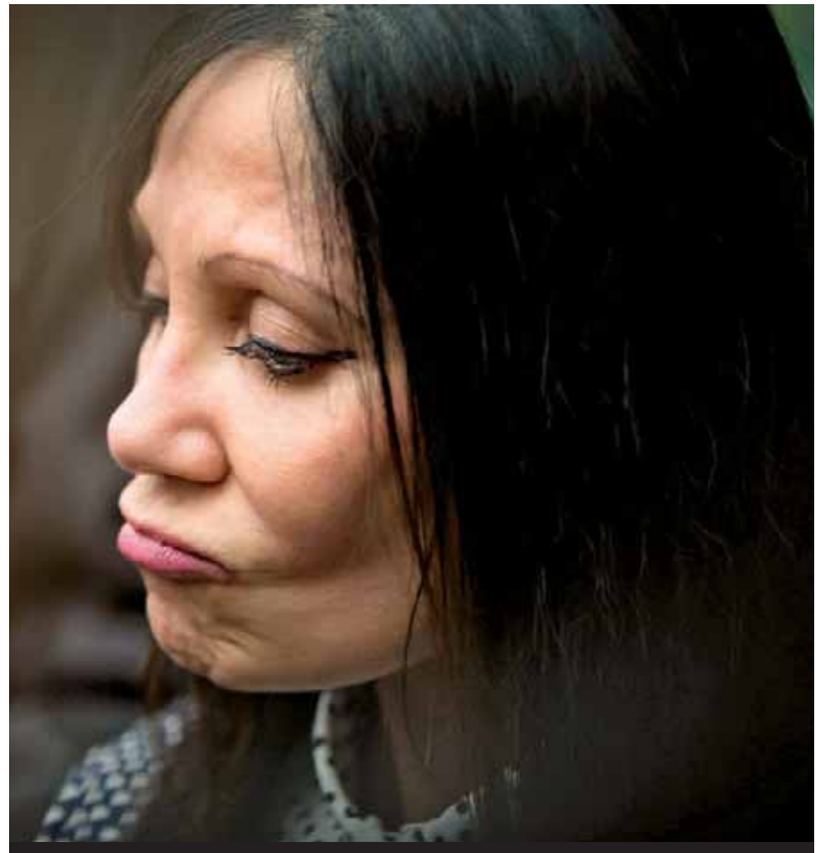
The murders were part of what the Crown has described as a hit on a rival drug trafficker named Corey Lal.

The Crown contends five more victims, including Schellenberg and Mohan, were added to the body count to ensure there were no witnesses.

Le was originally charged with first-degree murder and conspiracy to murder Lal, but a spokesman for the Crown confirmed that prosecutors do not intend to proceed on the murder charge. THE CANADIAN PRESS

Other suspects

- Le had been on trial since late September along with Matthew Johnston and Cody Haevischer, who are each charged with conspiracy and six counts of first-degree murder.
- The case against Johnston and Haevischer is expected to continue, with the trial resuming as early as Monday.
- Another person has already pleaded guilty, while alleged gang leader and co-conspirator Jamie Bacon is expected to stand trial next year.



Eileen Mohan pauses as she speaks to reporters outside B.C. Supreme Court, after Quang Vinh Thang (Michael) Le pleaded guilty to conspiracy to commit the murder of Corey Lal at the Surrey Six murder trial in Vancouver on Thursday. DARRYL DYCK/THE CANADIAN PRESS

Like laser hair removal.
In a bottle.
inhibitif

INHIBITIF.COM

Only at SHOPPERS DRUG MART

The Fox Cinema will become a cabaret and lounge. JENNIFER GAUTHIER/METRO

Vancouver set to see porn theatre become lounge

What does the Fox play? Less moaning, more live music ahead

The Fox Cinema is about to lose its XXX rating.

The operators behind the shows and events at Rickshaw Theatre and the Waldorf Hotel got the city's blessing to convert Vancouver's last porn theatre into a cabaret and lounge, according to a report that recommends council approve a liquor licence for the Main Street establishment.

Liquor will be allowed throughout the establishment if council approves the report next week, with space for dancing and live performances on the main floor and a permanent lounge in the mezzanine.

And don't worry — they're not keeping the seats.

"We took out the chairs and basically sanitized the place," said Thomas Anselmi, one of three partners in the cultural enterprise. "I don't think you can print how dirty it was — it was awful."

Out of 150 community responses to the application, only four opposed the venue due to concerns regarding noise and drunkenness.

"We're obviously really happy," Anselmi said of the tremendous support, including letters from the business improvement association and Vancouver East MP Libby Davies. "It's exciting to be in such a great location. The Waldorf was sort of off the beaten track."

While nothing can replace the Waldorf, he said, the Fox hopes to achieve the same spirit of openness and quality. Musicians are already "chomping at the bit" to book time at the venue, where the operators have a long lease at a fair rent.

The establishment will open in January if the city and province approve the liquor licence.

Coun. Heather Deal is excited a business stepped up to keep the building as a cultural space, as single-screen theatre venues are becoming increasingly rare.

"Frankly, I'm looking to see if we can turn the Hollywood into something similar," she said, pointing to a theatre on West Broadway slated to become a fitness centre.

It's about balancing the rights of property owners and the community's heritage and cultural connections, Deal said. While it's not the city's job to find a business plan that might work, Deal said she's helping to connect the community to resources because the city ultimately wants the Hollywood to stay a performance venue.

Council will also consider revamping its heritage conservation program next week, a move that Deal said could give it the tools to save such buildings in the future.

EMILY JACKSON/METRO

HEALTH CARE ASSISTANT PROGRAM

The Health Care Assistant program is designed to provide students with opportunities to develop the knowledge, skills and attitudes necessary to function effectively as front-line care-givers and respected members of a health care team.

CAREER OPPORTUNITIES: HOME SUPPORT, LONG TERM CARE, ASSISTED LIVING, SPECIAL CARE UNITS

110 YEARS 1903 - 2013

SPROTT SHAW COLLEGE SINCE 1903

CALL 310.HIRE (4473) OR VISIT SPROTTSHAW.COM

ROGERS™
authorized dealer

ABBOTSFORD
Clearbrook Plaza
604-556-7702
Seven Oaks Shopping Centre
604-854-1988
West Oaks Mall
604-859-0070
2050 Sumas Way – Unit 303
604-852-5863
BURNABY
Crystal Mall
604-436-3110
Crystal Mall
604-718-2112
Highgate Village
604-521-3338
Lougheed Mall
604-420-7979
Metropolis (Near Bus Loop)
604-433-8000
Metrotown (Near T&T)
604-432-9303
Metropolis
604-430-3903
Brentwood Mall
604-320-0789
CHILLIWACK
Cottonwood Mall
604-858-0017
CLOVERDALE
Cloverdale Crossing Mall
778-571-0776
Hillcrest Village
604-576-6360
COQUITLAM
Coquitlam Centre
604-941-6122
H-341 North Rd.
604-939-4777
DELTA
Delta Shoppers Mall
604-592-9199
Bay Side Village
604-943-3602
5180 Ladner Trunk Rd.
604-946-7100
Scottsdale Mall
604-590-9011
LANGLEY
Willowbrook Mall
604-532-9099
Fraser Crossing Shopping Centre
604-532-0440
Thunderbird Centre
604-881-2050
MAPLE RIDGE
Valley Fair Mall
604-466-1675
Westgate Shopping Mall
604-460-2888
MISSION
Mission Hill Plaza
604-820-0811
NEW WESTMINSTER
Royal City Mall
604-777-9906
NORTH VANCOUVER
Norgate Plaza
604-983-3335
1422 Lonsdale Ave.
604-983-3025
Park & Tilford Mall
604-988-2803
West Lynn Shopping Mall
604-984-8900
Capilano Mall
604-983-9744
1617 Lonsdale Ave.
604-980-4870
PORT COQUITLAM
2131-2850 Shaughnessy St.
604-941-2423
RICHMOND
Continental Centre
604-279-8868
Aberdeen Centre
604-279-9187
Richmond Centre
604-273-2203
Lansdowne Mall Centre
604-247-2355
Aberdeen Centre
604-303-8811
SOUTH SURREY
Semiahmoo Mall
604-536-1010
SQUAMISH
3B-40437 Tantalus Rd.
604-898-3025
SURREY
Khalsa Business Mall
604-572-9955
Guildford Mall
604-951-9399
Central City
604-583-7000
Southpoint Exchange
604-531-2500
Newton Centre
604-599-5522
Peninsula Village
604-535-8828
VANCOUVER
155-139 Keefer St.
604-683-8283
Bentall Centre Mall
604-602-0968
6510 Fraser St.
604-325-6665
Oakridge Mall
604-267-1011
2691 West Broadway
604-736-1813
5759 West Blvd.
604-267-6383
920 Davie St.
604-684-5981
Kingsgate Mall
604-879-1003
103-1807 Burrard St.
604-736-3326
Marketplace Village
604-221-5505
601 Robson St.
604-682-4333
1795 Robson St.
604-605-8290
1093 Robson St.
604-628-1388
148-555 West 12th Ave.
604-876-0888
1022 Mainland St.
604-608-2448
2097 West Broadway
604-733-3999
1295 Davie St.
604-669-7377
1027 – West 15th Ave.
604-731-1699
Pacific Center
604-801-5292
WEST VANCOUVER
Park Royal North
604-921-1488
Park Royal South
604-921-4880
WHISTLER
18-4314 Main St.
604-932-2021

THURSDAY NOV 28 – MONDAY DEC 2

BLACK FRIDAY SALE

THE HOTTEST
ANDROID DEVICES
STARTING FROM **$0*** ON SELECT 2-YEAR PLANS

NEXUS 5™
~~WAS $99.99~~
NOW $0

LG G2™
~~WAS $99.99~~
NOW $0

SAMSUNG GALAXY S4™
~~WAS $179.99~~
NOW $0

SAMSUNG GALAXY NOTE 3™
~~WAS $299.99~~
NOW $199.99

SAMSUNG GALAXY S4 MINI™
~~WAS $49.99~~
NOW $0

GET A *SAMSUNG GALAXY GEAR*™
WITH THE PURCHASE OF SELECT SAMSUNG DEVICES
FOR ONLY **$49.99**[1]
SAVE $280
ON SELECT 2-YEAR PLANS

CALL 1 888 ROGERS1
CLICK rogers.com/blackfriday
VISIT your local Rogers store today

LIVE LIKE NEVER BEFORE™

ROGERS™

Offer available for a limited time and subject to change without notice. *After applicable discount (not exceeding device purchase price) with new activation on any 2-yr. plan having min. $60 monthly service fee (MSF) on primary line or min. $45 MSF on secondary line. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. **1** Available at participating Rogers locations from Nov. 28/13 until the earlier of Jan. 6/14 or while quantities last with purchase of eligible Samsung device (Galaxy S4, S4 Mini, S4, S3, Mega, Note 2 or Note 3) and new activation on any 2-yr. talk, text and internet plan having min. $60 monthly service fee (MSF) on primary line ($45 MSF talk and text line also eligible in the case of Galaxy S4 Mini & S3) or min. $45 MSF on secondary line. Samsung Mega compatibility requires a software upgrade (expected January 2014). If eligible plan is cancelled within first 15 days in accordance with your Service Agreement, Samsung Galaxy Gear must also be returned in original condition ($49.99 will be refunded) else the difference of $280 will be charged to customer's account. The Android robot is reproduced or modified from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. TM ©2013 Rogers Communications.

A man who hides his alcohol solutions, not his problems

Liquor-policy reform. Official keeping 69 of 70 recommendations secret until next year

KATE WEBB
kate.webb@metronews.ca

The final report from John Yap, parliamentary secretary for liquor-policy reform, contains 70 recommendations to fix the province's "outdated" liquor laws — but he is keeping 69 of them secret until the new year.

Yap announced on Thursday, to no one's surprise, that he is recommending the province phase in liquor sales in grocery stores using the "store-within-a-store" model already in place in some other provinces.

He announced in October that the idea had received overwhelming support during public consultations.

But he said the public will have to wait to see the full report so that cabinet will have a chance to review it first.

He has recommended a moratorium be placed on the number of licensed stores in the province, which means that any new liquor stores within grocery stores will have to be relocated from elsewhere.

Timetable

John Yap's recommendations could be tabled as legislation as early as spring.

The Alliance of Beverage Licensees (ABLE), which represents 672 private liquor stores in B.C., launched a campaign last week called "Not Worth The Risk" to try to dissuade the government from adopting the recommendation.

Many private liquor stores are locked into long-term leases and are financially unable to relocate. The campaign alleges the move would increase the risk of alcohol falling into the hands of minors.

ABLE executive director Ian Baillie pointed to Washington as an example, where he said bottle thefts, many of them committed by minors, increased by 175 per cent after grocery stores were given permission to stock alcohol on their shelves.

When asked how that example applies to B.C., since Yap's recommendation would separate liquor sales from food, he said a more secure model than Washington's is purely "hypothetical."

"We don't think (a store-within-a-store) can be as secure as a standalone store," he said.

John Yap speaks to reporters in Vancouver on Thursday about his upcoming final report on the province's outdated liquor laws. Yap kept mum on proposed changes, however, only reannouncing that the province would look at selling liquor in grocery stores. JENNIFER GAUTHIER/METRO

WIRELESSWAVE™
THE MOBILE EXPERTS

AS IF FRIDAYS WEREN'T AWESOME ENOUGH.

Get the best advice and the biggest deals on your choice of phones, networks, and plans.

BLACK FRIDAY EXCLUSIVE
GET UP TO 70%* OFF SELECT HANDSETS

At a mall near you
wirelesswave.ca

Bell ROGERS fido Virgin mobile

*Limited time offer. Some conditions apply. See in-store for details. Subject to change without notice.

Moores®

CLOTHING FOR MEN

BLACK FRIDAY DEALS 4 DAYS ONLY!

NOV 28–DEC 1

$199.99
DESIGNER SUITS
Austin Reed and Guy Laroche
Reg. $525

$149.99
DESIGNER SPORT COATS
Guy Laroche and Tommy Hilfiger
Reg. $325–$395

$59.99
DESIGNER DRESS PANTS
Calvin Klein and Lauren
Reg. $149.99

$129.99
OUTERWEAR
Calvin Klein
Reg. $299.99

$29.99
DESIGNER NON-IRON DRESS SHIRTS
Guy Laroche, Jhane Barnes, and Joseph Abboud
Reg. $89.99

Additional charge for Big & Tall items.

Buy 1 Tie Get 2 Free

Free ties must be of equal or lesser value.

13221MO_V2

BUY 1 GET 1 FREE EVENT

CLEARANCE SHOES NOW **30% OFF** THE ORIGINAL PRICE

Buy any item at regular price, get a second like item of equal or lesser value free. Excludes shoes, clearance, and Everyday Low Price items. Additional restrictions apply.

To find a store near you, visit mooresclothing.com

BLACK FRIDAY
ON NOW
5 DAYS ONLY!

SAVE 70%
Sears Signature® 14K diamond stud earrings & pendants

0.25 ctw
SEARS REG. $1000
$299

0.33 ctw
SEARS REG. $1000
$299

0.33 ctw
SEARS REG. $1500
$449

0.50 ctw
SEARS REG. $1650
$495

0.50 ctw
SEARS REG. $2350
$699

SAVE 50%
ALL* JESSICA®/MD DIAMOND, GEMSTONE, CUBIC ZIRCONIA & PEARL JEWELLERY
Reg. priced items only.

1.0 ctw
SEARS REG. $3350
$999

SALE PRICES IN EFFECT THURS., NOV. 28 TO MON., DEC. 2, 2013. Selection varies by store, while quantities last.
*This savings offer excludes items with prices ending in .97.
Earrings enlarged to emphasize detail and may not be exactly as shown. All diamond weights are approximate. Does not include certificate of appraisal.
NE114P413 © 2013. Sears Canada Inc.

Sears
Make every day a great day.

B.C. sled dogs need a home for the holidays

'Affectionate'. B.C. SPCA has found homes for 75 of the dogs, but 17 still need to be placed

Seventeen former sled dogs that survived the horrific cull in Whistler after the 2010 Winter Olympics still need homes.

The "affectionate and sociable" dogs are looking for loving owners after the Whistler Sled Dog Company decided to close its operations this summer, the B.C. SPCA announced this week.

The company, which adopted the dogs from the operator where 56 dogs were killed after the post-Olympics slowdown, could no longer sustain its operations.

These former sled dogs need a home. CONTRIBUTED

The B.C. SPCA has already found "forever homes" for 75 of the dogs, but 17 still need to be placed.

Most of the dogs are "very friendly" and accustomed to being around people and other dogs because they've worked on tours, according to a statement from Kim Monteith, animal welfare manager for the BC SPCA.

"Others are really wonderful dogs but they are a bit nervous around people, so they will just need a patient guardian to help them get used to being in a family," Monteith said.

Ideally, the dogs will find owners who already have another dog, have access to the outdoors and can follow a routine.

New guardians will have to be patient while their new pets adapt, Monteith said.

"This is true for every adopted animal, but these dogs have been in a very specific setting and will be experiencing many everyday activities for the first time."

For more information on how to adopt a sled dog, visit spca.bc.ca.

EMILY JACKSON/METRO

Santa's in over his head this year

Scuba Claus dives in the Strait of Georgia tank Thursday at the Vancouver Aquarium. Claus will return every weekend at 11:30 a.m. until Dec. 21 and then daily through Christmas Eve. JENNIFER GAUTHIER/METRO

Cost: Millions?

Legislature dome needs refit, twisting

The golden statue of Capt. George Vancouver mounted atop British Columbia's iconic legislature buildings in Victoria is on a shaky perch, and the rest of the building is in even worse shape.

An all-party legislative management committee heard today that the building's green dome that holds up the statue is twisting and in need of repairs that could cost millions of dollars.

Legislative Clerk Craig James says engineers believe shifting and water damage is compromising the dome's integrity and repairs are needed.

James says the good news is the estimate to repair the dome and secure the golden statue currently sits at $5.7 million. But he says the costs could rise once work on the 115-year-old building starts and other deteriorating sections are discovered.

The legislature is already known as one of the least earthquake proof building in the province, and a 2011 report concluded the buildings needs upgrades and maintenance worth $250 million to prevent a collapse.

THE CANADIAN PRESS

KIA VANCOUVER

Thank you for making us BC's #1 retail Kia dealer

Sales Event
NOV. 23-25

With Every New Car Purchase, you will receive a:

$1,000 Holiday Cash

OR

Trip for 2 to Mexico

OR plus Airfare

4 Day Carnival Cruise for 2

plus Airfare

BONUS

- NEW CAR BUYER PKG (VALUED AT $1995)
- COMPLIMENTARY FOOD & REFRESHMENT
- MUSIC & DOOR PRIZE

kia.ca

KIA

WINTERFEST

CAR-A-DAY GIVEAWAY

60 CARS. 60 DAYS.

up to **0%** FINANCING **84** months ON SELECT MODELS + DON'T PAY UNTIL SPRING

DAILY DRAWS!
ENTER EARLY TO INCREASE YOUR CHANCE OF WINNING!

Sorento EX shown

7 PASSENGER SEATING AVAILABLE

THE NEW 2014 **SORENTO**

HWY (A/T): 7.3L/100KM
CITY (A/T): 10.4L/100KM

WIN IT

OR

OWN IT FROM $156 BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING

Bi-weekly for 60 months, amortized over 84 months with $0 DOWN PAYMENT. Offer includes delivery, destination and fees. Offer based on 2014 Sorento 2.4L LX AT FWD with a purchase price of $28,482.

Forte SX shown

THE ALL - NEW 2014 **FORTE**

HWY (M/T): 5.5L/100KM
CITY (M/T): 8.0L/100KM

WIN IT

OR

OWN IT FOR ONLY $13,502

INCLUDES $4,000 CASH SAVINGS

Offer includes delivery, destination, fees and $4,000 CASH SAVINGS. Offer based on 2014 Forte Sedan LX MT with a purchase price of $17,502.

Rondo EX Luxury shown

7 PASSENGER SEATING AVAILABLE

THE ALL - NEW 2014 **RONDO**

HWY (M/T): 6.2L/100KM
CITY (M/T): 9.4L/100KM

WIN IT

OR

OWN IT FROM $125 BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING

Bi-weekly for 84 months with $0 DOWN PAYMENT. Offer includes delivery, destination, fees and $750 LOAN SAVINGS. Offer based on 2014 Rondo LX MT with a purchase price of $23,482.

5 Year Warranty — WE'VE GOT YOU COVERED 5-year/100,000 km warranty† + roadside assistance† warranty.

Best Global Brand 2013

50 BEST GLOBAL GREEN BRANDS

Proud Partner madd — Saving Lives, Supporting Victims

KIA — The Power to Surprise

Offer(s) available on select new 2014 models through participating dealers to qualified customers who take delivery by December 2, 2013. Dealer may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,615, other fees and certain taxes (including tire levies) and $599 A/C charge (where applicable) are extra. Licence, registration, insurance, other taxes and variable dealer administration fees up to $699. Other dealer charges may be required at the time of purchase. Other lease and financing options also available. †24-month/40,000 km basic new vehicle limited warranty. See dealer for complete details. "Don't Pay Until Spring" offer: 0% days payment deferral applies to purchase financing or lease on new 2014 models. No interest will accrue during the first 150 days of the finance contract. After this period, interest accrues and the purchaser will repay both the principal and interest monthly over the contract term. *Bi-weekly finance payment: 0% A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE) / 2014 Rondo LX MT (RN74BE) based on a selling price of $28,482/$23,482 is 0%/0.9% with an APR of 0%/0.924% for 60/84 months, amortized over a 84-month period. Dollar value of borrowing required is principal balance of $22,782/$18,782 plus applicable taxes due at end of 60-/84-month period. Offer includes lease savings of $6,875/$0. Retailer may sell for less. See dealer for full details. **Cash or chose price for the new 2014 Forte LX MT (FB74DE) / 2014 Forte Sedan LX MT (FB74DE) and includes cash savings of $4,000 which is deducted from the negotiated selling price before taxes are calculated. Discount is not given with special lease and finance offers(). Retailer may sell for less. †$4,000 cash savings on the cash purchase of any eligible new 2014 Forte LX MT (FB74DE) from a participating dealer between November 1 to December 2, 2013, is deducted from the selling price before taxes are calculated. Discount cannot be combined with special lease and finance offers and excluding the "Don't Pay Until Spring" offer. Some conditions apply. ‡KIA PLAN 1 YEAR UNLIMITED KM PLAN 1: Plan 1 is the mail-in warranty period for all new Kia vehicles sold and registered in Canada, and remains in effect for one (1) year or unlimited kilometres, whichever comes first, from the date the vehicle is first put into use. Plan 1 begins on the date the vehicle is first put into use as a new motor vehicle or on the date the vehicle is first registered, whichever occurs first. Plan 1 is transferable to subsequent owners. Plan 1 is subject to the terms, conditions, limitations and exclusions set out in the Kia Canada Limited Warranty and Roadside Assistance Program booklet. Plan 2: The vehicle purchase entry period for phase 2 begins on December 3, 2013 at 12:00:01 a.m. Eastern Time and ends on December 26, 2013 at 11:59:59 p.m. ET. The vehicle purchase entry period for phase 2 begins on December 3, 2013 at the start of regular business hours at participating dealerships and ends at the close of regular business hours at participating dealerships on December 26, 2013. Open to age of majority residents of Canada, 60 Prizes: (3) 4th to 6th Prize: 1 prize per stage

The Black Friday

DAY

Sale

Also available at these retailers:

BEST BUY mobile your phone, your way · COSTCO WHOLESALE · FUTURE SHOP · THE SOURCE · MOBILE · Tbooth wireless · Visions · Walmart · WIRELESS etc... · WIRELESSWAVE

What's better than a Black Friday Sale? Bell's Black 4 Day Sale. Choose from amazing Samsung superphones at super prices. There's never been a better time to get on Canada's largest LTE network.[1]

Samsung Galaxy
Note 3™ superphone

$199.95

2-yr. term with
Voice & Data Plus plan

$799.95 No term

Samsung Galaxy S4™
superphone

$0

2-yr. term with
Voice & Data Plus plan

$699.95 No term

Samsung Galaxy
S4 mini superphone

$0

2-yr. term with
Voice & Data Lite Plan

$499.95 No term

Samsung Galaxy
Ace II x 4G smartphone

$0

2-yr. term with
Voice plan

$249.95 No term

BONUS | DOUBLE YOUR DATA ON SELECT PLANS[2]

Friday, November 29–Monday, December 2 only.

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell Black Friday just got better

Available at the following Bell stores:

LOWER MAINLAND
ABBOTSFORD
- Sevenoaks Shopping Centre

BURNABY
- Brentwood Town Centre
- Crystal Mall
- Lougheed Town Centre
- Metropolis at Metrotown

CHILLIWACK
- Eagle Landing Shopping Centre
- Cottonwood Mall

COQUITLAM
- Coquitlam Centre

CRANBROOK
- First Pro Cranbrook

DAWSON CREEK
- 600–113th Ave.
- Dawson Mall

DELTA
- Scottsdale Centre
- Sunshine Village

FORT ST. JOHN
- 7920 Alaska Rd.
- Totem Mall

LANGLEY
- Willowbrook Corner
- Willowbrook Mall

MAPLE RIDGE
- Haney Place Mall

NEW WESTMINSTER
- Queensborough Landing

PITT MEADOWS
- Meadowtown Centre

RICHMOND
- Aberdeen Centre
- Richmond Centre
- Richmond Centre II

SURREY
- 13630–72 Ave.
- 8363–128th St.
- Central City Shopping Centre
- Clover Square Village
- Guildford Town Centre
- Nordel Crossing
- Panorama Village
- Semiahmoo Shopping Centre

VANCOUVER
- 1147 Robson St.
- 698 West Broadway
- 1588 West Broadway
- 1008 West Georgia St.
- 2154 West 4th
- 2065 West 41st Ave.
- Capilano Mall
- Chinatown Plaza
- Lynn Valley Centre
- Oakridge Centre
- Pacific Centre
- Park Royal S.

OKANAGAN
KAMLOOPS
- Aberdeen Mall
- Lansdowne Village

KELOWNA
- Dilworth Shopping Centre
- Orchard Park Shopping Centre

PENTICTON
- Peachtree Square

PRINCE GEORGE
- Pine Centre

VERNON
- Village Green Mall

VANCOUVER ISLAND
NANAIMO
- Country Club Centre
- Woodgrove Centre

VICTORIA
- 3500 Uptown Blvd.
- Bay Centre
- Hillside Shopping Centre
- Mayfair Shopping Centre
- Tillicum Centre
- Westshore Town Centre

Offers valid November 29 to December 2, 2013. Available with new activation of compatible devices within network coverage areas available from Bell Mobility; see bell.ca/coverage. Long distance and roaming charges (including foreign taxes) may apply. Paper bill charge ($2/mo.) applies unless you register for e-bill and cancel your paper bill. Other monthly fees, e.g., 911 (Sask: $0.62, New Brunswick: $0.53, Nova Scotia: $0.43, P.E.I.: $0.70, Quebec: $0.40), and one-time device activation ($35) apply. Fees may apply for applications, features, content and roaming when outside your local area. If you end your services early, a fee will apply; see your Service Agreement for details. Subject to change without notice. Taxes extra. Other conditions apply. (1) Based on total square kms of coverage on the shared LTE network available from Bell vs. Rogers' LTE network. See bell.ca/LTE for details. (2) Available on Voice & Data Lite 75, Voice & Data Plus 85 and Voice & Data Plus 105 plans. Samsung, Galaxy S4, and Galaxy Note 3 are trademarks of Samsung Electronics Co., Ltd., used in Canada under license.

Tragedy. Man dies after fall from Johnson Street bridge in Victoria

A man is dead after falling from Victoria's Johnson Street bridge.

According to police, a number of people were seen climbing the iconic blue bridge around 11:30 p.m. Wednesday.

Police were dispatched to the scene and arrived to find the man lying unresponsive on the ground. He was taken into an ambulance but died on route to the hospital.

The bridge was closed while police investigated the incident but re-opened around 5 a.m. Thursday.

"A number of the people who appear to have been climbing with the deceased man were questioned, but are not co-operating with the police," said Const. Mike Russell.

LUKE SIMCOE/METRO

Accident. Luge athlete hurt in track crash at Whistler Sliding Centre

A young athlete is recovering from a concussion in a Vancouver hospital after an accident at the Whistler Sliding Centre.

The girl, a member of the B.C. Luge Association, was taking part in a regular training session, said centre spokeswoman Patricia Leslie on Thursday.

Leslie said that as a novice athlete under the age of 13, the girl was only practising on the lowest four corners of the track, about 120 kilometres north of Vancouver.

Lugers lie on their back on an open sled and slide, feet first, down the track.

Leslie said the girl lost control Wednesday night on corner 14 of the 16-corner track and suffered a concussion.

"They were not at high speeds," she said. "We don't know the cause of the accident at this point."

"These kids are learning to luge, so it's much like riding a bike or learning to ski."

Leslie said the young athlete remained responsive while being prepared for the air-ambulance flight to BC Children's Hospital in Vancouver.

She is now listed in stable condition, and the sliding centre and luge association will do full review of the incident, Leslie said.

It occurred on the same track where 21-year-old Georgian luger Nodar Kumaritashvili died just hours before the start of the 2010 Winter Olympics, prompting criticism that the course was too fast.

THE CANADIAN PRESS

Quoted

"These kids are learning to luge, so it's much like riding a bike or learning to ski."

Centre spokeswoman Patricia Leslie

TransLink has scrapped its plan to give the first crack at Compass Cards to West Coast Express riders due to technical issues with its website and payment system. JENNIFER GAUTHIER/METRO

Compass Card delayed for West Coast Express riders

Planned out.
Elderly and disabled customers are still set to get the smart card by the end of January

KATE WEBB
kate.webb@metronews.ca

TransLink has scrapped its plan to give the first crack at Compass Cards to West Coast Express riders due to technical issues with its website and payment system.

But the transit authority will be giving the smart cards to 67,000 elderly and disabled customers by the end of January, as promised, as well as 12,000 TransLink and operating company employees.

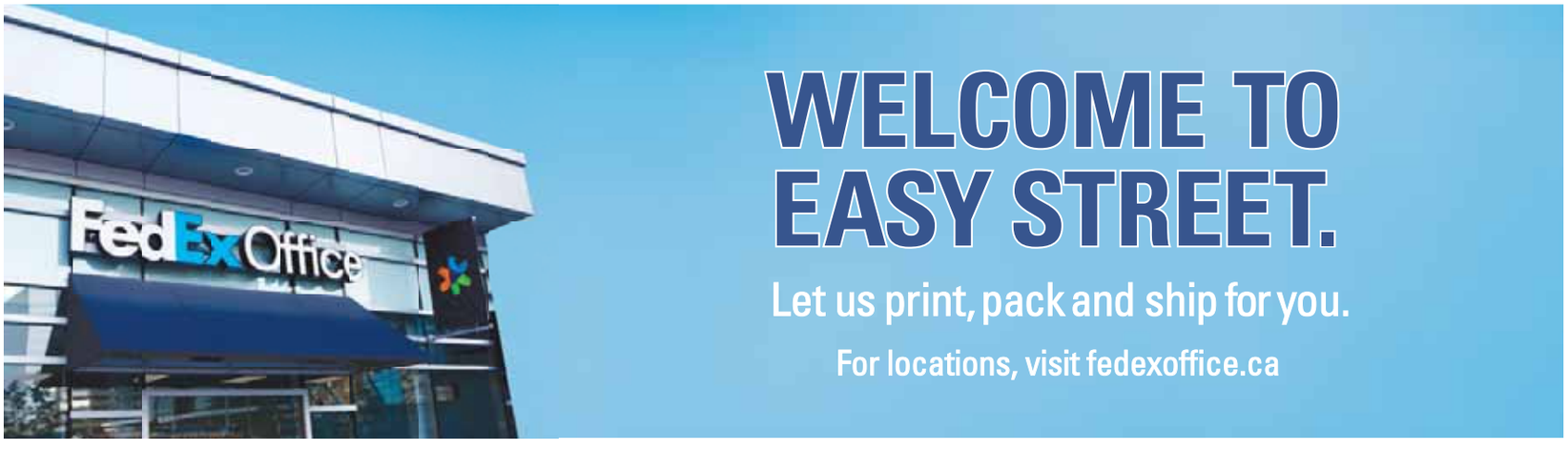
TransLink vice-president of enterprise initiatives Mike Madill said in October that West Coast Express riders would be able to trade in their 28-day passes for Compass Cards by December, but he had to delay the rollout until late spring.

"The website and payment-processing module isn't up to the standard that we need it," he told Metro. "It's functional — like, it works — but it's not up to the standard that we have for our customers."

The next group in line for the cards — after B.C. Bus Pass, CNIB pass holders and employees — is students, some of whom are expected to get the cards by the summer semester.

"We're targeting sort of a soft target of the fall for full implementation, closing the (fare) gates," Madill said.

"But we're not going to do it until we're sure that our customers have had a chance to get a card and they understand how to use it."



FRIDAY, NOVEMBER 29

TODAY ONLY

IN STORE AND AT THEBAY.COM. FREE ONLINE SHIPPING OVER $99

See below for details.

75% off

Luggage

Reg. $160 to $530 Sale $40 to $132.50

Collections include:

WESTJET Vault hard-side and Apollo
SAMSONITE Rhapsody Traveler NXT, Journey, Orchard and Charleston
TRAVELPRO Bold, Elegance, Connoisseur and Travelite
LONDON FOG Coventry, Canterbury, Abbey and Newbury Lites
DELSEY Helium Sky, Contour EZ, Hemisphere and Air Flash
SWISS WENGER Vienna and EVO
RICARDO BEVERLY HILLS Delmar 2
ATLANTIC Embassy
IT New Castle, Lisbon, Protector and Spruce Grove

Canada's #1 seller of luggage

Plus, up to 60% off

other luggage collections

See below for exclusions.

Featured:
WESTJET
Vault hard-side
29" upright.
Reg. $460
Sale $115

HUDSON'S BAY

HUDSON'S BAY
OFFICIAL OUTFITTER

$10 at thebay.com/olympic

$3.33 from the purchase of every pair is donated to Canadian athletes through the Canadian Olympic Foundation. *Exclusively ours*

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details.
Luggage collections exclude TUMI, clearance luggage and items with 99¢ price endings. **FREE SHIPPING:** Receive free standard shipping on a total purchase amount of $99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbecues and mattresses.

Possible hate crime.
Man accused of assaulting lesbian couple arrested

A man suspected of assaulting two lesbians after he saw them kiss on a transit bus in Vancouver has been arrested and is facing charges.

Vancouver police say he followed them off the #135 bus at Commercial Drive and East Hastings Street on Sept. 18 and punched one of them in the face, giving her a bloody nose.

The couple alleges it was a hate crime and the incident is being reviewed by the VPD's hate crimes unit. KATE WEBB /METRO

Growth sharing

B.C. floats new plan for public-sector wages

The B.C. government is pitching a new approach to bargaining with unionized public-sector workers who will be seeking new contracts next year.

Finance Minister Mike de Jong says the government is prepared to offer public-sector workers a combination of set-wage increases and pay hikes that are connected to economic growth.

The minister says the growth-sharing wage increases would be for unions prepared to sign long-term agreements and would be equal to half of any percentage point gain in the provincial gross domestic product.

De Jong says a current tentative five-year deal with the Health Sciences Association contains elements of growth sharing.

He says the approach aims at including workers in the government's attempts to spur economic growth. THE CANADIAN PRESS

High hopes for the slopes: It's all downhill from here!

Get into pole position.
Forecast calls for a heavy dollop of snow in the mountains, agreeing with the idea of skiing

KATE WEBB
kate.webb@metronews.ca

Skiers, rejoice! The forecast says this weekend is going to bring a big dump of the white stuff on local mountains.

Environment Canada meteorologist Jennifer Hay said it will likely fall in the mountains both Saturday and Sunday, and it could even snow in Vancouver on Sunday or Monday.

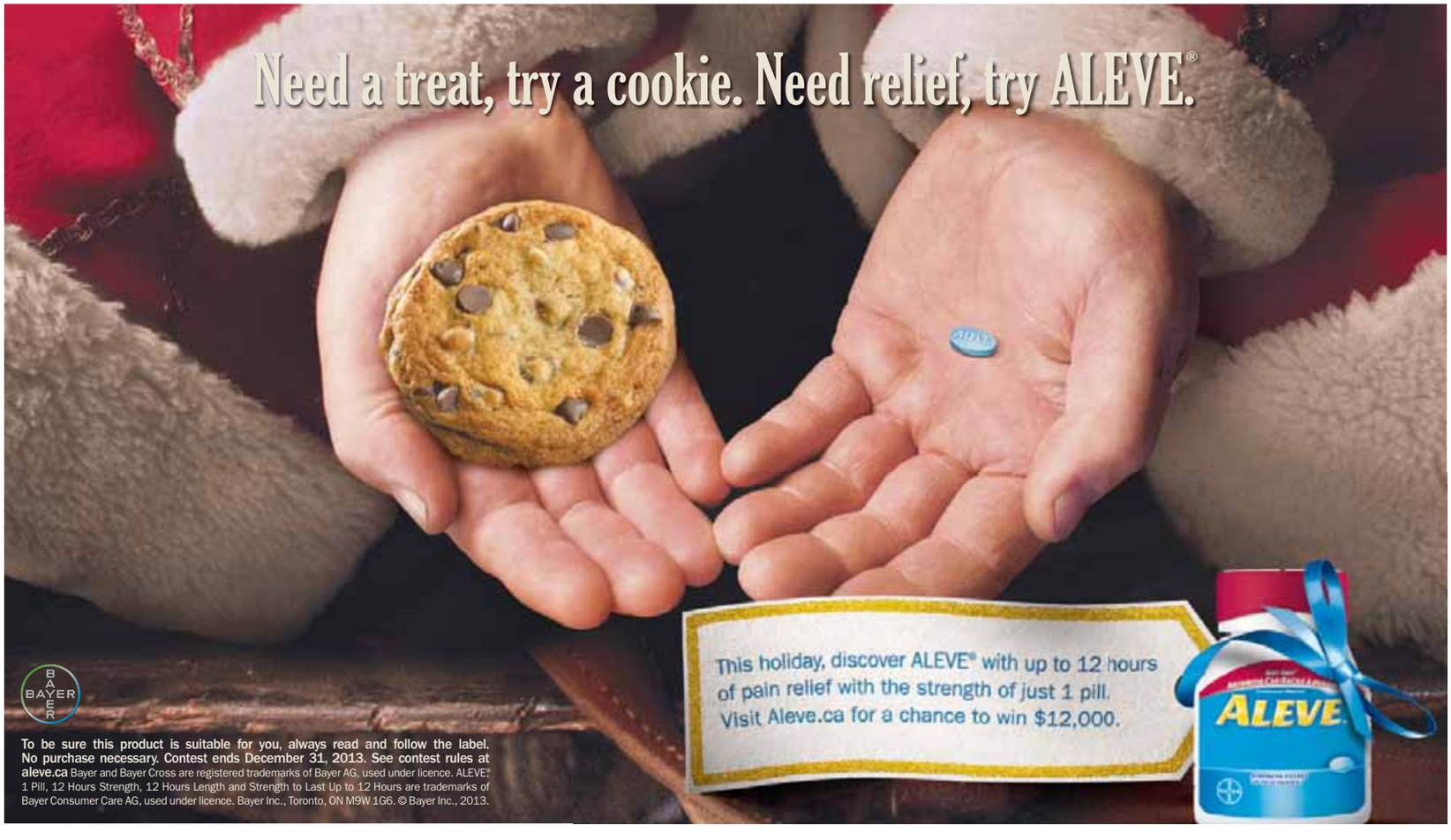
"If it happens on Sunday, there's a lot of moisture coming in off the ocean, so we're looking at maybe 20 to 25 centimetres (in the mountains)," she said.

This weekend is the perfect time to hit the slopes. JENNIFER GAUTHIER/METRO

"It looks like a lot, and good news is it will stay cold through the week, so it shouldn't melt right away on the local mountains. We should have a great week."

She said temperatures are expected to drop to a low of -6 C and a high of only 2 C, by Tuesday, with average temperatures staying below zero all week.

Cypress Mountain and Grouse Mountain opened for skiing last week, while Mount Seymour's website says it plans to open soon.


Need a treat, try a cookie. Need relief, try ALEVE.®
This holiday, discover ALEVE® with up to 12 hours of pain relief with the strength of just 1 pill. Visit Aleve.ca for a chance to win $12,000.
ALEVE
BAYER
To be sure this product is suitable for you, always read and follow the label. No purchase necessary. Contest ends December 31, 2013. See contest rules at aleve.ca Bayer and Bayer Cross are registered trademarks of Bayer AG, used under licence. ALEVE, 1 Pill, 12 Hours Strength, 12 Hours Length and Strength to Last Up to 12 Hours are trademarks of Bayer Consumer Care AG, used under licence. Bayer Inc., Toronto, ON M9W 1G6. © Bayer Inc., 2013.

TODAY ONLY

SAVE $160

ON THE BOSE® WAVE® MUSIC SYSTEM III

SHOP NOW!
GET FREE DELIVERY

This is the day you save money and time... It's music to your ears! Bose sets the standard for room-filling sound. The **BOSE® Wave® Music System III** has AM/FM turner, multi-CD changer and MP3 compatibility. Comes with IE2 headphones! 628-620

TSC REG. PRICE	$~~689.99~~
TODAY'S SHOWSTOPPER PRICE	$529.99
GET IT HOME TODAY FOR (12 INTEREST-FREE EASY PAY PAYMENTS OF $44.17)	**$44.17***

TSC THE SHOPPING CHANNEL™

Discover. *Your Perfect Holiday*

SHOP **TSC.CA**

1•888•2020•888 I Watch Live on TV

Shop Online for 100's of other Black Friday great offers

*With 12 interest free Easy Pays of $44.17. Excludes taxes which will be applied to the first of 12 monthly Easy Pay installments.

©2013 Rogers Broadcasting Ltd.

Friday, November 29
Today Only!

SAVE 60%
159.99
WHOLE HOME NOËL™/MC
Colorado slim pine
7.5 ft. pre-lit Christmas tree
42" diameter. 600 lights.
1180 tips.
SEARS Reg. $399.99
W-5026171

SAVE 50%
ALL* OTHER REG. PRICED CHRISTMAS TREES

SAVE
50%
ALL* MEN'S DRESSWEAR, DRESS SHIRTS AND TIES
Reg. priced items only.
W-4582188

GIFT OF THE DAY

Sears

BE THE FIRST TO KNOW ABOUT OUR GIFT OF THE DAY!
Scan this code or go to **Sears.ca/giftoftheday** to check out today's deal and sign up for e-mail or text message reminders.

*These savings offers exclude items with prices ending in .97, Matinique and Calvin Klein® brands.

NE114G213 © 2013. Sears Canada Inc.

Foreskin fight rages in Israel

Long-standing debate. Uproar follows religious court's penalizing divorced mother for refusing to circumcise son

An Israeli rabbinic court has fined a woman hundreds of dollars for refusing to circumcise her baby son, officials said Thursday, in a landmark case that has sparked a new uproar over the role of religion in the Jewish state.

The case shines a spotlight on a long-running debate over religious coercion in Israel, where generations of leaders have struggled to find a balance between the country's Jewish and democratic character.

The matter ended up in the rabbinic court as part of an ongoing divorce battle. The woman announced her refusal to circumcise the boy, saying she did not wish to harm him. The Israeli rabbinate's high court ruled last week the circumcision was for the child's welfare and that the woman must pay the equivalent of nearly $150 each day she refuses the circumcision.

"The decision is not based only on religious law. It is for the welfare of a Jewish child in Israel not to be different from his peers in this matter," said Shimon Yaakovi, legal adviser to the rabbinical court. He said it was the first time a religious court in Israel has punished a parent for refusing to circumcise. A year ago, a civil court also ruled in favour of circumcision in a dispute.

THE ASSOCIATED PRESS

Theocracy charge

"(It's) dangerous for democracy.... It turns the government into a theocracy."

Said Ronit Tamir, anti-circumcision activist. Most Israelis are secular, but founders gave Judaism a formal place in the nation.

Israelis protest Thursday in support of a woman who refuses to have her son circumcised. ODED BALILTY/THE ASSOCIATED PRESS

Burnside, N.S.

Jail incident investigated

Police are investigating an alleged assault at the Central Nova Correctional Facility in Burnside, Nova Scotia that involved two corrections officers.

Halifax Regional Police spokesperson Const. Pierre Bourdages says they received a call Thursday about an assault at the jail. He wouldn't say who was involved, but a justice ministry spokesperson confirmed the incident involved two corrections workers. No one was injured and there have been no arrests.

METRO IN HALIFAX

RCMP. Cop told not to use medical pot in uniform; force policy under review

The case of a New Brunswick Mountie who's reportedly been told he cannot smoke the drug while in uniform underscores the need for employers to better understand medicinal marijuana, an advocate for medical cannabis said Thursday.

Adam Greenblatt of the Canadian Association of Medical Cannabis Dispensaries, said the RCMP should allow Cpl. Ron Francis to smoke in uniform providing he is not impaired. "If this officer was a diabetic, would they prevent him from using insulin on the job?" Greenblatt said.

Francis told the CBC that there's no policy in the RCMP that prevents him from smoking his doctor-prescribed marijuana in public or while wearing his uniform. Their report said Francis is assigned to administrative duty. He uses pot to treat post-traumatic stress disorder.

RCMP deputy commissioner Gilles Moreau told CBC Francis should not use marijuana in uniform and the force is reviewing its internal policies on the matter.

THE CANADIAN PRESS

kia.ca

DAILY DRAWS!
ENTER EARLY TO INCREASE YOUR CHANCES OF WINNING!

KIA

WINTERFEST

CAR-A-DAY GIVEAWAY

60 CARS. 60 DAYS.

42" Flatscreen TV

Playstation 4 Game Console

PLUS, RECEIVE 42" FLATSCREEN TV OR PLAYSTATION 4 >
KIA Finance or Lease only

up to 0%** FINANCING 84 months ON SELECT MODELS

+ DON'T PAY UNTIL SPRING

THIS WEEKEND ONLY
- Nov. 22-24 -

Sorento EX shown

7 PASSENGER SEATING AVAILABLE

THE NEW 2014 SORENTO

HWY (A/T): 7.1L/100KM
CITY (A/T): 10.4L/100KM

WIN IT

OR

OWN IT FROM $156 BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING

Bi-weekly for 60 months, amortized over 84 months with $0 DOWN PAYMENT. Offer includes delivery, destination and fees. Offer based on 2014 Sorento 2.4L LX AT FWD with a purchase price of $28,482.

Forte SX shown

THE ALL - NEW 2014 FORTE

HWY (M/T): 5.3L/100KM
CITY (M/T): 8.0L/100KM

WIN IT

OR

OWN IT FOR ONLY $13,502‡

INCLUDES $4,000‡ CASH SAVINGS

Offer includes delivery, destination, fees and $4,000 CASH SAVINGS‡. Offer based on 2014 Forte Sedan LX MT with a purchase price of $17,502.

Rondo EX Luxury shown

7 PASSENGER SEATING AVAILABLE

red dot design award winner 2013

THE ALL - NEW 2014 RONDO

HWY (M/T): 6.2L/100KM
CITY (M/T): 9.4L/100KM

WIN IT

OR

OWN IT FROM $125 BI-WEEKLY AT 0% APR + DON'T PAY UNTIL SPRING

Bi-weekly for 84 months with $0 DOWN PAYMENT. Offer includes delivery, destination, fees and $750 LOAN SAVINGS. Offer based on 2014 Rondo LX MT with a purchase price of $23,482.

5 Year Warranty — WE'VE GOT YOU COVERED *5-year/100,000 km worry-free comprehensive warranty.

Best Global Brand 2013

50 BEST GLOBAL GREEN BRANDS

Proud Partner of madd — Saving Lives, Supporting Victims

KIA — The Power to Surprise

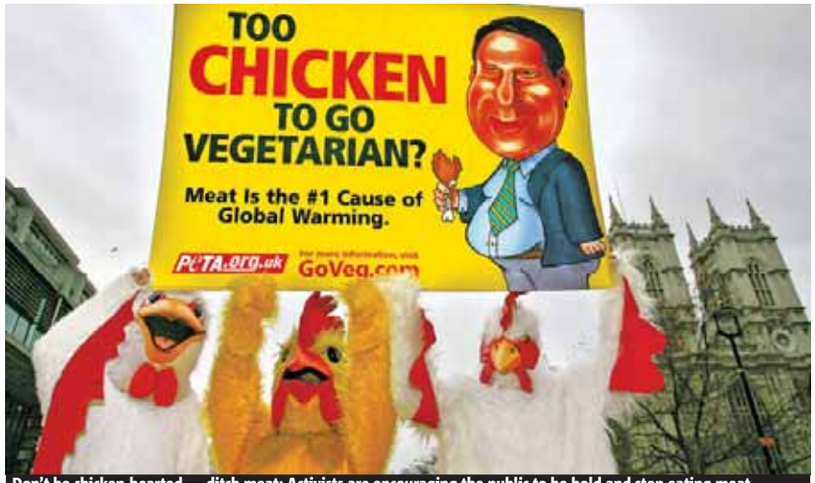
5660 Minoru Blvd, Richmond, BC
At the corner of Lansdowne & Minoru

KIA RICHMOND

www.kiarichmond.com

CALL NOW!! 604.273.1800

Offer(s) available on select new 2014 models through participating dealers to qualified customers who take delivery by December 2, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes delivery and destination fees up to $1,660, other fees and certain taxes (including tire taxes) and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes and variable dealer administration fees (up to $699). Other dealer charges may be required at the time of purchase. Other lease and financing options also available. 0% purchase financing is available on select new 2013/2014 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. **Don't Pay Until Spring" offer (180-day payment deferral) applies to purchase financing on select new 2014 models. No interest will accrue during the first 150 days of the finance contract. After this period, interest accrues and the purchaser will repay both the principal and interest monthly over the contract's term. ‡Bi-weekly finance payment O.A.C. for new 2014 Sorento 2.4L LX AT FWD (SR75BE)/2014 Rondo LX MT (RN45E) based on a selling price of $28,482/$25,482 is $156/$125 with an APR of 0% for 60/84 months, amortized over an 84-month period. Estimated remaining principal balance of $8,038/$0 plus applicable taxes due at end of 60-month period. Offer includes loan savings of $0/$750. Retailer may sell for less. See dealer for full details. ^ Cash purchase price for the new 2014 Forte LX MT (FO541E) is $13,502 and includes a cash savings of $4,000 (which is deducted from the negotiated selling price before taxes and cannot be combined with special lease and finance offers). Retailer may sell for less.† $4,000 cash savings on the cash purchase of an eligible new 2014 Forte LX MT (FO54BE) from a participating dealer between November 1-December 2, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers including the "Don't Pay Until Spring" offer. Some conditions apply. *NO PURCHASE NECESSARY. Phase 1: the mail-in entry period for phase 1 begins on October 29, 2013, at 12:00:01 a.m. Eastern Time and ends on November 27, 2013, at 11:59:59 p.m. ET. The vehicle purchase entry period for phase 1 begins on November 1, 2013, at the start of regular business hours at participating Kia dealerships in Canada and ends at the close of regular business hours at participating dealerships on November 30, 2013. Phase 2: the mail-in entry period for phase 2 begins on November 26, 2013, at 12:00:01 a.m. Eastern Time and ends on December 26, 2013, at 11:59:59 p.m. ET. The vehicle purchase entry period for phase 2 begins on December 1, 2013, at the start of regular business hours at participating dealerships and ends at the close of regular business hours at participating dealerships on December 30, 2013. Open to age-of-majority residents of Canada. 60 Prizes (30 attributed to Phase 1 and 30 attributed to Phase 2), each consisting of a cheque that may range in value from $13,330 to $46,859. Odds of winning a Phase 1 Prize depend on the number of eligible Phase 1 Entries received before the applicable Phase 1 Draw Date. Odds of winning a Phase 2 Prize depend on the number of eligible Phase 2 Entries received before the applicable Phase 2 Draw Date. Skill-testing question required. For full contest rules and no-purchase entry details, visit www.kia.ca. ^Model shown Manufacturer Suggested Retail Price for 2014 Sorento 3.3L 8V AT AWD (SX75HE)/2014 Forte 5X (FO748E)/2014 Rondo EX Luxury (RN75AE) is $34,195/$28,195/$32,195. Highway/city fuel consumption is based on the 2014 Sorento LX 2.4L GDI 4-cyl (A/T)/2014 Forte 1.8L MPI 4-cyl (M/T)/2014 Rondo 2.0L GDI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the EnerGuide Fuel Consumption Guide. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 3-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation. ◊Vehicle must be sold at full dealer pricing to qualify for Playstation 4 or 42" TV offer. Prices do not reflect the above pricing. Also must present this ad at the time of write up.



Don't be chicken-hearted — ditch meat: Activists are encouraging the public to be bold and stop eating meat, for the sake of the environment. GETTY IMAGES

Do humans really need to eat meat?

Food. A vegetarian world could look a lot healthier all around

ELISABETH BRAW
Metro World News in London

Imagine if citizens could single-handedly take action to avert climate change. By doing so, they would save rivers and lakes, help the world feed its growing population, and get a lot healthier in the process.

The solution, say many environmentalists, is to stop eating meat. Its production accounts for 18 per cent of human-caused greenhouse gas emissions, according to figures from the Washington-based environmental group Worldwatch Institute. That's more than air travel, for example.

"Both animals and fertilizers emit greenhouse gases," notes Reyes Tirado, a scientist at Greenpeace. "And nitrogen and phosphorous from manure pollutes water."

Meat production currently takes up 75 per cent of the world's agricultural land, and causes deforestation as more and more land is needed to supply a growing population that maintains a meat-heavy diet.

If the planet is going to feed an expected population of nine billion by 2050, we need to use the land more efficiently. A new study from the University of Minnesota says reducing consumption of meat and dairy by 50 per cent would help the world feed another four billion people.

But isn't it cumbersome to replace meat with protein from other sources? On the contrary. Most people in the developed world eat too much protein, most of it in the form of cheap, processed meat.

What's more, according to the Academy of Nutrition and Dietetics, a U.S. food-health body, a vegetarian diet is suitable at all stages of life.

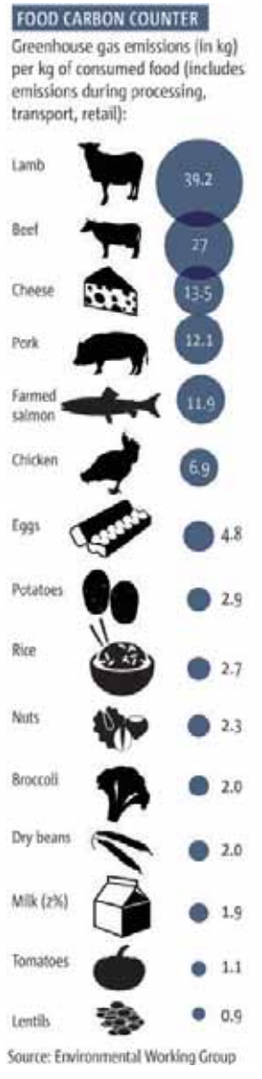
But what about the animals' benefits to pastures? These are marginal pluses compared to the weighty benefits of ending meat consumption. Also, the vast majority of livestock never graze in any pastures. "When people think of meat, they think of Old MacDonald's farm," notes Paul Shapiro, vice-president of farm-animal protection at the Humane Society.

"But more than 90 per cent of farm animals are confined to factory farms. They never see the sun, they never step on grass."

With the world's nations unable to reach consensus on several more clear-cut environmental issues, a global ban on meat is unlikely. However, unlike several climate-change initiatives, giving up meat is a decision that doesn't need government approval.

Sorry, Old MacDonald

"More than 90% of farm animals are confined to factory farms. They never see the sun, they never step on grass." Paul Shapiro, a vice-president at the Humane Society



FLIGHT CENTRE® *The Airfare Experts*

BLACK FRIDAY SALE

You must call for all deals!
Hurry, offers valid today & tomorrow only.

Exclusive deals too HOT to print!

- Las Vegas prices slashed
- Family theme park vacations on sale
- Sun package bonus inclusions

and more!

24/7

1 877 583 5444

950 Airfare Experts across Canada.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

**Conditions apply. For full terms and conditions of all Black Friday sale offers speak with your Flight Centre travel consultant. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #HO2790*

Mike Duffy audit.
Tories block key witness on alleged interference

Conservative senators blocked a bid Thursday to have a key figure from the audit firm Deloitte testify about alleged interference into the review of Sen. Mike Duffy's expenses.

The move came as the Senate's internal economy committee heard from three other Deloitte partners about the audit they had done into Duffy's living claims between February and May.

Deloitte's Gary Timm confirmed what had been revealed in a police report last week — that Michael Runia, one of the firm's managing partners, called him to inquire about the Duffy audit. Runia was not a member of the audit team.

An RCMP court filing last week revealed that Runia made the call at the request of Conservative Sen. Irving Gerstein, who in turn had been prompted by the Prime Minister's Office.

"As I indicated before, he wanted to know if Sen. Duffy were to repay (his expenses), how much would it amount to," Timm said of Runia.

"I said I couldn't tell him, I couldn't disclose any confidential information to him — that was the gist of the conversation."

Timm said that he notified others at the firm about the call, but no report was made back to the Senate committee — Deloitte's client — about the matter.

When Liberal Sen. George Furey later moved to have Runia appear to answer questions, Sen. Gerald Comeau, the Conservative chairman of the committee, ruled against him, saying it's not the committee's job to conduct police-style investigations.

A subsequent vote, which included Comeau's Conservative colleagues, upheld the ruling, much to Furey's disappointment.

THE CANADIAN PRESS

Workers walk out after colleague's suicide

Halifax. One employee says management harassed Peter MacKenzie to get him to retire sooner

HALEY RYAN
Metro in Halifax

Workers at the Irving Shipyard walked off the job on Thursday after they say a fellow worker killed himself following months of harassment.

HALEY RYAN/METRO IN HALIFAX

Nearly 200 workers at the Irving Shipyard in Halifax walked off the job Thursday morning after employees said resentment "boiled over" when they learned a co-worker had killed himself following a suspension, and what they say was months of harassment by management.

A shipyard worker who preferred not to give his name said he "almost cried right on the spot" when he heard of the death of Peter MacKenzie, whom he said he worked with for 25 years.

"He was singled out and harassed in many regards," said the man. "We've had enough and it's as simple as that.... It boiled over."

Workers left their jobs around 7:30 a.m., lining both sides of Barrington Street at the bottom of Devonshire Avenue and crossing the street each time the lights changed.

Union president Cliff Pickrem said MacKenzie was suspended for 30 days due to poor workmanship on his scaffolding Tuesday, but later heard an engineer say the work was "quite up to standard."

In a statement, Irving said "It is not appropriate to speak about details regarding individual employees."

Halifax RCMP spokesman Cpl. Scott MacRae said they received a suicide call for a home in Eastern Passage on Wednesday at 2:30 p.m. and found a 58-year-old man dead.

Metro reached out to the victim's family, who preferred not to comment.

Tyler Stewart, 29, was among many who said the company has become much harsher and more disciplinary in the last year and a half since Irving won the national shipbuilding contract and new management came in.

"A lot of the older gentlemen, they're trying to almost make them retire ... they want to make their lives miserable," Stewart said. "Unfortunately it has to come to this to make a better situation."

Pickrem and national union rep Rick Rose came from negotiations just before noon and said Irving's president was flying to Halifax. They told the crowd management understood their frustration, but was asking everyone to continue working.

Many shouted "no way" and left the property, saying they would return Friday.

Get up to a $100 bonus gift[1] on select smartphones.

PLUS, DOUBLE the data and minutes for a limited time![2]

Bonus gift offer ends December 31, 2013.

koodo™

BEST BUY · FUTURE SHOP · LONDON DRUGS · THE MOBILE SHOP · Walmart

(1) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last. (2) See store for details.

koodo shop

Aberdeen Mall
Bay Centre
Brentwood Town Centre
Central City Shopping Centre
Coquitlam Centre
Cottonwood Mall
Guildford Town Centre
Hillside Centre
Kitsilano
Lougheed Town Centre
Mayfair Shopping Centre
Metropolis at Metrotown
Oakridge Centre
Orchard Park Shopping Centre
Pacifc Centre
Park Royal Shopping Centre
Richmond Centre
Royal City Centre
Scottsdale Centre
Sevenoaks Shopping Centre
Willowbrook Shopping Centre
Woodgrove Centre

IORIO CLASSIC ENGAGEMENT RINGS

IORIO
FINE JEWELLERY

GIA CERTIFIED DIAMONDS | FINE JEWELLERY | CUSTOM DESIGNS | WATCHES | REPAIRS

Available Exclusively At J&M Jewellery.

J&M JEWELLERY

Voted #1 JEWELLERY STORE in the 2011 and 2012 Reader's Choice Awards, Stars of Vancouver!

VANCOUVER SHOWROOM 127 E. Broadway, Vancouver, BC V5T 1W1 • (604) 876-7181
Plenty of FREE PARKING underneath our Vancouver store, entrance off 8th Avenue.

METROTOWN CENTRE 348 - 4800 Kingsway, Burnaby, BC V5H 4J2 • (604) 439-0753

IORIO.COM

Consumer's Choice Award Winner BEST LOCAL JEWELLER for 10 Years in a Row!

MoneyProvider.com
$500 Loan and more
Fast, easy and secure
No credit refused
1-877-776-1660
www.moneyprovider.com

Moores
CLOTHING FOR MEN
BLACK FRIDAY DEALS 4 DAYS ONLY!
NOV 28—DEC 1
BUY 1 GET 1 FREE EVENT
+
CLEARANCE SHOES NOW 30% OFF THE ORIGINAL PRICE
Buy any item at regular price, get a second like item of equal or lesser value free. Excludes shoes, clearance, and Everyday Low Price items. Additional restrictions apply.
To find a store near you, visit mooresclothing.com

NEED MONEY?
✓No credit checks
✓Fast approvals
call 1 866 499-5629
And get cash now!!
www.mynextpay.ca

EVER FOREX 匯聯
Offices in Vancouver, Burnaby, Richmond & Surrey
• Currency Exchange
• Worldwide Money Transfer
• 24*7 Online Trading
Live Rates: everforex.ca • Toll Free: 1 800 699 4816
USD, EUR, GBP, AUD, NZD, JPY, CNY, THB, TWD, MYR, PHP, SGD, MXN

Challenges ahead for HIV survivors

Silvia Petretti, deputy chair of Positively U.K., works to extend support to countries in Eastern Europe and Africa where education is suppressed.
COURTESY SILVIA PETRETTI

Stigma. Long-term survival rates are high, but aging sufferers face prejudice, anxiety and depression

KIERON MONKS
Metro World News in London

By 2015, half of the people living with HIV/AIDS in the West will be over 50. Given that the pandemic has claimed more than 35 million lives and was until recently considered a death sentence, long-term survival on this scale seems miraculous.

"There was a 'Lazarus effect' when retrovirals arrived in the 1990s," says Alice Welbourn, 55, first diagnosed with HIV in 1992. "People were getting up out of wheelchairs and the funerals stopped — it was amazing."

After diagnosis, it took a support group to stop Welbourn from killing herself. More than 20 years later, the British native is fit and healthy with an "undetectable viral load." She takes daily medication but is in no danger, and dedicates herself to promoting awareness around the condition, and its hidden dangers.

Isolation remains a problem, as people with HIV often struggle with relationships. "Attitudes haven't changed," says British-Italian Silvia Petretti, 44, who was diagnosed aged 30 and is perfectly healthy. "If I start a relationship I have to persuade them a) I'm not going to die, and b) I'm not going to infect them." Isolation contributes to around 75 per cent of HIV sufferers experiencing mental health problems, according to the HIV and Later Life (HALL) project, the first major study into HIV and aging.

"High levels of anxiety and depression is concerning," said lead investigator of the study Professor Damien Ridge of the University of Westminster, U.K. "Many people said they need to talk about their HIV. But that's difficult when friends and family don't know what's happening due to stigma."

The study documents widespread rejection from family and friends, who associate the condition with homosexuality and drugs. People with HIV often internalize stigma and shame, says Petretti, who is also deputy chair of charity Positively U.K. "Often they feel they deserve to be rejected."

Petretti believes the current generation "owe their lives" to the first generation of people infected in the 1980s, whose campaigning led to the medical breakthroughs that made survival possible. She is inspired to continue their work.

"Any social movement relies on the people directly affected — as with civil rights or the suffragettes," she says. "Nothing will happen without us, which is why we need more solidarity."

Petretti works to extend support networks in countries in Eastern Europe and Africa, where education is suppressed and the epidemic spreads.

Both Petretti and Welbourn describe themselves as a test generation, the guinea pigs for new, unpredictable treatments. They hope that the next generation can beat the prejudice.

HIV research. Federal government pledges $10.7 million to find cure

The federal government has earmarked $10.7 million for new research aimed at finding a cure for HIV as part of the global effort to eradicate AIDS.

Health Minister Rona Ambrose announced the five-year funding Thursday for two projects led by researchers in Montreal.

Dr. Eric Cohen at the Institut de recherches cliniques de Montreal will receive the bulk of the funding — $8.7 million — to lead the Canadian HIV Cure Enterprise. That project is a collaboration of the country's leading HIV researchers aimed at finding new approaches to curing HIV infection.

Dr. Hugo Soudeyns at the Centre hospitalier universitaire Sainte-Justine will receive $2 million to head a project focused on curing babies and children who acquire HIV from their mothers during pregnancy. THE CANADIAN PRESS

Mental health. Canadian government can't explain recent soldier suicides

Beyond expressions of sympathy, the Harper government and the Canadian Forces appeared at a loss Thursday to explain a number of suicides this week among veterans of the war in Afghanistan.

The latest case involved a senior non-commissioned officer at Canadian Forces Base Petawawa, northwest of Ottawa.

The army identified him as Warrant Officer Michael McNeil of 3rd Battalion, Royal Canadian Regiment. Since the death occurred on the base, military police are investigating.

A Defence Department investigation into two other deaths in Western Canada is currently underway, a sombre and visibly moved Defence Minister Rob Nicholson told the House of Commons. THE CANADIAN PRESS

Daredevil comet vanishes around the sun

Possibly pulverized. Scientists unable to see complete comet emerge from kamikaze flight through solar atmosphere

Scientists say it appears a comet from the fringes of the solar system didn't survive its close encounter with the sizzling sun totally intact.

Images from NASA spacecraft showed Comet ISON approaching for its slingshot around the sun on Thursday, but only a faint fragment coming out on the other side.

In a Google+ hangout, U.S. Navy solar researcher Karl Battams said "ISON probably hasn't survived this journey."

The end?

"ISON probably hasn't survived this journey"

Karl Battams, U.S. navy solar researcher, commenting on images showing Comet ISON failed to emerge intact from a spin around the sun.

Phil Plait, an astronomer who runs the "Bad Astronomy" blog, agreed, saying "I don't think the comet made it."

Still, he said, it wouldn't be all bad news if the 4.5-billion-year-old rock broke up into pieces, because astronomers might be able to study the pieces and learn more about comets.

THE ASSOCIATED PRESS

Comet ISON approaching the sun on Monday. NASA/THE ASSOCIATED PRESS

Topiary willies. Prickly bushes mystify Windsor

Windsor, Ont., has a penis problem.

Over the past month, a phallic prankster has been vandalizing bushes along the city's riverfront, cutting them to resemble male genitalia.

The first incident happened Oct. 16. After pictures of the shrub surfaced on a local blog, the city immediately dispatched a landscaper to cut it back down to size.

"Whoever the individual was is quite talented, to be honest," said John Miceli, Windsor's director of parks and facilities.

A second prickly thicket appeared in the same location two weeks later, catapulting the story into international headlines. Even comedian Jimmy Kimmel tackled the salacious shrub on his late night show.

"Imagine being the gardener who has to circumcise a bush," Kimmel joked.

Although the second plant did bear a resemblance to the first, the city maintains it wasn't the work of vandals.

"I think it's just someone's imagination," Miceli said at the time. "It's the same bush that's been there for 20 years, and I've been assured that it hasn't changed in appearance."

However, the lewd landscaping didn't stop there. On Nov. 21, someone dropped off a series of garland-covered letters spelling out the word "penis" on the riverfront.

Whether the most recent prank was the work of the original culprit, or simply a tribute, Miceli said his patience for penis jokes has worn thin. He's ordered staff to dig up the bushes in a "proactive" bid to prevent further hijinks.

They'll be replaced with tulips, which he believes will be harder to vandalize.

And if the guerilla gardener — or gardeners — have a fourth act planned, Miceli suggested they call him first, to see if the city can find another outlet for their talents.

LUKE SIMCOE/METRO ONLINE

These bushes in Windsor, Ont., will be replaced by tulips in a bid to curb gardening vandalism. LEFT: COURTESY THE WINDSOR SQUARE; RIGHT: TOM MORRISON/FOR METRO

Online privacy

Dutch watchdog: Google broke privacy law

A privacy watchdog said Thursday that Google has been breaching Dutch law on personal data protection since last year.

Jacob Kohnstamm, chairman of the College for the Protection of Personal Data, said that Google's combining of data from different services to tailor ads and personalize services like YouTube "spins an invisible web of our personal information, without our permission, and that is outlawed."

The Netherlands is one of six European nations investigating Google's privacy policy. THE ASSOCIATED PRESS

The Room

50% off

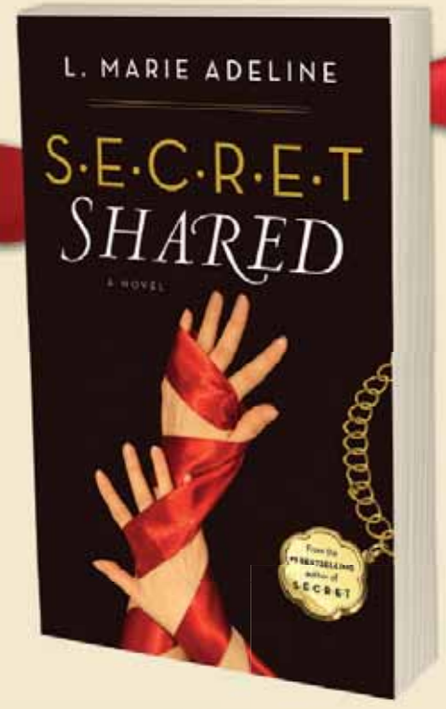
Beginning Saturday, November 30, 2013,
TAKE UP TO 50% OFF *select fall/winter collections, accessories and shoes, in store and online.*

Some exclusions apply. No adjustments on purchases made prior to Saturday, November 30, 2013. For details, please call The Room at 604 689 2261.

UNWRAP A HOT PACKAGE THIS HOLIDAY!

Share S·E·C·R·E·T *SHARED*

(Your friends will thank you.)



The sizzling sequel to *S.E.C.R.E.T.* is here!

DOUBLEDAY CANADA
www.randomhouse.ca

@lmarieadeline
facebook.com/LMarieAdeline

Ever feel like you're being tracked at the mall? Turns out you might be, with retailers turning to technology to track shoppers in a bid to tailor the shopping experience to customers. SEAN GALLUP/GETTY IMAGES FILE

You're not paranoid, stores are spying on you

Online and IRL.
Retailers are tracking your movements using cookies, heat sensors and cellphone signals

Advances in technology have never made tailoring deals to shoppers this holiday season so easy — or so creepy.

Online stores have long tracked your movements on the web through cookies. And bricks-and-mortar stores have started tracking you too — experimenting with heat sensors and monitoring phone signals to see which aisles are most popular. One product called "Shopperception" uses the same motion-detection technology in the Xbox Connect to pick up a customer's movement, including whether they picked up a product only to return it to the shelf. In addition to analyzing customer behaviour, it can trigger nearby digital signs offering coupons and steering shoppers to certain products. THE ASSOCIATED PRESS

He knows what you're buying

"You can't have Christmas anymore without big data. ... You know that song where Santa knows when you've been sleeping? He knows when you're awake? That's where he's getting his information from."

Jeff Chester, executive director at the Center for Digital Democracy

Random biz fact of the day

75%

75 per cent of job seekers use traditional networking to gather more information about a company.
CAREERBUILDER

Market Minute

DOLLAR 94.46¢ (+0.08¢)

TSX 13,370.83 (+8.77)

Nasdaq and Dow Jones closed for American Thanksgiving.

LAST TAX SEMINAR

Your first tax deadline is December 31, 2013!

Are you ready? Time for your **annual tax-review**. After New Year's it's too late! You need to make those adjustments now! You may just discover how to save thousands or avoid a tax audit.

- 5 most common mistakes that trigger audits!
- 3 most often missed deductions worth thousands!
- 15 year-end tax strategies proven to reduce taxes!
- Plus more about taxes and your investments!

First 50 to register win a FREE GIFT!

The Taxman is watching!

Dec. 4 & 5 at 7 pm
Burnaby, Surrey/Langley

Note: This is a free informational seminar. No sales are permitted at this event.

YOU MUST PRE-REGISTER for this event. Seating is limited. Register now!
1.855.558.2805 Email: taxsaversseminars@gmail.com
GH TAX SAVERS

Douglas Coupland

Douglas Coupland's latest novel, Worst. Person. Ever., is available from Random House Canada.

Day 20

metronews.ca/temp

Temp Figures It All Out

If you came here expecting a happy ending, that's exactly what you're going to get. It's a few months later, I'm now Mrs. Xu, there are twin Xus in the offing, and the twins will be in line to inherit over a billion dollars. I remind myself of this every time I think of the coffee room's Girl Guide chocolate-bar honour box, and how horrified I always was to find out staffers had shortchanged it, and how I paid out the difference from my own pocket.

What about TWK? Don't worry about the old gang — they're doing just fine. The building is now home to Mr. Xu's vanity project (and mine), which is to be the world's largest online retailer of vintage and high-end sneakers. Sarah No. 1 is once again in charge on online marketing development, and Sarah No. 2 is back developing e-commerce strategy. This time, their decisions will have a chance of being implemented and making some kind of difference.

With a slight romantic twist, Sarah No. 3, who I never really got to know, is seeing Kyle, who quit the refinery after a week spent inhaling its magic aromas. Kyle is now getting a full sleeve of ink on each arm and is in charge of "Branding Atmosphere," which means — I'll be honest — I have no idea what, but I'm just so glad he's no longer inhaling oil. I'll always have a soft spot for that loveable lunkhead who kind of flirted with me, and who I kind of flirted with back when we were both younger and dumber.

The Danimal we now call "The Shaker" because we send him out doing anything that involves old-school middle-management people shaking each other's hands: Conferences and land leasing and that kind of stuff. It's a remarkably effective category and he loves it. Dan and Chantelle split up quite amicably. Chantelle and Darren are engaged and living in the gated community together. Chantelle's lips have shrunk and she looks a tiny bit more human and promises not to get more work done.

The present is all we have. And really, how does Kate Winslet manage to always drop those pounds?

And the happiest ending of all is for Kurt, the old guy by the stoplight, who now has his own office out by the delivery bay where his main task is to sit, enjoy life and maybe watch the Carpenters on VHS — he refuses to go online.

So maybe you entered this story expecting there to be a Boogeyman — someone who we can yell at, and whack with sticks like a piñata. But there is no Boogeyman here. There's only the times we live in, and we can bitch about them or we can move forward, and if you don't move forward, well, you'll be left behind, left in the past, which makes no sense — because the present is all we have. And really, how does Kate Winslet manage to always drop those pounds? **THE END**

Random fact of the day

The difference between poisonous and venomous animals: "If you bite it and you die, it's poisonous. If it bites you and you die, it's venomous."

SOURCE: WTFFUNFACT.COM

Random biz fact of the day

98%

An overwhelming majority of job recruiters used social media to search for candidates in 2012.

SOURCE: WORKOPOLIS

The clock is ticking

PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

TEMP is ... well, temporary

Douglas Coupland's 20-day novella is a pop-up project and will disappear from our website this Monday at 12:01 a.m. EST. If you've missed an instalment, there are still three days to catch up at temp.metronews.ca — before it is gone forever. **METRO**

Wages

Equal work, equal pay

The Workers Action Centre is campaigning for equal pay as part of its advocacy for workers' rights, which includes approaching politicians and conducting online campaigns.

"Permanent workers are earning a lot more," said centre organizer Sonia Singh. "The typical statistic is that temp workers earn 40 per cent less than permanent workers.

"The government should include in the law that temp-agency workers receive the same wages as permanent workers when they are doing the same work." **MIKE DONACHIE/METRO**

THE CANADIAN PRESS

Race to the bottom

Government jobs no sure thing

Government temp jobs are no longer the coveted positions they used to be. Wages for temp workers in the public sector have fallen by up to 40 per cent since the feds started awarding contracts to the lowest bidder, according to the Association of Canadian Search, Employment and Staffing Services. **METRO**

No blackouts or restrictions. Just travel freedom.

No annual fee for the first year. Plus, get 15,000 bonus points.[1] Apply today.

www.scotiabank.com/travelfreedom

You're richer than you think.®*

Scotiabank®*

®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. [1] The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles of your first card purchase. Offer applies to new accounts opened by March 31, 2014. The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is $99 per year for the first card issued on the account; additional cards are charged an annual fee of $29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Offer applies to new accounts opened by March 31, 2014. Any additional cards must be issued by March 31, 2014, to qualify for the offer. Rates and fees are as of September 1, 2013 and are subject to change without notice.

RON BURGUNDY? COMING TO WINNIPEG

THE METRO LIST

Neil Morton
metronews.ca

1 Tom Hanks. In the most random moment of 2013 possibly, Hanks showed up at the Grey Cup in Regina. Turns out he was there cheering on the Tiger-Cats with his L.A. pal Martin Short, a Hamilton native. Hanks wore a Ticats toque (and later a Riders toque), hung out with the Sheepdogs and sat in the chilly stands. Can we adopt him as ours?

2 Twitter and Time. This year, Time announced a unique new partnership with Twitter as part of their Person of the Year issue. Users can vote for their choice by tweeting with the hashtag #TIMEPOY. The readers' choice poll ends Dec. 4. So go ahead now and cast your vote for ... Miley?

3 Movember wrap up. I wore my mo proudly this year, and raised over $1,000 to join Mo's Platinum Club. One of the feel-good stories of this year was three buddies who cycled from Vancouver to Toronto and raised nearly $100,000 for Movember in their Moustache Ride Across Canada. Amazing guys, amazing cause.

4 @bOringtweets. Who would think that a boring Twitter account would be a hit? But it is. Its nearly 140,000 followers get tweets like "I've just looked at something," "I've just signed for a parcel for next door," and "I hope I dream about cardboard again. That was one crazy dream." I would keep giving you examples, but I have to watch paint dry.

5 Ron Burgundy. Will Ferrell's fictitious Anchorman character will be in Winnipeg this Sunday covering Canada's Olympic curling trials dubbed Roar of the Rings for TSN. They should consider hiring Burgundy permanently: Ratings would go through the roof.

6 Toronto + Bon Jovi = NFL? Toronto football fans were living on a prayer wondering whether their city would ever get an NFL franchise, but thanks to Bon Jovi, that might become a possibility. The rocker is a leading contender to buy the NFL's Buffalo Bills and, with some powerful and rich T.O. friends, move them to the city.

7 Global anchor Katie Couric. No, not for Global News. Couric will now be the global anchor for the resurgent Yahoo. She will start next year and be the "face of Yahoo News," CEO Marissa Mayer wrote in a blog post. In effect, Couric will now be the global ambassador for Yahoo. This move is another example that the future of TV is online.

8 Harvard. The Ivy League school got some negative attention after a video was released asking students: "What is the capital of Canada?" and answers ranged from Vancouver to Ontario. Duh! It's not right, because us Canadians all know the capital of the United States is New York, eh?

9 Social media jobs. A Workopolis study says jobs for social media experts will be obsolete in 10 years as digital natives enter the workforce who are already able to do that work, so having social media skills will no longer be a differentiator for us digital immigrants. Also, we'll soon be able to schedule tweets 10 years in advance so our work here is complete.

10 Paul Bissonnette. You might not have heard of the Canadian NHLer, but his Twitter account @BizNasty2point0 is a riot. His Twitter bio says: "Play in the NHL for the Phoenix Coyotes. Well sort of. Once played in the ECHL for the Wheeling Nailers, seriously, that was the name." With tweets like "If you ever feel insecure about your looks, go to the Vegas airport and sit at a nickel machine and smoke," this is a gem. 475,000+ followers agree.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Wood you believe it

ANDY WILLSHEER/REX FEATURES

Vintage vehicle created from oak

A man has made a VW Beetle — out of wood.

Momir Bojic from Celinac in Bosnia and Herzegovina has hand-built the impressive Bug with mind-boggling patience, using skilled woodworking to create intricate detailing. Everything from the bonnet to the gearshift has been carved by Momir in his garden workshop. **METRO**

Slow and steady wins building race

Progress was necessarily slow because of the work's labour-intensive nature.

Momir said: "Some days my wife and I might end up with just two or three rows of pieces on a panel, but this was irrelevant as far as I was concerned because I'm a bit of a perfectionist. Accuracy was far more important than worrying about how long the work was taking." **METRO**

Wife chips in for hubby's project

Momir, who spent time working at the Volkswagen Transporter manufacturing plant in Hanover, Germany, got some help from his wife Nada.

"I was intending to undertake the task by myself, but after my wife saw the amount of effort involved she felt I was crazy to try and do it all on my own and was happy to offer her assistance in the project." **METRO**

Motorbike made from locust wood

Momir isn't the only man from Eastern Europe adept at making wooden vehicles.

Istvan Puskas from Tiszaros, Hungary, spent two years building a motorcycle from weather-resistant black locust wood.

Puskas used cow horns as a handlebar and exhaust pipe, and a gasoline engine from an old Fiat. **METRO**

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Terrified of stepping foot in a shopping mall during Black Friday or the rest of the holiday season? There's a beautiful place you can pop into to get your shopping done without the Jingle Bells soundtrack, oversized faux cedar trees or never-ending lineups: The Internet.

ISTOCK IMAGES

Sift:

The site launched about a year ago as a website that mined your email looking for deals and promotions that may interest you. Now, with the help of $2 million for seed funding, they've launched an iPhone app that lets you shop right from your phone. Wait for their upcoming social function.

Slice:

Not exactly a shopping site, but more like an online shoppers personal assistant. Slice keeps track of what you buy and lets you know if you're eligible for a price adjustment, recalls, and other things you may want to know about your purchases.

Karmaloop:

Look sharp AND get good deals on trendy new weekending duds from Karmaloop. Site often has promo codes to get your saving started (Black Friday code is BLKLIGHT, FYI).

Comments

RE: Tips On (Cough) Hacking A Cold, by John Mazerolle, published Nov. 28

How about starting by improving your immune system.

I rarely get colds, and I haven't had the flu in 21 years, despite the fact that I work with a lot of people who get sick a lot. Flu shots..?? Never.

We are getting too caught up in cleanliness as a society. That's not to say I don't engage in personal hygiene. I just don't subscribe to the antibacterial everything that society wants us to.

My wife and four-year-old daughter also do not get sick. My daughter has been sick once since she was born. My tips..?? If you drop it on the floor, pick it up and eat it. If you cough, cough into your hand. And, eat a pound of dirt a week.

Remember, your immune system is an army, and an army needs practice to fight effectively. Take away its ability to practise, and when real germs come along, it will not be able to fight it, and you'll get sick.

ns_hunter posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Sales and Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

FretLight Guitar — $299 and up, clockwise, from left, LG SoundPlate — $499.99, Sony Walkman WH303 — $149.99, Mondo Wi-Fi Music Player — $179.99, Philips ShoqBox — $149.95, iPod Touch — $229 and up, SleepPhones — $39.95 and up, Skullcandy Crusher — $99.99.

Holiday gift guide

Don't fret music lovers

MIKE YAWNEY
For Metro

Music is the gift that keep on giving. Impress the audiophile in your life with one of these musical gadgets under the tree.

FretLight Guitar — $299 and up
Learn to play the guitar with a little high-tech help. LEDs light up the frets on this special guitar so you know exactly where to place your fingers. Download songs from your favourite artists or purchase entire sets of lessons. Available in acoustic and electric.

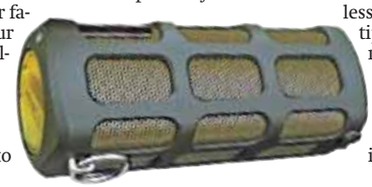
iPod Touch — $229 and up
There's a reason Apple's iPod remains the No. 1 MP3 player on the market. Beautiful design, gorgeous retina display and simple user interface make this a huge hit for all ages. Use it to store and play thousands of songs, or immerse yourself in the tens of thousands of apps.

LG SoundPlate — $499.99
This innovative speaker system sports a simple design, which doubles as a pedestal beneath your flat-screen TV. The 4.1-channel sound system comes with dual built-in subwoofers for rich, full sound while watching your favourite movies or TV shows. When your eyes get tired, enable the Bluetooth feature to listen to your favourite tunes from your phone or tablet. Available in December.

Philips ShoqBox — $149.95
Designed to withstand water and abuse, the ultra-durable ShoqBox is one for true road warriors. Two speaker drivers create loud, clear audio with the ability to pair two ShoqBoxes as left-right speakers. This unit doubles as a hands-free speaker for your phone.

Sony Walkman WH303 — $149.99
Headphones with a built-in MP3 player. Store up to 1,000 favourite songs with 4GB of internal storage, then decide how you want to listen to them. You can wear the headphones around your neck and let the built-in speakers pump out the tunes, or listen to your music privately with the headphones on your ears. A single charge will give you up to 20 hours of music enjoyment.

Skullcandy Crusher — $99.99
These headphones are designed with one thing in mind — bass. An adjustable bass slider will have music lovers fine-tuning their favourite tracks while an in-line mic on the cable lets you have phone conversations. These headphones are smart enough to turn on automatically when the tunes begin to play and turn off when not in use to preserve battery life.



Nuvo Wireless Music System — $229 and up
Spread music throughout the house. This system utilizes your home's Wi-Fi network to stream lossless level audio to multiple rooms. Supports music services such as Pandora, iTunes and SiriusXM satellite radio. This high-end system isn't cheap, but if you are an audiophile it's worth the hefty price tag of a complete system.

Mondo Wi-Fi Music Player — $179.99
Listen to radio stations from around the world. This Wi-Fi music player sports a beautiful 3.5-inch colour display that shows off station or album art as your favourite songs play. With more than 18,000 free radio stations to choose from there is always something to listen to.

SleepPhones — $39.95 and up
Pyjamas for your ears. These headphones are designed to play music while blocking light from your eyes to help you fall asleep faster. Play your favourite songs or download free full-length sleep tracks.

unwind
WEST COAST SOCIAL
at the Holiday Inn Vancouver Downtown
Join us on December 25th for a traditional Christmas dinner buffet with all the xings, $34. Seatings at 4pm and 7pm. Reservations required.
1110 Howe St.
604.623.6856
Holiday Inn

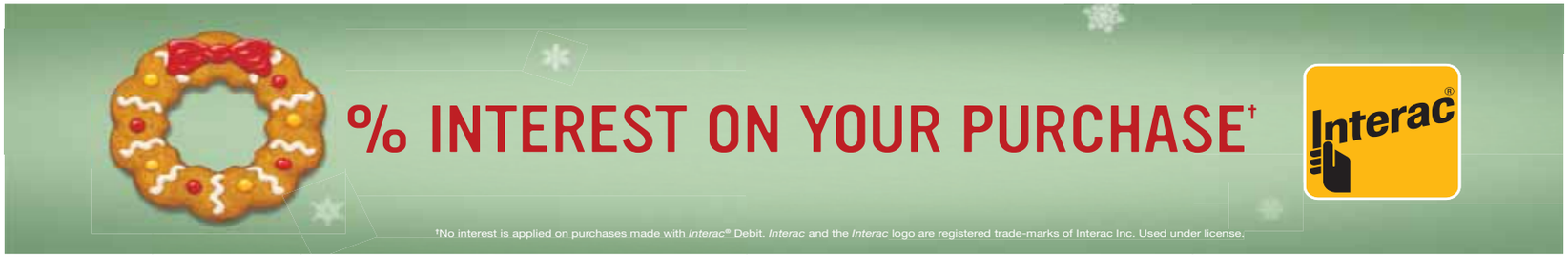
26 shopping days left

scratch & win

GIFT IDEA #19

A little stocking stuffer could turn into the biggest gift of all.

For more ways to give and more chances to win visit **techthehalls.ca**


% INTEREST ON YOUR PURCHASE†
Interac
†No interest is applied on purchases made with Interac® Debit. Interac and the Interac logo are registered trade-marks of Interac Inc. Used under license.

Gift cards. To give or not to give

MICHELLE WILLIAMS
For Metro

Gift cards give you the opportunity to tailor a gift and still let the recipient make the final choice. ANNA SUBBOTINA/SHUTTERSTOCK

When it comes to giving gift cards, 90 per cent of Canadians either purchase or give gift cards in any given year.

And this number is rising, says Steve Dekker, managing director of Blackhawk Network Canada, the company that runs many of the gift card mall kiosks within retail outlets in Canada. Still, many people worry when it comes to giving a gift card, so we asked Dekker to address some common concerns.

Is it personal enough?

One of the biggest challenges for gift givers is finding just the right gifts. Gift cards for movies, restaurants, retailers or music give you the opportunity to tailor a gift and still let the recipient make the final choice.

I don't know what card they might like

Consider a Visa or Mastercard gift card. They might not be as personal, but the clear advantage is that they can be used anywhere. The disadvantage is there is an additional fee for these purchases.

I really like my friends and family to have a gift to open

Many people put gift cards into greeting cards or drop them into a stocking, but you can be more creative. Put them in small boxes and wrap them up or package them up with another gift so they can be unwrapped together.

I worry that the card may not work

The technology behind these cards is rock solid, but just in case, it's always wise to hold on to the activation receipt.

The card may expire before it's used up

There are consumer protection laws to prohibit expirations on cards or additional fees.

I'm worried the card might be forgotten or get lost and never be redeemed

Typically, the faster you use the card, the less likely this is to happen. Keep your gift cards in a handy place so you don't forget you have them. Most cards can also be registered online with a retailer by the recipient, so if it's lost, you can get a replacement.

What if you don't want the card you're given?

You can exchange or even return unused cards online for a small fee. Check out cardswap.ca for more information.

Plants can leave a festive impression

JANE DOUCET
For Metro

Poinsettia's are the most recognized plant of the season. MIKE WATSON IMAGES/THINKSTOCK

If you are stumped about what to get someone on your holiday gift-buying list, why not consider a festive plant?

"A nicely wrapped plant in a decorative pot is a great gift for a tabletop," said Robin Godfrey, the owner of Lakeland Plant World in Dartmouth, N.S.

Godfrey describes three popular holiday house plants and how to care for them:

Poinsettia: Hands down, this is the most recognizable plant of the season.

Traditionally sold with bright red and green leaves, which remains the consumer favourite, it also comes in many patterns and colours. The tropical greenhouse-grown plant comes in different sizes, too, from four to 12 inches. With proper care, a poinsettia can last until spring. Don't overwater it, but don't let it dry out completely, either. It does well in indirect light but won't thrive in a cold room.

Holly: With bright red berries against dark-green pointed leaves, holly is synonymous with winter and the holidays. Plus, it's the gift that keeps on giving.

"You can plant holly in the ground in the spring," Godfrey said.

Place it in well-drained, slightly acidic soil in full sun. If you want a bush with berries, keep in mind that most varieties have male and female plants, and that only the female shrub produces berries. So, in the spot where you would like to plant a holly bush with berries, you will need to plant a female variety and make sure that a male variety is planted nearby.

If that's too complicated, try to find varieties that don't need a male plant in order to produce berries.

Christmas cactus: This year-round plant has flowers that hang from the ends of its leaves. It will adapt to low light conditions but will produce blooms more readily if exposed to brighter light (too much direct sunlight can burn its leaves, however).

What's on your wish list?
Women's Kula Chukka Shoe $129.98
All Patagonia Footwear 25% off (reg price) with ad until Dec 15
Men's Drifter A/C Shoe $149.98
ecomarine.com
Granville Island
604.689.7575
patagonia

0%

CHANCE

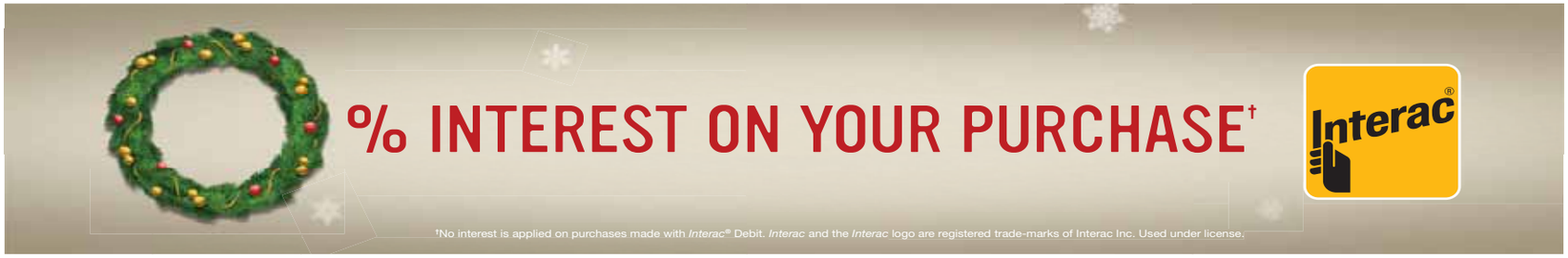
OF GETTING A BILL IN JANUARY†

When you use *Interac*® Debit, you'll pay 0% interest on all your holiday purchases.
So you won't get stuck with an annoying holiday bill.

SPEND YOUR HOLIDAY WISELY

Interac®

†No interest is applied on purchases made with *Interac*® Debit.
Interac and the *Interac* logo are registered trade-marks of Interac Inc. Used under license.


% INTEREST ON YOUR PURCHASE†
Interac
†No interest is applied on purchases made with Interac® Debit. Interac and the Interac logo are registered trade-marks of Interac Inc. Used under license.

Holiday-themed games will be a big hit for kids during a Christmas party. NICOLE S. YOUNG/ISTOCK/THINKSTOCK

Holiday-themed games for kids

If you plan to throw a Christmas party for a group of children this year and you are stuck for game ideas, then here are some fun suggestions that will keep them truly entertained.

Simple, traditional party games can be adapted to suit a particular theme, so since it's a Christmas party you could adapt the following classic games into a Christmas theme:

Santa Says: This is just like Simon Says.

Snowman Freeze: When the music stops, children have to freeze and stand still like a snowman. The child who moves first is out until the last remaining child is left.

Pin The Tail On Rudolph: Play it like Pin The Tail On The Donkey, but adapted to pinning a big red nose on Rudolph.

Santa, Santa, Elf: Played like Duck, Duck, Goose, or you can choose other appropriate names if you prefer.

Pass The Christmas Gift Box: This is the same as Pass The Parcel, but wrap a box in Christmas paper and fill with pre-wrapped gifts for each child.

Apart from the traditional style games, here are some other games and activities that can be fun to play.

Fill The Christmas Stocking Relay: Ideal for a larger group of children, this game involves splitting the kids into two teams. Hang up a couple of Christmas stockings and get two large bowls and fill them with sweets. The children have to scoop up sweets with a spoon, walk over to the stocking and fill it, then run back and give the spoon to the next child in the line. The team that fills up the stocking with the most sweets is the winner. You can use anything suitable to fill the stocking if you don't wish to use sweets.

Pass The Candy Cane: Form two groups of children into two lines. The children have to pass a candy cane to each other using one finger only. The first team to pass the candy cane up and down the line is the winning team.

Decorate A Cookie: Kids love cookie decorating, especially when they get to eat their creations. Make cookies beforehand into shapes such as snowmen, Christmas trees, gingerbread men and round Christmas puddings. Children will have fun icing and adding sweets and sprinkles to them.

METRO NEWS SERVICES

BALLET BC
ALBERTA BALLET
BALLET BC PRESENTS ALBERTA BALLET
DEC 28-31 2013
3 NIGHTS + 2 MATINEES!
THE
Nutcracker
CHOREOGRAPHY EDMUND STRIPE
MUSIC PYOTR ILYICH TCHAIKOVSKY LIVE MUSIC THE VANCOUVER SYMPHONY ORCHESTRA
SET & COSTUMES ZACK BROWN LIGHTING DESIGN PIERRE LAVOIE
"SUGAR-PLUM PERFECT!"
–The Ottawa Citizen
Back by Popular Demand — Alberta Ballet's The Nutcracker
Featuring Live Music from The Vancouver Symphony Orchestra
SINGLE TICKETS FROM $26.50 (+ FEES) FAMILY PACKS ALSO AVAILABLE!
DECEMBER 28/29/30 • 7:30 PM | DECEMBER 29/31 • 2 PM
balletbc.com • ticketmaster.ca • 1-855-985-2787
QUEEN ELIZABETH THEATRE
PLATINUM SEASON SPONSOR FASKEN MARTINEAU
HOTEL SPONSOR
MEDIA SPONSORS
SUPPORT FOR BALLET BC HAS BEEN GENEROUSLY PROVIDED BY
JOIN THE BALLET BC E-LIST balletbc.com

Play Pass The Candy Cane with a group of children. DESIGN PICS/THINKSTOCK

Wreaths were traditionally hung on the front door, welcoming others to the home. Today, wreaths can be used in a variety of ways to add a festive touch during the holidays. STEPHEN COBURN/SHUTTERSTOCK

A welcome decor touch

MICHELLE WILLIAMS
For Metro

Hanging a wreath is one of the easiest ways to add a festive touch to your home's curb appeal and interior decor. Traditionally, wreaths were hung on the front door, welcoming others to the home. These days, you can use multiple wreaths and literally decorate for the holidays in minutes.

We've asked Brian Rattray, a Toronto-based Canadian Tire general manager, to share his top 10 tips and trends on decorating for the holiday with wreaths.

1 Sinamay wreaths are super stylish this season. Sinamay is mesh ribbon or fabric that comes in Christmas colours and patterns that loop, gather and twist into a beautifully full and fashionably wreath. They look great inside and out.

2 Dress up your front door with pre-lit wreaths. They look impressive at night and make your front door the focal point of your holiday decor.

3 Place a wreath in your holiday theme colours on the table as a centrepiece and use pillar candles to fill the centre.

4 Hang them on doors to give rooms a simple festive touch or take down a few pictures and hang wreaths in their place — they look especially impressive over a fireplace.

5 Keep it natural with pinecone wreaths, which go great inside and out with just about any decor.

6 For a modern aesthetic, silver-, gold- or copper-coloured wreaths are just the right touch.

7 Hang wreaths in your windows and they can be enjoyed inside and out.

8 Multiple wreaths that are similar or identical help create a theme for your indoor and outdoor decor and make decorating incredibly easy. Use two or three and you don't need anything else.

9 Don't go simple. The most popular wreaths for the holiday season are overstated — the more embellished, the better.

10 Circular wreaths are traditionally most popular, but think outside the box and consider a swag, square or teardrop shape instead.

Gift baskets. A delicious option

If you can't spend time with friends or family members this holiday season, there are still ways you can send your greetings and share your love.

What about selecting Christmas fruit baskets? It is one of the best gifts you can select for the season.

A fruit basket can convey your greeting and express your care towards the health of the ones you love. Missed family members and friends can gather around the table to celebrate the occasion and create memorable moments with your gift basket.

The ability of gift basket designers plays a role in making fruit baskets so demanding during the holiday season. The fruits are beautifully designed to make it look like a precious gift. Well-known online fruit gift delivery stores hand-pick the best and freshest fruits to make the gift royal, romantic and delicious at the same time.

A holiday gift basket can be a tasty option. DASHA PETRENKO/SHUTTERSTOCK

Go online and place the order within minutes. Select the gift basket and schedule your delivery date.

If you want to add a fresh taste to your Christmas celebrations, then this can be your time to send Christmas fruit baskets for your friends and the ones you love.

METRO NEWS SERVICES

RBC Royal Bank

RBC Rewards is now
90,000 times
more rewarding.

Now you can redeem your RBC Rewards® points online for the latest products from Future Shop‡ and Best Buy‡.

- Access to 90,000+ products
- Free, fast shipping on most items†
- Home delivery or in-store pickup†
- Redeem points only or use points plus credit card

RBC rewards®

Start redeeming now at rbcrewards.com

BEST BUY‡ FUTURE SHOP‡

TM

®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owners. † Free shipping is excluded for items that require scheduled delivery. For more details about shipping and in-store pickup please visit RBC Rewards Redemption, Return and Exchange Terms & Conditions for Best Buy and Future Shop.

ASUS recommends Windows 8.

ASUS ZENBOOK™ UX302

Kiss me, I'm beautiful.

Stunning, stylish and scratch-resistant, the all-new ASUS ZENBOOK™ UX302 will take your breath away.

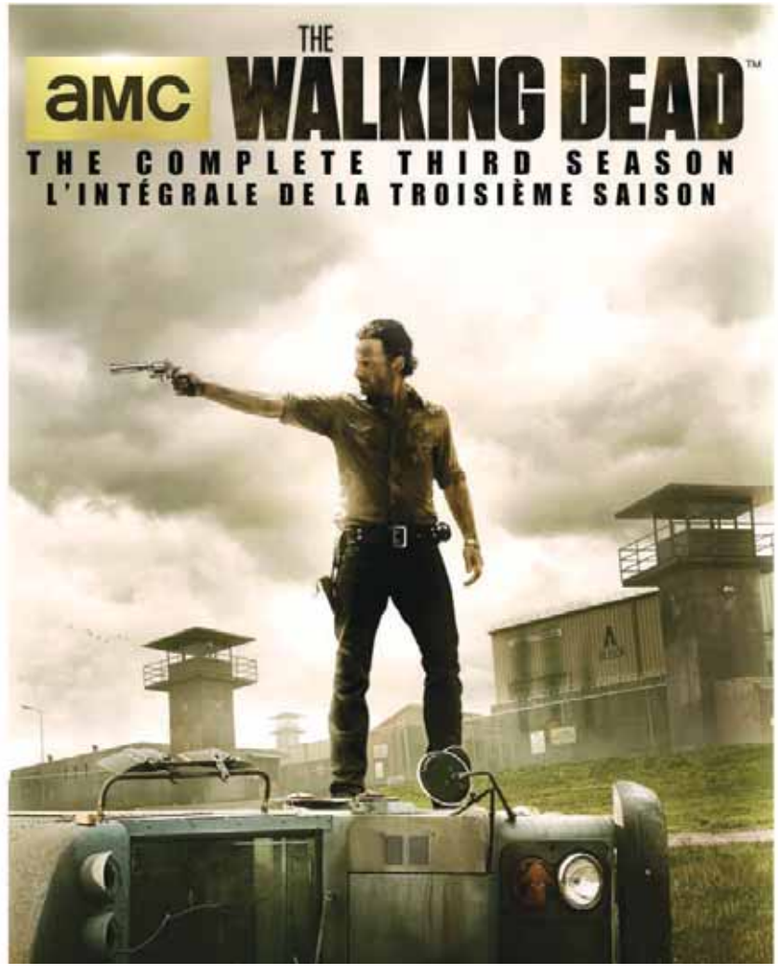
Discover more at **www.asus.com**

Powered by the Intel® Core™ i7 processor

ASUS IN SEARCH OF INCREDIBLE

© 2013 ASUS Computer International. All Rights Reserved. ASUS is a registered trademark of ASUSTeK Computer. All specifications are subject to change without notice. Products may not be available in all markets. Intel, the Intel Logo, Intel Inside, Intel Core, and Core Inside are trademarks of Intel Corporation in the U.S. and/or other countries.

intel inside™ CORE™ i7



DVD delights

Settle down in front of the TV to enjoy some of these popular series and movies.

Turbo
With a great (voice) cast that includes Ryan Reynolds, Paul Giamatti, Michael Peña, Snoop Dogg, Maya Rudolf, Michelle Rodriguez and Samuel L. Jackson, this 3D comedy follows an underdog snail whose dreams kick into overdrive when he miraculously attains the power of super speed and enters the Indy 500. Available where DVDs and Blu-ray's are sold; $32.89 for Blu-ray on Amazon.ca.

Big Bang Theory, Season 6
Follow the antics of geeky physicists Sheldon Cooper and Leonard Hofstadter and their equally geeky friends. This popular American sitcom premiered in 2007. DVD $49.99, Blu-ray $59.99. Available at HMV — for a location near your visit hmv.ca.

Breaking Bad: The Complete Series
To provide for his family's future after he is diagnosed with lung cancer, a chemistry genius turned high school teacher teams up with an ex-student to cook and sell the world's purest crystal meth. This collectible replica money barrel contains every show along with special features and other commemorative items. $250 at Amazon.ca.

Walking Dead, Season 3
A sheriff leads survivors in search of safety after the zombie apocalypse. In Season 3, they find refuge in a prison ... but not for long. DVD $49.99, Blu-ray $59.99. Available at HMV — for a location near your visit hmv.ca.

The best device for reading.

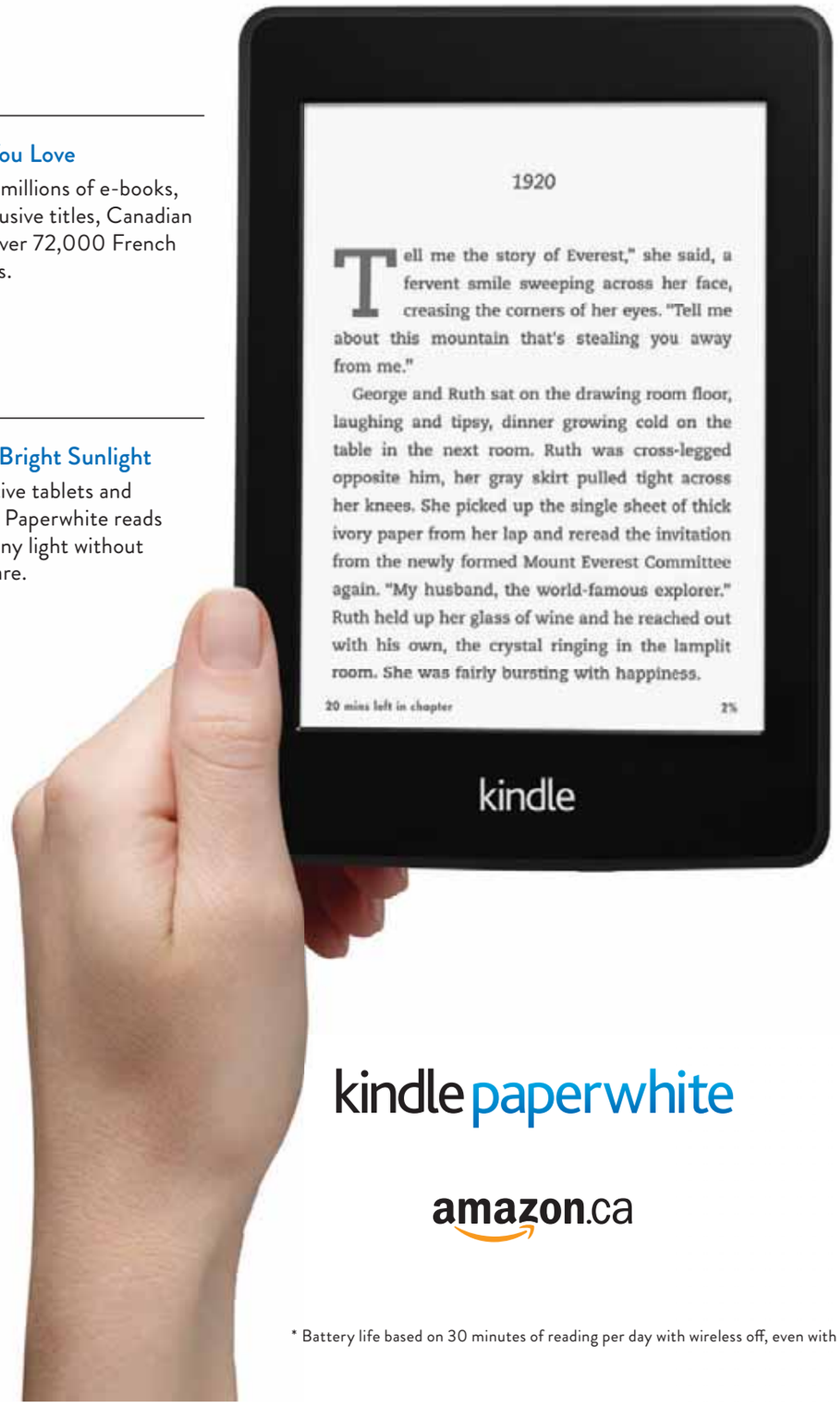
No tablet comes close.

The Books You Love

Choose from millions of e-books, including exclusive titles, Canadian authors and over 72,000 French language titles.

No Glare in Bright Sunlight

Unlike reflective tablets and smartphones, Paperwhite reads like paper in any light without distracting glare.


1920
Tell me the story of Everest," she said, a fervent smile sweeping across her face, creasing the corners of her eyes. "Tell me about this mountain that's stealing you away from me."
George and Ruth sat on the drawing room floor, laughing and tipsy, dinner growing cold on the table in the next room. Ruth was cross-legged opposite him, her gray skirt pulled tight across her knees. She picked up the single sheet of thick ivory paper from her lap and reread the invitation from the newly formed Mount Everest Committee again. "My husband, the world-famous explorer." Ruth held up her glass of wine and he reached out with his own, the crystal ringing in the lamplit room. She was fairly bursting with happiness.
20 mins left in chapter
2%
kindle

Charge Monthly, Not Daily

Unlike a tablet, a single charge can last up to 8 weeks.*

Go Beyond the Book

Enjoy exclusive reader-friendly tools like X-Ray, Vocabulary Builder and Page Flip.

Share with Friends on Goodreads

See what your friends are reading, share highlights and rate the books you read with Goodreads on Kindle. **Coming soon.**

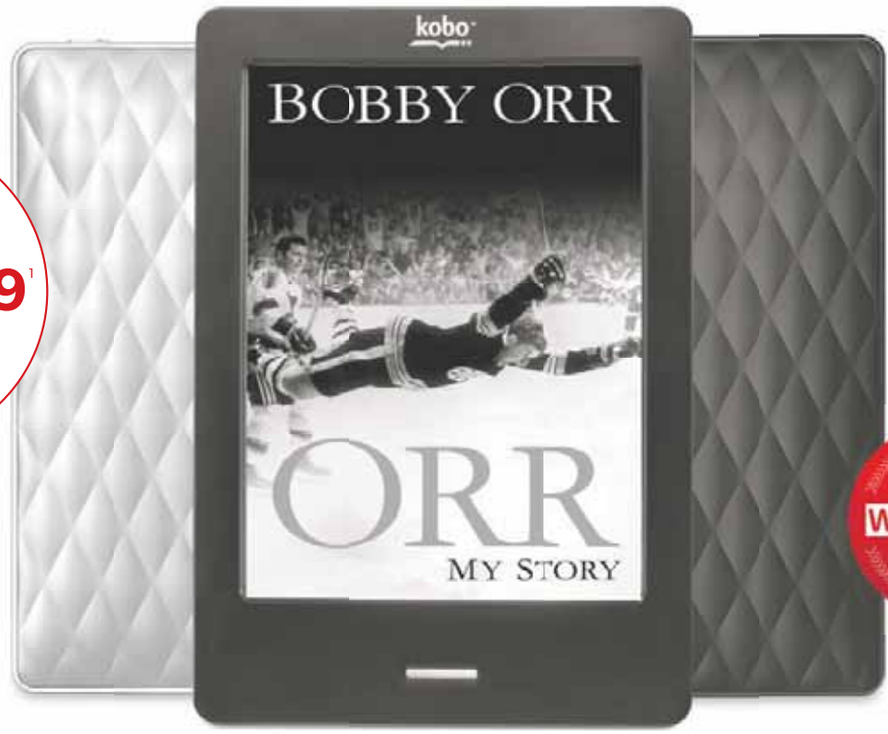
kindle paperwhite

amazon.ca

* Battery life based on 30 minutes of reading per day with wireless off, even with the light on and set at ten.

KOBO TOUCH
NOW
$49.99[1]
REG $99.99

PLUS RECEIVE
A **FREE** KOBO
eREADER
CLIP LIGHT
$20 VALUE[1]



EDITOR'S PICK
WIRED
WIRED TEST

KOBO TOUCH
The award winning eReader.

HOT TECH DEALS

IN-STORE[2] AND ONLINE · ENDS SUN DEC 1ST

iHOME SINGLE SPEAKER
NOW
$24.99[3]
REG $40

Wireless Bluetooth speakers with astounding clarity. Works with your iPhone, iPad, Android or blackberry.

ETON BOOSTBLOC 2000
NOW
$19.95[4]
REG $39.95

Superb design. This innovative rechargeable battery powers all your devices on-the-go. One full charge for your smart phone.

BEATS PILL SPEAKER
$50 OFF[5]
NOW $169.95
REG $219.95

Fits-in-the-palm-of-your-hand. The Beats Pill wireless speaker will blow you away with its powerful sound.

!ndigo | Chapters | indigo.ca

YOUR ONE STOP MAGICAL HOLIDAY SHOP

[1] IN-STORE AND ONLINE: Offer valid in-store from November 28th – December 1st, 2013; offer valid online from November 28 – December 3rd, 2013; on any in-stock Kobo Touch devices, while quantities last. Offer excludes Kobo Glo, Kobo Mini, Kobo Arc, Kobo Aura HD, Kobo Aura, Kobo Arc 7, Kobo Arc 7HD, and Kobo Arc 10HD models. Kobo eReader Clip Light offer valid while quantities last. Not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. Offer may change or end at any time without notice. ™ Kobo Touch is a trademark of Kobo Inc. Additional restrictions may apply. [2] iHome Single Speaker, Eton Boostbloc 2000 and Beats Pill speaker are available online and in select stores across Canada. See indigo.ca for details. [3] IN-STORE AND ONLINE: Offer valid until December 2, 2013, or while quantities last. [4] IN-STORE AND ONLINE: Offer valid until December 3, 2013, or while quantities last. [5] IN-STORE AND ONLINE: Offer valid until December 1, 2013, or while quantities last. Offers in this advertisement are not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. Not valid on kiosk orders. No cash redemption value. Offers may change or end at any time without notice. Price, product selection and availability may vary between stores and online. !ndigo, Chapter and indigo.ca are trade marks of Indigo Books and Music Inc.

Synopsis

The last couple of weeks have offered up the odd little treat at the movies, like an amuse-bouche to get our taste buds primed for the tastier stuff to follow in December. Not only does the 12th month give us Christmas, Boxing Day, Kwanzaa and New Year's Eve, we also get a delicious buffet of great movies. This week the Reel Guys look ahead to the 31 days that sate our appetite for great movies while feeding the voraciously hungry Oscars.

The Wolf of Wall Street, starring Leonardo DiCaprio, is one of the films to get excited for this Christmas. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

'Tis the season for great films

Ones to watch. The weather outside is frightful, so duck inside to catch one of the movies the Reel Guys are looking forward to

Richard: Mark, people complain that trailers give away too much of the story, but one upcoming movie has been releasing trailer after trailer — usually not a good sign — and has yet to reveal itself. Apparently The Wolf of Wall Street, directed by Scorsese (do I have to write his first name? I don't think so) and starring Leonardo DiCaprio and Matthew McConaughey, is going to clock in at three hours, so no trailer, no matter how long or how many, can give away all the good stuff. All they have done is make me eager to see this stockbroker meltdown story. What's grabbed you?

Mark: I'm looking forward to The Wolf of Wall Street too. But I've already decided that Inside Llewyn Davis, the new Coen Bros movie about the Greenwich Village folk scene in 1961, will be my favourite movie of the year. Perhaps I should actually SEE the film before making my decision, but I know, Richard, I just know! I've been waiting for someone to make a movie like this for a long time, and who better than the Coen Bros? The trailer looks terrific and Justin Timberlake looks perfect in his orange alpaca cardigan, not that it would influence my decision in the least.

RC: Timberlake is such a conundrum for me. He's a wildly talented guy whose movies frequently don't work. My fingers are crossed that for him, Llewyn is more Social Network than Runner Runner. Saving Mr. Banks is another one I'm looking forward to. I'm a sucker for old Hollywood so the story of Walt Disney (played by Tom Hanks) wooing P.L. Travers (Emma Thompson) for the rights to Mary Poppins is up my alley. That, and I'd watch Thompson do anything — bake a chicken, read the phonebook or play an uptight spinster.

MB: Here's a guilty pleasure: Grudge Match, the story of two aging boxers facing off for the first time in 50 years. Since the boxers are played by De Niro and Stallone, it's like a dream mash-up: Raging Bull vs Rocky! I'm hoping Will Smith gets a dream sequence cameo as Ali. And let's not forget American Hustle, David O. Russell's new film about greed, lust, politics, and the Mafia. Sounds like a perfect title.

RC: Three things make me want to see American Hustle: the trailers (which are awesome), Christian Bale's beer gut and Jennifer Lawrence's extravagant hairdos.

MB: Wait! Make that De Niro's beer gut and Stallone's hairdo and it's a Grudge Match!

Compass
Points the way
TRANS LINK
Where do I get a Compass Card?
What happens to my Monthly Pass?
What does Stored Value mean?
Why do I have to tap out?
What's love got to do, got to do with it?
ASK
Compass
Questions about Compass?
Ask away at AskCompass.ca

Five VHS reels worthy of rewind

RICHARD CROUSE
scene@metronews.ca

VHS tapes fell out of fashion years ago but there are many reasons to love the old-school experience of sticking a cassette into that machine with the flashing 12:00.

You can fast forward past the legal disclaimer, the covers were cool and if you don't like the movie that came on the tape, you can record over it.

Here are five films best experienced on VHS.

The Ring

Technology may have killed off VHS but not before a cursed videotape knocked off a few of its own victims. The Ring, an American adaptation of the 1998 Japanese horror film Ringu, stars Naomi Watts as a journalist investigating the urban legend of a tape that kills viewers seven days after popping it into the VCR. "You start to play it, and it's like somebody's nightmare!" No, it's not a badly dubbed copy of Rhinestone, it's a series of surreal images from a dead girl's life. It's creepy until the last half-hour — that's when the VCR's fast forward button comes in handy.

The Toxic Avenger

Set in Tromaville, New Jersey The Toxic Avenger is the story of a 90-pound weakling who morphs into the lumpy-headed titular title character. Fighting corruption by spilling loads of fake blood, plunging hands into deep fryers and crushing a head, his methods provide unforgettable B-movie cheap thrills. That last effect — it's a melon in a wig — is a timeless VHS classic and is actually enhanced by watching it on a grainy video tape.

A History of Violence

A History of Violence makes the list because it was the last movie to be released on VHS in the golden age of video. Viggo Mortensen is Tom, a mild mannered man who must confront his violent past when local townsfolk start asking, "How come he's so good at killing people?" An unopened copy of it will set you back $10,000 on eBay, but why would you want an unopened copy of one of director David Cronenberg's best films?

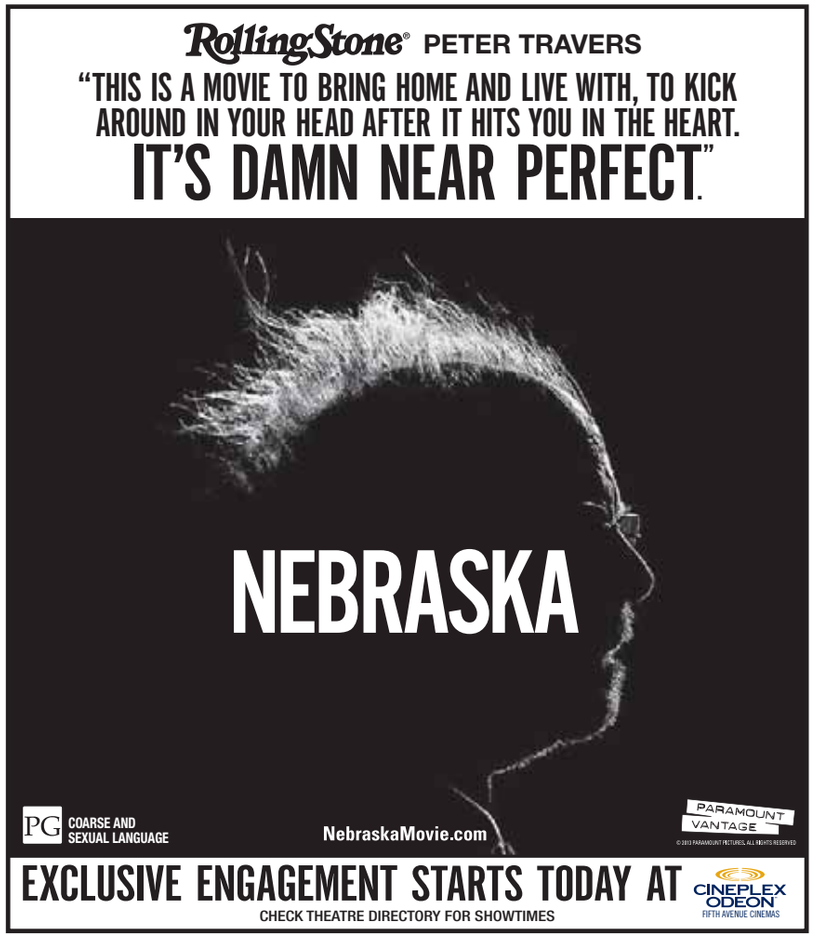
The Decline of Western Civilization Part II: The Metal Years

One of the main benefits of VHS tape is that it always stays at the point at which you left it. Snap it off at the 20-minute mark, go back to it 20 years later and it will still be EXACTLY where you left off. In a way it's kind of like hair metal, a genre that has loudly and proudly stayed stalled in the 1980s. Fans of bands like Poison and W.A.S.P. will want to rev up a VHS of The Decline of Western Civilization Part II: The Metal Years, because it rocks too hard to be released on DVD.

Strike Commando

The 1980s VHS boom gave us the dreaded direct-to-video movie and produced many bad flicks, countless of which had names that closely echoed those of big theatrical hits. In the down-and-dirty world of the actionsploitation genre, for instance, Schwarzenegger's hit Commando became Strike Commando — "He's A War Machine on the Warpath!" — only without the Austrian superstar or a budget for the big action scenes. The lurid cover art is better than the movie.

FROM THE CREATORS OF "TANGLED" AND "WRECK-IT RALPH"
"FROZEN IS DISNEY'S BEST PURE FAIRYTALE SINCE BEAUTY AND THE BEAST"
"PURE DISNEY MAGIC"
Disney
FROZEN
NOW PLAYING
IN 3D AND real D 3D
Like us on facebook at Walt Disney Studios Canada
Follow us on @DisneyStudiosCA
disney.com/frozen
For Theatres and Showtimes: Check Local Listings


Rolling Stone PETER TRAVERS
"THIS IS A MOVIE TO BRING HOME AND LIVE WITH, TO KICK AROUND IN YOUR HEAD AFTER IT HITS YOU IN THE HEART. IT'S DAMN NEAR PERFECT."
NEBRASKA
PG COARSE AND SEXUAL LANGUAGE
NebraskaMovie.com
PARAMOUNT VANTAGE
EXCLUSIVE ENGAGEMENT STARTS TODAY AT CINEPLEX ODEON FIFTH AVENUE CINEMAS
CHECK THEATRE DIRECTORY FOR SHOWTIMES

Festive finds

Jacquie Lawson 2013 Advent Calendar

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

iPad Free

This free calendar from popular e-card artist Jacquie Lawson offers a charming animated story every day as a country village, filled with cosy shops and wildlife, prepares for Santa's arrival.

Josh Gad never iced his big dreams

Frozen. Actor was ready to give up on making it in show biz when his mother offered him some wise advice

RICHARD CROUSE
scene@metronews.ca

Josh Gad plays Olaf, the optimistic snowman in Frozen, which is playing in theatres now. CONTRIBUTED

Josh Gad, the voice of Olaf the optimistic snowman in the new Disney animated film Frozen, thanks his mom for some very well timed advice. "My mother, God bless her," he says, "allowed me to keep dreaming."

The story starts in 1993.

"I was sitting in a dark theatre watching Aladdin," he says. "Robin Williams is playing this insane genie character. I'm on the floor, as is the rest of the audience, and I looked over at my mom and said, 'I want to do that one day,' meaning, I want to be the comedic relief sidekick in one of these Disney films."

Cut to a decade later.

"I was about three years out of college and I called my mom up and said, 'I don't think I want to do this anymore.' She started crying. I said, 'I'm going to go to law school.' I thought my mother was going to celebrate that she wouldn't have to worry about me anymore. But she was really disappointed. And I said, 'Why are you disappointed?' She said, 'Because you've been dreaming about this for 15 years, but you are only allowing yourself to live out your dream for three years and I think that is unfair to yourself.' It was very startling to hear her say that."

"A week later I got my first big break on Broadway doing a show called The 25th Annual Putnam County Spelling Bee. I guess it was at that time I realized I was going to be OK.

"Book of Mormon was the point at which I realized I had reached a new level. That I had made it. I wasn't a working actor anymore, I was an actor who was a part of something very special and that would allow and afford me more opportunities to do what I had dreamed of."

Those opportunities include starring in TV shows like 1600 Penn and movies like Jobs, and, of course, making his dream from 1993 come true with Frozen.

"To get that phone call, saying, you are that guy," he says, "I had to hold the phone down because I was sobbing with joy."

Olaf, his comedic sidekick snowman, already has at least one fan — Gad's young daughter.

"She was two-and-a-half when I took her to see her very first movie in a movie theatre, which was Monster's University. The teaser for Frozen, which featured just my laugh [played before the movie].

"Off of that laugh she turned to me and said, 'More dada. I want more dada.' I had to turn away from her because I was embarrassed by the tears."

"RIVETINGLY INTENSE! MESMERIZING."
–Owen Gleiberman, Entertainment Weekly

"AMAZING! STUNNING! MIND-BLOWING!"
–Jami Philbrick, I Am Rogue

"A WILD, DISTURBING, AND UNPREDICTABLE RIDE."
–Jonathan Robbins, filmcomment

ASK NOT WHY YOU WERE IMPRISONED
ASK WHY YOU WERE SET FREE

JOSH BROLIN

OLDBOY

A SPIKE LEE FILM

18+ EXPLICIT VIOLENCE, SEXUALLY SUGGESTIVE SCENES

OLDBOYFILM.CA
FACEBOOK.COM/EONEFILMS
YOUTUBE.COM/EONEFILMS

NOW PLAYING Check Theatre Directory for Locations & Showtimes.

"ONE OF THE BEST MOVIES OF THE YEAR."
RICHARD ROEPER, CHICAGO SUN-TIMES

"A REAL OSCAR® CONTENDER."
JEFFREY LYONS, WCBS RADIO

Heartland TRULY MOVING PICTURE AWARD

BROADCAST TELEVISION JOURNALISTS ASSOCIATION CRITICS' CHOICE

THE BOOK THIEF

PG VIOLENCE

www.thebookthief.com

©2013 Twentieth Century Fox

NOW PLAYING! Check theatre directory or go to www.tribute.ca for locations and showtimes

Drama

Philomena

Director. Stephen Frears

Stars. Judi Dench, Steve Coogan

We first meet Philomena (Dame Judy Dench) on the 50th birthday of the son she never got to know. Born out of wedlock in 1950s Ireland, her boy was whisked away from the Magdalene Laundries where they lived, and was adopted by an American couple. Her story finds its way to Martin Sixsmith (Steve Coogan), a jaded journalist who thinks Philomena's past is too good to be ignored. Philomena carefully treads a line between touching and humourous, building a story of heartache and loss without ever being maudlin.

RICHARD CROUSE

Drama

Concussion

Director. Stacie Passon

Stars. Robin Weigert

After suffering a concussion, Abby (Weigert) becomes unbearably dissatisfied with her life as a stay-at-home mother. Seeking the passion and excitement she does not find with her own wife, Abby adopts a second, secret identity: that of Eleanor, a lesbian sex worker. The film primarily focuses on Abby's new day job, but doesn't adequately address how it affects her and her family. Though there are plenty of sex scenes, there is no significant plot development. Still, Weigert's strong performance should be enough to keep audiences interested.

REGAN REID

Documentary

The Armstrong Lie

Director. Alex Gibney

Stars. Lance Armstrong, Reed Albergotti

As filmmaker Alex Gibney has explained, The Armstrong Lie wasn't the film he intended to make. Then again, good documentaries rarely are what they seem at the outset. So it goes for the movie's subject as well — Lance Armstrong — who went from celebrated sports legend to disgraced cyclist after a doping scandal. While Armstrong is surprisingly candid about his deceptions, Gibney's film more shockingly uncovers the athlete's arrogance. If nothing else, The Armstrong Lie is a captivating character study.

STEVE GOW

Drama

Nebraska

Director. Alexander Payne

Stars. Bruce Dern, Will Forte

There's erasable and then there's Woody Grant (Bruce Dern), a cantankerous man who thinks a "You may already be a winner" letter is a ticket to a million dollar fortune. After several failed attempts to walk to Lincoln, Neb., to claim his prize Woody's son David (Will Forte) offers to drive him. He knows the ticket is worthless but understands it's the thing that gives Woody something to live for. Director Alexander Payne keeps things nimble and very funny in places in this beautiful black-and-white film.

RICHARD CROUSE

GUARANTEED AUTO APPROVAL!

If you have recently been....

- Divorced
- Self Employed
- Bankruptcy
- Repossession
- Collections
- Late Payments

We can help make things right!

I know bad things can happen to good people. You deserve a 2nd chance!

Call Darcy today!

1-877-810-8649

ALL MAKES & MODELS

LANGLEYAUTOLOANS.COM

DL#C3916 and *O.A.C
*some conditions required

HOW FAR WOULD YOU GO TO PROTECT YOUR FAMILY?
"TERRIFIC! JASON STATHAM AT HIS BEST!"
- PETE HAMMOND / MOVIELINE
JASON STATHAM
JAMES FRANCO
WINONA RYDER
KATE BOSWORTH
HOMEFRONT
/VVSFilms
"ONE OF THE BEST ACTION FILMS OF THE YEAR!"
- TWITCHFILM.COM / CTV NEWS CHANNEL
14A COARSE LANGUAGE BRUTAL VIOLENCE SUBSTANCE ABUSE
NOW PLAYING!
CHECK THEATRE DIRECTORY FOR LOCATIONS AND SHOWTIMES

The future of cinema (starring you)

Choose your adventure.
Meet the companies ready to cast you in a live movie experience

SAM CASTONE
Metro World News

Casablanca HANSON LEATHERBY

Shawshank FUTURE CINEMA

Prometheus FOX

Ghostbusters LAURA LITTLE

The Drowned Man PUNCHDRUNK

You're walking down a dark metallic corridor, the disorienting sounds of machinery, attack alarms and soldiers in lockstep blaring from the room ahead. A minute ago, you were some hipster after work, three beers in. But now you're wearing a jumpsuit and traversing what appears to be a massive spaceship.

You see marines in zero-G gear, a decontamination room and a massive recon vehicle, 20 feet tall, surrounded by dry ice. It's like something out of Alien. No, rather, this is Alien. Or more specifically, the Alien spinoff Prometheus. And you're starring in it. Your living movie has just begun.

The above describes an event last year thrown by Secret Cinema, an arm of Future Cinema, the company that calls itself a "live cinema." It's part of a trend of immersive experiences around the world. The goal is participation, and Hollywood is listening: anything that peels you away from Netflix, and gets you to pay more, tends to do that.

"I see it as riding the edge of culture," Future Cinema founder Fabien Riggall told Wired last year. He has since declined interview requests, for fear he's revealed too much — Secret Cinema generates buzz by keeping the films themselves secret, hence the name. But we've been. After buying a ticket online ($60 and up), you're sent mysterious instructions about where to go and what costume to wear, but nothing more.

Then, after entering, you realize the abandoned office building is a living Brazil, the 1940s theatre is Rick's Café from Casablanca and the broken-down school is Shawshank Prison — you roam the spaces while drinking, playing games and being approached by actors, who might send you on missions (or devour you, if it's Prometheus). Then you finally watch the movie in situ.

Prometheus earned the company $1.1 million US, beating out the local IMAX, and had the blessing of director Ridley Scott, who introduced the film, via video, and donated props (that recon vehicle was real). The company's Shawshank Redemption experience reportedly raked in $2.7 million US. Yeah, people paid to pretend to be in jail.

Despite its cool cred, Future Cinema wasn't the first to be so bold. That honour goes to Punchdrunk, a British theatre company around since 2000. Their current productions include Sleep No More, an interactive adaptation of Macbeth, in New York, and The Drowned Man, in London, in which you wander through several warehouse floors of a noirish Los Angeles — a living, breathing, sepia-toned Grand Theft Auto, where every fairground, movie studio and bedroom has been constructed to the finest detail.

"We want to almost place the audience in an atmosphere where they're witnessing living films," says Felix Barrett, Punchdrunk's artistic director. "When we're directing it, we talk about wide shots and close-ups and we encourage each of the performers to imagine that they're heroes of their own movie."

The result is a choose-your-own adventure: you could end up following the town drunk for an hour, as he gets kicked out of the local diner; or watch the narrative, an adaptation of Woyzeck, that trails from room to room — or end up at the bar, enjoying a burlesque performer and happily (or anxiously) missing the "real show."

"We want to make theatre dangerous again so that you're out of your comfort zone," Barrett says. (How dangerous? With all the dark corners, we couldn't help but ask if he's caught anyone ... you know, interacting. "Ahhhh, we've caught people red-handed," he says. "We've had people who think they're performing and the lines blur too deeply.")

What's next? Future Cinema is planning a worldwide expansion, having just attempted events in New York, London and Greece. And Barrett plans to take his fake world experience into the real one. Imagine this:

"You book a holiday. You get a date, a locker and a key for the airport and you open your locker and you find out where you're flying to. You're given one instruction — say a café to go to — and then the show has begun and it's a completely surreal world — and you don't know who is a performer and who isn't." You saw The Game. Now live it.

By the numbers

$2.1M

The amount Future Cinema reportedly made on its Shawshank Redemption event.

Three more live-the-movies

The zombie mall experience

Arrive at an abandoned mall in Reading, England, and — boom — the door slams shut. There's a zombie outbreak and it's up to you to stop it. Using real BB guns to shoot fake zombies, this has you living Dawn of the Dead. See zedevents.co.uk.

Second Screen Live

"Bring your iPad with you to the movie," reads a poster for Disney's re-release of The Little Mermaid. You can sing along and play games with help from the second screen. It's for film fans "open to the communal experience," and it worked well for The Nightmare Before Christmas.

The film location tour

See Amelie's apartment, The Motorcycle Diaries' motorcycle and the bookshop from Notting Hill, along with other film locations in New York, California, Italy, Peru, Scotland and Tokyo — 20 in total. The $300,000 US price tag includes round-trip airfare, hotels and guided tours. See veryfirstto.com.

NOW HIRING for UNIVERSITY STUDENT ONLY

Positions include:

- **Marketing internal planning team** – event planning, floor plan layout, sponsors coordinating
- **Promotional team**- selling tickets, Cashing out at 12:00 am event nights
- **Marketing management (supervisor)** - Clock in and clock out management, cash in and cash out management, daily ending report summary
- **Administrative assistant (Mandarin, Cantonese, Taiwanese, or Korean)** - Booking appointment for the managers, attending meetings as part of the vendor, record agenda minutes, consult daily ending summary report.

Please email resumes to: **infinitealadrianlam@live.com**

theatre for living (headlines theatre)
presents
Corporations in our Heads
BC/Alberta Tour
22 Communities between Oct 16 & Nov 30, 2013
Theatre for Living continues a 32-year legacy of innovation with a project about the corporate messages that live within our collective psyche.
Theatre without a net.
No actors.
No play.
No script.
Vancouver tour finale
Dec 4 to 8
at various venues across Metro Vancouver
Joked by: David Diamond
The event takes 2.5 to 3 hours.
For full schedule please visit:
theatreforliving.com
For more information call:
604.871.0508

THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 22 TO THURS., NOV. 28 TIMES ARE SUBJECT TO CHANGE.

OMNIMAX Theatre Science World 1455 Quebec St.

Flight of the Butterflies (STC) Fri 12-2 Sat-Sun 12-2-4 Mon-Thu 12-2
Pulse: A Stomp Odyssey (STC) Fri-Thu 1
Santa vs. The Snowman (STC) Sat-Thu 3
To the Arctic (G) Fri 3

Dunbar Theatre 4555 Dunbar Street

The Hunger Games: Catching Fire (PG) Fri 3:30-7-9:55 Sat-Sun 12:30-3:30-7-9:55

Mon-Thu 3:30-7-9:55

Fifth Avenue Cinemas 2110 Burrard Street

12 Years a Slave (14A) Fri-Thu 12:50-3:50-6:45-9:40
The Book Thief (PG) Fri-Thu 12:20-3:15-6:15-9:15
Gravity 3D (PG) Fri-Thu 1:15-4:20-7:15-9:50
The Hunger Games: Catching Fire (PG) Fri-Thu 12:30-3:40-6:50-10
Nebraska (PG) Fri-Thu 12:40-3:45-7-9:45

Pacific Cinémathèque 1131 Howe Street

Bajarí: Gypsy Barcelona (STC) Tue 8:45
Dream Team 1935 (STC) Tue 6:30
Eat Sleep Die (STC) Fri 6:30
The Exam (STC) Sun 6
The Giants (STC) Thu 8:20
God Loves Caviar (STC) Wed 8:30
Grand Central (STC) Sat 6:30
I'm an Old Communist Hag (STC) Mon 8:35
Jackie (STC) Thu 6:30
Love.net (STC) Mon 6:30
Natural Grace (STC) Sun 7:45
A Night Too Young (STC) Fri 8:30
Shifting the Blame (STC) Wed 6:30
Weddings and Other Disasters (STC) Sat 8:25

Park Theatre 3440 Cambie Street

Philomena (PG) Fri 4:20-6:50-9:20 Sat 2-4:20-6:50-9:20 Sun 2-4:20-6:50-9:10 Mon-Thu 4:20-6:50-9:10

Rio on Broadway 1660 E. Broadway

Concussion (14A) Fri 5 Sat 1:30 Tue 9:30
The Disaster Artist - My Life Inside The Room, The Greatest Bad Movie Ever Made (STC) Fri 8
Heathers (STC) Fri 11
No Films Showing Today (STC) Mon Wed-Thu
Reel Recovery Film Festival (STC) Sun 1:30-3:45-5-6:30-7:45-10

Scotiabank Theatre Vancouver 900 Burrard St.

Die Hard (18A) Thu 7
Ender's Game (PG) Fri 1:15-4-6:55-9:50 Sat 4-6:55-9:50 Sun 1:15-4-6:55-9:50 Mon 1:20-4-6:45-9:35 Tue 1:20-4-6:45-9:45 Wed 1:20-4-6:45-9:35 Thu 1:20-4-10:05
Gravity 3D (PG) Fri 12:35-2:50-5:10-7:35-10 Sat 1:40-5:10-7:35-10 Sun 12:35-2:50-5:10-7:35-10 Mon 1:10-3:35-5:45-8:05-10:30 Tue 12:35-2:50-5:10-7:35-10 Wed-Thu 1:10-3:35-5:45-8:05-10:30
The Hunger Games: Catching Fire (PG) Fri 12-1:35-3:15-4:50-6:30-8:10-9:45 Sat 10:50-12-1:35-3:15-4:50-6:30-8:10-9:45 Sun 12-1:35-3:15-4:50-6:30-8:10-9:45 Mon 1:25-3:05-4:50-6:25-8:10-9:45 Tue 12-1:35-3:10-4:50-6:25-8:10-9:40 Wed-Thu 1:25-3:05-4:50-6:25-8:10-9:45 Fri 1:10-4:25-7:40-10:55 Sat 10-1:10-4:25-7:40-10:55 Sun 1:10-4:25-7:40-10:55 Mon-Thu 1-4:15-7:30-10:45 Fri-Sun 12:30-3:45-7-10:15 Mon 12:25-3:40-6:55-10:15 Tue 12:25-3:35-6:50-10:05 Wed-Thu 12:25-3:40-6:55-10:15
The Metropolitan Opera: The Nose - Encore (STC) Sat 9
Oldboy (18A) Fri-Sun 12:15-2:45-5:20-8-10:40 Mon 1:50-4:35-7:15-10 Tue 1:50-4:35-7:15-9:55 Wed-Thu 1:50-4:35-7:15-10
Thor: The Dark World (PG) Fri 1:20-4:20 Sat 11-1:20-4:20 Sun 1:20-4:20 Mon-Thu 1:40-4:30
Thor: The Dark World 3D (PG) Fri-Sun 1:55-5-7:20-7:55-10:10-10:50 Mon-Thu 2:10-5-7:20-7:50-10:10-10:40

Vancity Theatre Vancouver International Film Centre 1181 Seymour Street

After Tiller (STC) Fri-Sat 8:45
Broken City (14A) Fri-Sat 6:30 Sun-Mon 8:30 Wed-Thu 8:30
The Ladykillers (STC) Tue 7:30
A People Uncounted (STC) Sun-Mon 6:30 Wed-Thu 6:30

Vancouver Aquarium 4D Experience Theatre 845 Avison Way

Ice Age: A Mammoth Christmas 4D (STC) Fri 11:15-12:15-1:15-2:15-3:15-4:15 Sat-Sun 11:15-11:45-12:15-12:45-1:15-1:45-2:15-2:45-3:15-3:45-4:15 Mon-Thu 11:15-12:15-1:15-2:15-3:15-4:15

Esplanade 6 200 West Esplanade

The Book Thief (PG) Digital Presentation, Dolby Stereo Digital, Fri 6:30-9:30 Digital Presentation, Dolby Stereo Digital, Sat-Sun 12:30-3:30-6:30-9:30 Digital Presentation, Dolby Stereo Digital, Mon-Thu 6:30-9:30
Frozen (G) Digital Presentation, Dolby Stereo Digital, Fri 7 Digital Presentation, Dolby Stereo Digital, Sat-Sun 1:15-4-7 Digital Presentation, Dolby Stereo Digital, Mon-Thu 7
Frozen 3D (STC) Digital Presentation, Dolby Stereo Digital, Fri 6:40-9:20 Digital Presentation, Dolby Stereo Digital, Sat-Sun 12:45-3:45-6:40-9:20 Digital Presentation, Dolby Stereo Digital, Mon-Thu 6:40-9:20
Gravity 3D (PG) Digital Presentation, Dolby Stereo Digital Fri-Thu 9:45
Homefront (14A) Digital Presentation, Dolby Stereo Digital, Fri 6:35-9:15 Digital Presentation, Dolby Stereo Digital, Sat-Sun 12:50-3:20-6:35-9:15 Digital Presentation, Dolby Stereo Digital, Mon-Thu 6:35-9:15
Oldboy (18A) Digital Presentation, Dolby Stereo Digital, Fri 6:50-9:40 Digital Presentation, Dolby Stereo Digital, Sat-Sun 1-3:50-6:50-9:40 Digital Presentation, Dolby Stereo Digital, Mon-Thu 6:50-9:40
Thor: The Dark World (PG) Digital Presentation, Dolby Stereo Digital Fri 6:45 Digital Presentation, Dolby Stereo Digital Sat-Sun 12:40-6:45 Digital Presentation, Dolby Stereo Digital Mon-Thu 6:45
Thor: The Dark World 3D (PG) Digital Presentation, Dolby Stereo Digital Fri 9:35 Digital Presentation, Dolby Stereo Digital Sat-Sun 3:40-9:35 Digital Presentation, Dolby Stereo Digital Mon-Thu 9:35

Park & Tilford 333 Brooksbank Ave.

12 Years a Slave (14A) Fri 7:10-10:10 Sat-Sun 12:20-3:30-6:45-9:55 Mon-Thu 7:10-10:10
Captain Phillips (PG) Fri 9:55 Sat-Sun 9:50 Mon-Thu 9:55
Delivery Man (PG) Fri 7:20-9:45 Sat 11:40-2:10-4:50-7:30-10:10 Sun 2:10-4:50-7:30-10:10 Mon-Thu 7:20-9:45
Free Birds (G) Sat-Sun 12:45
Free Birds 3D (G) Fri 7 Sat-Sun 3-5:15-7:20 Mon-Thu 7
The Hunger Games: Catching Fire (PG) Fri 6:15-6:45-9:30-10 Sat 11:30-12:30-2:45-3:45-6:15-7-9:30-10:15 Sun 12:30-2:45-3:45-6:15-7-9:30-10:15 Mon-Thu 6:15-6:45-9:30-10 Star & Strollers Screening, Thu 1
Philomena (PG) Fri 7:15-9:40 Sat 11:35-2-4:30-7-9:40 Sun 2-4:30-7-9:40 Mon-Thu 7:15-9:40 Star & Strollers Screening Thu 1

SilverCity Riverport 14211 Entertainment Way

12 Years a Slave (14A) Fri-Sat 12:45-4-7:10-10:20 Sun 4:10-7:20-10:30 Mon 12:45-4:05-7:10-10:20 Tue 12:45-4-7:10-10:20 Wed-Thu 12:45-4:05-7:10-10:20
About Time (PG) Fri-Sun 9:35 Mon 9:15 Tue 9:35 Wed-Thu 9:15
The Book Thief (PG) Fri-Sun 12:45-3:50-7-10:05 Mon 12:45-3:50-7:05-10:05 Tue 12:45-3:50-7-10:05 Wed 12:45-3:50-7:05-10:05 Thu 4-7:05-10:05 Star & Strollers Screening Thu 1
Captain Phillips (PG) Fri-Sun 1:15-4:20-7:20-10:30 Mon 12:55-4-7-10 Tue 1:15-4:20-7:20-10:30 Wed-Thu 12:55-4-7-10
Cloudy With a Chance of Meatballs 2 (G) Fri 12:05 Sat 10:15-12:05 Sun 12:05 Mon 1:25 Tue 12:05 Wed-Thu 1:25
Cloudy With a Chance of Meatballs 2 3D (G) Fri-Sun 2:25-4:45 Mon 3:55 Tue 2:25-4:45 Wed-Thu 3:55
Dallas Buyers Club (14A) Fri 1:25-4:25-7:15-10:10 Sat 10:20-1:25-4:25-7:15-10:10 Sun-Wed 1:25-4:25-7:15-10:10 Thu 4:25-7:15-10:10 Star & Strollers Screening Thu 1
Delivery Man (PG) Fri-Sun 12:10-2:45-5:20-8:05-10:40 Mon 2-4:35-7:25-10:15 Tue 12:10-2:45-5:20-8:05-10:40 Wed-Thu 2-4:35-7:25-10:15
Die Hard (18A) Thu 7
Ender's Game (PG) Fri-Thu 9:55
Free Birds (G) Fri 12:50 Sat 11-12:50 Sun-Thu 12:50
Free Birds 3D (G) Fri 3:05-5:25-7:40 Sat 10:30-3:05-5:25-7:40 Sun 3:05-5:25-7:40 Mon 3:10-5:25-7:40 Tue 3:05-5:25-7:40 Wed-Thu 3:10-5:25-7:40
Frozen (G) Fri 1:35-4:15-6:50 Sat 10-10:45-1:35-4:15-6:50 Sun 1:35-4:15-6:50 Mon 1:15-3:55-6:30 Tue 1:35-4:15-6:50 Wed-Thu 1:15-3:55-6:30
Frozen 3D (STC) Fri 12-2:35-5:15-7:50-10:25 Sat 9:15-12-2:35-5:15-7:50-10:25 Sun 12-2:35-5:15-7:50-10:25 Mon 2:15-4:55-7:35-10:20 Tue 12-2:35-5:15-7:50-10:25 Wed-Thu 2:15-4:55-7:35-10:20
Gravity 3D (PG) Fri 12:55-3:25-5:50-8:15-10:35 Sat 10:25-12:55-3:25-5:50-8:15-10:35 Sun 12:55-3:25-5:50-8:15-10:35 Mon 12:35-2:55-5:20-7:55-10:15 Tue 12:55-3:25-5:50-8:15-10:35 Wed-Thu 12:35-2:55-5:20-7:55-10:15
Homefront (14A) Fri-Sun 12:40-3:10-5:45-8:20-10:55 Mon 12:30-3-5:30-8:05-10:30 Tue 12:40-3:10-5:45-8:20-10:55 Wed-Thu 12:30-3-5:30-8:05-10:30
How to Train Your Dragon (G) Sat 11
The Hunger Games: Catching Fire (PG) Fri-Sun 12:30-2-3:45-5:15-7-8:30-10:15 Mon 1:40-2:50-4:50-6-8-9:10 Tue 12:30-2-3:45-5:15-7-8:30-10:15 Wed-Thu 1:40-2:50-4:50-6-8-9:10 Fri 1-4:15-7:30-10:45 Sat 9:45-1-4:15-7:30-10:45 Sun 1-4:15-7:30-10:45 Mon 1-4:10-7:20-10:30 Tue 1-4:15-7:30-10:45 Wed-Thu 1-4:10-7:20-10:30
The Hunger Games: Catching Fire — The IMAX Experience (PG) Fri-Sun 12:05-3:15-6:30-9:45 Mon 12:30-3:40-6:50-10 Tue 12:05-3:15-6:30-9:45 Wed-Thu 12:30-3:40-6:50-10
The Metropolitan Opera: The Nose - Encore (STC) Sat 9
Oldboy (18A) Fri-Sun 12:15-2:50-5:30-8:10-10:50 Mon 2:05-4:45-7:30-10:05 Tue 12:15-2:50-5:30-8:10-10:50 Wed 2:05-4:45-7:30-10:05 Thu 1:15-3:55-7:30-10:05
Philomena (PG) Fri-Sun 12-2:30-5-7:30-10 Mon 12:40-3:05-5:25-7:45-10:10 Tue 12-2:30-5-7:30-10 Wed-Thu 12:40-3:05-5:25-7:45-10:10
Pipes & Sticks on Route 66 (PG) Sun 12:30
Ram-Leela (PG) Fri-Sun 7:05-10:25 Mon 6:15-9:40 Tue 7:05-10:25 Wed-Thu 6:15-9:40
Thor: The Dark World (PG) Fri 1:20-4:10 Sat 10:30-1:20-4:10 Sun 1:20-4:10 Mon 12:50-3:45 Tue 1:20-4:10 Wed-Thu 12:50-3:45
Thor: The Dark World 3D (PG) Fri-Sun 2:20-5:10-6:55-8-9:50-10:50 Mon 1:50-4:40-6:35-7:35-9:25-10:25 Tue 2:20-5:10-6:55-8-9:50-10:50 Wed 1:50-4:40-6:35-7:35-9:25-10:25 Thu 1:50-4:40-6:35-9:25-10:25

Dolphin Cinemas 4555 E. Hastings St.

Frozen (G) Fri 5-7:10-9:25 Sat-Sun 12:30-2:45-5-7:10-9:25 Mon-Thu 5-7:10-9:25
The Hunger Games: Catching Fire (PG) Fri 3:30-6:30-9:30 Sat-Sun 12:30-3:30-6:30-9:30 Mon-Thu 3:30-6:30-9:30

SilverCity Metropolis 4700 Kingsway Ave.

Delivery Man (PG) Fri 12:10-2:45-5:20-8-10:35 Sat 2:45-5:20-8-10:35 Sun 11:40-2:15-4:50-7:30-10:05 Mon-Thu 12:05-2:30-5:10-7:40-10:20
Frozen (G) Fri 1:30-4:10-6:50 Sat 11-1:30-4:10-6:50 Sun 1-3:40-6:20 Mon-Thu 1:35-4:20-6:50
Frozen 3D (STC) Fri-Sat 12:05-2:35-5:15-7:50-10:25 Sun 11:35-2:05-4:45-7:20-9:55 Mon-Thu 12-2:35-5:20-7:50-10:25
Gravity 3D (PG) Fri-Sat 12:25-2:55-5:10-7:35-9:55 Sun 12:35-2:50-5:10-7:25-9:40 Mon-Thu 12:30-2:45-5-7:20-9:40
Homefront (14A) Fri 12:35-3-5:25-7:55-10:20 Sat 12:45-3:05-5:25-7:55-10:20 Sun 12:05-2:30-4:55-7:25-9:50 Mon-Thu 12:15-2:40-5:05-7:35-10:05
How to Train Your Dragon (G) Sat 11
The Hunger Games: Catching Fire (PG) Fri-Sun 12:30-3:45-7-10:15 Mon-Thu 12:25-3:40-6:55-10:10 Fri 12-3:15-6:30-9:45 Sat 11:05-12-3:15-6:30-9:45 Sun 12-3:15-6:30-9:45 Mon-Thu 12:05-3:20-6:35-9:50 Fri-Sat 1-4:15-7:30-10:45 Sun 11:30-2:45-6-9:15 Mon-Thu 12:45-4-7:15-10:30
Oldboy (18A) Fri-Sat 12:15-2:50-5:30-8:05-10:40 Sun 11:45-2:20-5-7:35-10:10 Mon-Thu 12:20-2:50-5:15-7:45-10:15
Thor: The Dark World (PG) Fri-Sat 2:10-9:40 Sun 1:40-9:10 Mon-Thu 1:55-9:25
Thor: The Dark World 3D (PG) Fri-Sat 4:55-7:40-10:30 Sun 4:25-7:10-10 Mon-Thu 4:40-7:25-10:10

SilverCity Coquitlam

170 Schoolhouse Street

12 Years a Slave (14A) Fri-Sat 12:30-3:35-6:45-9:55 Sun 4:15-7:20-10:30 Mon 12:40-3:40-6:45-9:55 Tue 12:30-3:35-6:45-9:55 Wed-Thu 12:40-3:40-6:45-9:55 Fri-Sun 1:55-5:10-8:30 Mon 5:45-9 Tue 1:55-5:10-8:30 Wed-Thu 5:45-9
The Book Thief (PG) Fri-Sun 12:55-3:55-7:05-10:10 Mon 12:55-3:55-7-10:05 Tue 12:55-3:55-7:05-10:10 Wed 3:55-7-10:05 Thu 12:55-3:55-7-10:05 Fri-Sun 1-4:10-7:20-10:30 Mon 4:10-7:20-10:30 Tue 1-4:10-7:20-10:30 Wed-Thu 4:10-7:20-10:30 Star & Strollers Screening Wed 1
Captain Phillips (PG) Fri-Thu 9:30
Dallas Buyers Club (14A) Fri-Sun 1:35-4:25-7:15-10:05 Mon 1:35-4:25-7:10-10 Tue 1:35-4:25-7:15-10:05 Wed 4:25-7:10-10 Thu 1:35-4:25-7:10-10 Star & Strollers Screening Wed 1
Delivery Man (PG) Fri-Sun 12:10-2:45-5:20-8-10:40 Mon 2-4:35-7:35-10:20 Tue 12:10-2:45-5:20-8-10:40 Wed-Thu 2-4:35-7:35-10:20
Free Birds (G) Fri-Sun 12:25-2:40 Mon 2:40 Tue 12:25-2:40 Wed-Thu 2:40
Free Birds 3D (G) Fri-Thu 5-7:25
Frozen (G) Fri 1:15-4-6:50 Sat 11:10-1:15-4-6:50 Sun-Thu 1:15-4-6:50
Frozen 3D (STC) Fri-Sat 12-2:35-5:15-7:50-10:30 Sun 12:30 Mon 2:10-4:50-7:30-10:10 Tue 12-2:35-5:15-7:50-10:30 Wed-Thu 2:10-4:50-7:30-10:10 Sun 2:35-5:15-7:50-10:30
Gravity 3D (PG) Fri-Sat 12:35-3-5:25-7:45-10:15 Sun 3:10-5:25-7:45-10:15 Mon 12:50-3:05-10:05 Tue 12:35-3-5:25-7:45-10:15 Wed-Thu 12:50-3:05-5:25-7:45-10:15 Sun 12:15
Homefront (14A) Fri-Sun 12:40-3:10-5:45-8:20-10:55 Mon 2:20-5:15-7:55-10:30 Tue 12:40-3:10-5:45-8:20-10:55 Wed-Thu 2:20-5:15-7:55-10:30
How to Train Your Dragon (G) Sat 11
The Hunger Games: Catching Fire (PG) Fri-Sat 1:50-5:10-8:30 Sun 12:20-2:15-3:40-5:35-7-9-10:20 Mon 1:45-2:45-5-6-8:15-9:15 Tue 1:50-5:10-8:30 Wed-Thu 1:45-5-8:15 Fri-Sat 12:20-3:40-7-10:20 Mon 3:30-5:10-6:50-8:30-10:10 Tue 12:20-3:40-7-10:20 Wed-Thu 2:45-6-9:15 Fri-Sun 12-2:25-3:20-5:50-6:45-9:15-10:10 Mon 12:45-4-7:15-10:30 Tue 12-2:25-3:20-5:50-6:45-9:15-10:10 Wed-Thu 3:30-5:10-6:50-8:30-10:10 Fri-Sun 12:50-4:10-7:30-10:50 Tue 12:50-4:10-7:30-10:50 Wed-Thu 12:45-4-7:15-10:30
Last Vegas (PG) Fri-Thu 9:40
The Metropolitan Opera: The Nose - Encore (STC) Sat 9
Oldboy (18A) Fri-Sun 12:15-2:50-5:30-8:10-10:50 Mon 2:30-5:10-7:50-10:25 Tue 12:15-2:50-5:30-8:10-10:50 Wed-Thu 2:30-5:10-7:50-10:25

NEED A CAR, BUT CAN'T GET CREDIT?
EZautoloan123.COM
Why?
- 1200 Vehicles to choose from
- New GM Vehicles
- All-Make pre-owned vehicles

Who
- New immigrants
- Foreign students
- Nine-sin
- Divorce
- Bankruptcy

CALL RALPH: 778-908-1599
EZautoloan123.COM
A division of Dueck Auto Group. Since 1926.

SECURITY GUARDS
Concord Security is looking for experienced and professional Security Guards with valid BC Security Licenses for its high profile sites across the Lower Mainland. Must have security experience or 1-2 years customer service experience.
Send Resumes to recruiting@concordsecurity.com and Quote 'MT-1013' in the subject heading.
Don't have a Security License?
Take your Basic Security Training (BST) or AST at our Concord Career Centre.
CONCORDSECURITY.COM
CONCORD SECURITY
we do more
Good Wages and Benefits
Flexible Hours
Great Team Atmosphere

SilverCity Coquitlam
170 Schoolhouse Street

Philomena (PG) Fri-Sun 12-2:25-4:50-7:20-9:50 Mon 2:25-4:50-7:20-9:50 Tue 12-2:25-4:50-7:20-9:50 Wed-Thu 2:25-4:50-7:20-9:50
Pipes & Sticks on Route 66 (PG) Sun 12:30
Thor: The Dark World (PG) Fri-Sun 1:45 Mon 1:20 Tue 1:45 Wed-Thu 1:20
Thor: The Dark World 3D (PG) Fri-Sun 4:40-7:40-10:35 Mon 4:10-7:05-10 Tue 4:40-7:40-10:35 Wed-Thu 4:10-7:05-10 Fri-Sun 1:30-4:40-7:50-10:50 Mon 4:40-7:40-10:30 Tue 1:30-4:40-7:50-10:50 Wed-Thu 4:40-7:40-10:30

Clova
5732-176th St., Surrey

Frozen (G) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey

About Time (PG) Fri-Thu 6:30
Captain Phillips (PG) Fri-Thu 9
Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 4:30
Cloudy With a Chance of Meatballs 2 3D (G) Fri 6:30 Sat-Sun 12:30-2:30-6:30 Mon-Thu 6:30
Ender's Game (PG) Fri 9:20 Sat-Sun 2:40-9:20 Mon-Thu 9:20
Free Birds (G) Sat-Sun 12:30-2:30
Free Birds 3D (G) Fri-Thu 4:30
Gravity 3D (PG) Fri-Thu 8:30
Last Vegas (PG) Fri 7:10 Sat-Sun 12:30-7:10 Mon-Thu 7:10
Percy Jackson: Sea of Monsters (PG) Fri-Thu 5

Strawberry Hill Grande
12161-72nd Ave, Surrey

Bhaji in Problem (G) Fri-Thu 1:05-4-7:10-10:05
Bullett Raja (14A) Fri-Thu 2-6-9
Delivery Man (PG) Fri-Sun 12:10-2:40-5:20-8-10:30 Mon-Thu 2:40-5:20-8-10:30
Frozen (G) Fri 1:35-4:15-6:50 Sat 11-1:35-4:15-6:50 Sun-Tue 1:35-4:15-6:50 Wed 4:15-6:50 Thu 1:35-4:15-6:50 Star & Strollers Screening, Wed 1
Frozen 3D (STC) Fri-Sun 12-2:35-5:10-7:45-10:25 Mon-Thu 2:35-5:10-7:45-10:25
Gori Tere Pyaar Mein (PG) Fri-Sun 12:15-3:35-6:55-10:10 Mon-Thu 12:30-3:50-7:10-10:30
Homefront (14A) Fri-Sun 12:40-3:10-5:45-8:10-10:45 Mon-Tue 12:40-3:05-5:30-7:55-10:20 Wed 5:30-7:55-10:20 Thu 12:40-3:05-5:30-7:55-10:20 Star & Strollers Screening Wed 1
How to Train Your Dragon (G) Sat 11
The Hunger Games: Catching Fire (PG) Fri-Sun 1-4:10-7:30-10:40 Mon-Thu 1-4:10-7:25-10:35 Fri-Sun 12:30-3:45-7-9:45-10:15 Mon-Thu 12:35-3:45-7-9:45-10:15
Ram-Leela (PG) Fri-Thu 1:25-5:40-9:15
Singh Saab the Great (PG) Fri-Thu 1:30-5-8:30
Thor: The Dark World (PG) Fri-Thu 2:20
Thor: The Dark World 3D (PG) Fri-Sun 5:10-8-10:50 Mon-Thu 5:05-7:50-10:35

Studio 12 Guildford
15051-101st Ave, Surrey

Bhaji in Problem (G) Dolby Stereo Digital, Stadium Seating Fri 3:50-7:10-10 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:05-3:50-7:10-10 Dolby Stereo Digital, Stadium Seating Mon 7:10-10 Dolby Stereo Digital, Stadium Seating Tue 3:50-7:10-10 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:10-10
The Book Thief (PG) Dolby Stereo Digital, Stadium Seating Fri 3:40-6:35-9:35 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:45-3:40-6:35-9:35 Dolby Stereo Digital, Stadium Seating Mon 6:35-9:35 Dolby Stereo Digital, Stadium Seating Tue 3:40-6:35-9:35 Dolby Stereo Digital, Stadium Seating Wed-Thu 6:35-9:35
Bullett Raja (14A) Dolby Stereo Digital, Stadium Seating Fri 3:45-6:50-9:55 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:40-3:45-6:50-9:55 Dolby Stereo Digital, Stadium Seating Mon 6:50-9:55 Dolby Stereo Digital, Stadium Seating Tue 3:45-6:50-9:55 Dolby Stereo Digital, Stadium Seating Wed-Thu 6:50-9:55
Delivery Man (PG) Dolby Stereo Digital, Stadium Seating Fri 4:30-7:15-10:15 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:15-4:30-7:15-10:15 Dolby Stereo Digital, Stadium Seating Mon 7:15-10:15 Dolby Stereo Digital, Stadium Seating Tue 4:30-7:15-10:15 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:15-10:15
Frozen (G) Dolby Stereo Digital, Stadium Seating Fri-Sun 4:10-9:30 Dolby Stereo Digital, Stadium Seating Mon 9:30 Dolby Stereo Digital, Stadium Seating Tue 4:10-9:30 Dolby Stereo Digital, Stadium Seating Wed-Thu 9:30
Frozen 3D (STC) Dolby Stereo Digital, Stadium Seating Fri 6:45 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:30-6:45 Dolby Stereo Digital, Stadium Seating Mon-Thu 6:45
Homefront (14A) Dolby Stereo Digital, Stadium Seating Fri 4:05-6:50-9:50 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:10-4:05-6:50-9:50 Dolby Stereo Digital, Stadium Seating Mon 6:50-9:50 Dolby Stereo Digital, Stadium Seating Tue 4:05-6:50-9:50 Dolby Stereo Digital, Stadium Seating Wed-Thu 6:50-9:50
The Hunger Games: Catching Fire (PG) Dolby Stereo Digital, Stadium Seating Fri 3:30-4-4:30-6:30-7-9:15-9:45 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:50-1:20-3:30-4-4:30-6:30-7-9:15-9:45 Dolby Stereo Digital, Stadium Seating Mon 6:30-7-9:15-9:45 Dolby Stereo Digital, Stadium Seating Tue 3:30-4-4:30-6:30-7-9:15-9:45 Dolby Stereo Digital, Stadium Seating Wed-Thu 6:30-7-9:15-9:45
Oldboy (18A) Dolby Stereo Digital, Stadium Seating Fri 4:35-7:25-10:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:40-4:35-7:25-10:10 Dolby Stereo Digital, Stadium Seating Mon 7:25-10:10 Dolby Stereo Digital, Stadium Seating Tue 4:35-7:25-10:10 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:25-10:10
Ram-Leela (PG) Dolby Stereo Digital, Stadium Seating Fri 4:20-7:40 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:55-4:20-7:40 Dolby Stereo Digital, Stadium Seating Mon 7:40 Dolby Stereo Digital, Stadium Seating Tue 4:20-7:40 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:40
Singh Saab the Great (PG) Dolby Stereo Digital, Stadium Seating Fri 4:15-7:30 Dolby Stereo Digital, Stadium Seating Sat-Sun 1-4:15-7:30 Dolby Stereo Digital, Stadium Seating Mon 7:30 Dolby Stereo Digital, Stadium Seating Tue 4:15-7:30 Dolby Stereo Digital, Stadium Seating Wed-Thu 7:30
Thor: The Dark World (PG) Dolby Stereo Digital, Stadium Seating Fri 7:20 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:35-7:20 Dolby Stereo Digital, Stadium Seating Mon-Thu 7:20
Thor: The Dark World 3D (PG) Dolby Stereo Digital, Stadium Seating Fri-Sun 4:25-10:05 Dolby Stereo Digital, Stadium Seating Mon 10:05 Dolby Stereo Digital, Stadium Seating Tue 4:25-10:05 Dolby Stereo Digital, Stadium Seating Wed-Thu 10:05

Rialto
1732-152nd Street, White Rock

12 Years a Slave (14A) Fri 7-9:20 Sat-Sun 2-7-9:20 Mon-Thu 7-9:20
Philomena (PG) Fri 7:10-9 Sat-Sun 2:10-7:10-9 Mon-Thu 7:10-9

Criterion 4 White Rock
2381 King George Highway

The Book Thief (PG) Fri 7-9:40 Sat-Sun 2:10-7-9:40 Mon-Thu 7-9:40
Delivery Man (PG) Fri 7:30-9:45 Sat-Sun 2:30-7:30-9:45 Mon-Thu 7:30-9:45
Frozen (G) Fri 7:15-9:30 Sat-Sun 2:20-7:15-9:30 Mon-Thu 7:15-9:30
The Hunger Games: Catching Fire (PG) Fri 6:45-9:35 Sat-Sun 2-6:45-9:35 Mon-Thu 6:45-9:35

Colossus Langley
20090-91A Ave, Langley

12 Years a Slave (14A) Fri-Sun 12:35-3:55-7:10-10:15 Mon-Thu 4:05-7:05-10:20 The Book Thief (PG) Fri-Sun 1-4:05-7:20-10:20 Mon-Tue 4-7:15-10:15 Wed 7:15-10:15 Thu 4-7:15-10:15 Star & Strollers Screening Wed 3
Captain Phillips (PG) Fri-Sun 4:20-7:35-10:40 Mon-Thu 7-10:25
Cloudy With a Chance of Meatballs 2 (G) Fri 1:30 Sat 11:05-1:30 Sun 1:30 Mon-Thu 4:10
Dallas Buyers Club (14A) Fri-Sun 1:25-4:25-7:25-10:25 Mon-Thu 4:30-7:40-10:35
Delivery Man (PG) Fri-Sun 12:10-2:40-5:20-8:05-10:45 Mon-Tue 4:40-7:25-10:05 Wed 7:25-10:05 Thu 4:40-7:25-10:05 Star & Strollers Screening Wed 3
Die Hard (18A) Thu 7
Ender's Game (PG) Fri-Sun 10:35 Mon-Thu 10:20 Free Birds (G) Fri 1:15 Sat 11-1:15 Sun 1:15 Mon-Thu 4:35
Free Birds 3D (G) Fri-Sun 3:30-5:45-7:55 Mon-Thu 7:20
Frozen (G) Fri 1:20-4:15-7 Sat 11-1:20-4:15-7 Sun 1:20-4:15-7 Mon-Thu 4:05-6:45
Frozen 3D (STC) Fri 12-2:35-5:15-7:50-10:25 Sat 11:30-12-2:35-5:15-7:50-10:25 Sun 12-2:35-5:15-7:50-10:25 Mon-Thu 4:25-7:15-9:55
Gravity 3D (PG) Fri-Sun 1:10-3:35-5:50-8:15-10:35 Mon-Thu 4:45-7:35-10
Homefront (14A) Fri-Sun 12:40-3:10-5:45-8:20-10:55 Mon-Thu 4:40-7:30-10:10
How to Train Your Dragon (G) Sat 11
The Hunger Games: Catching Fire (PG) Fri-Sun 2-5:15-8:30 Mon-Thu 5:15-8:30 Fri 12:05-2:45-3:15-6-6:30-9:15-9:45 Sat 11:30-12:05-2:45-3:15-6-6:30-9:15-9:45 Sun 12:05-2:45-3:15-6-6:30-9:15-9:45 Mon-Thu 5:45-6:15-9-9:30 Fri-Sun 1:15-4:30-7:45-11 Mon-Thu 4:15-7:30-10:45
The Hunger Games: Catching Fire — The IMAX Experience (PG) Fri-Sun 12:45-4-7:15-10:30 Mon-Thu 4-7:05-10:15
Jackass Presents: Bad Grandpa (14A) Fri-Sun 10:45 Mon-Thu 10:30
The Metropolitan Opera: The Nose - Encore (STC) Sat 9
Oldboy (18A) Fri-Sun 12:15-2:50-5:30-8:10-10:50 Mon-Thu 5-7:50-10:40
Philomena (PG) Fri-Sun 12-2:30-5-7:30-10 Mon-Thu 4:55-7:40-10:25
Pipes & Sticks on Route 66 (PG) Sun 12:30
Thor: The Dark World (PG) Fri-Sat 1:20-4:10-7-9:50 Sun 4:10-7-9:50 Mon-Wed 4:20-7:10-10 Thu 4:20-10
Thor: The Dark World 3D (PG) Fri-Sun 2:20-5:10-8-10:55 Mon-Thu 4:50-7:45-10:30

2.25%
It's a good day to start saving.

Earn 2.25% interest* until January 31, 2014 on new deposits combined across any of these accounts:

- Interest Plus™ savings account
- no fee bank account

Call 1-888-236-6315, drop by an in-store pavilion, or visit pcfinancial.ca/greatrate for details.

President's Choice FINANCIAL

That's just good banking.

*How it works: To participate in the offer, you must enroll during the offer period by calling 1-888-236-6315 or by speaking to a representative at a President's Choice Financial® pavilion or hub. Offer Period: November 1, 2013 to January 31, 2014. Interest First® savings account is also eligible for this offer. Ask for details. The promotional interest rate of 2.25% (the "Promotional Rate") is a combination of the regular annual interest rate on an eligible account, plus promotional interest ("Promotional Interest") paid during the offer period. The Promotional Rate will be calculated during the offer period on the portion of aggregate average daily closing balances across all of a primary account holder's eligible accounts which exceed the aggregate closing balance across the primary account holder's aggregate eligible account(s) closing balance, if any, on October 31, 2013 (the "Additional Balance"). Promotional interest will be paid in February 2014 into a single eligible account held by a primary account holder. The current regular rate is calculated on the full daily closing balance of eligible account and paid monthly. Rates may change at any time. Offer is non-transferable, cannot be combined with other promotional rate offers, and may be changed or cancelled at any time. Other conditions and restrictions apply. Visit pcfinancial.ca/greatrate for the full terms and conditions of this offer and for more information, including current rates, visit www.pcfinancial.ca, speak to a representative at a President's Choice Financial pavilion or hub, or call 1-888-236-6315. ®/™ PC, PC Financial, President's Choice, President's Choice Financial, Interest First and Interest Plus are trademarks of Loblaws Inc. CIBC is a licensee of the marks. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Star Wars fans find a new hope at casting call

Lining up in London. U.K. hopefuls had their chance to impress on the weekend, most left with dreams dashed

KIERON MONKS
Metro World News in London

A group of hopeful drama students wait in line for an open Star Wars casting call on Sunday. KIERON MONKS/METRO

To a rugby stadium far, far away they flew in their masses, bright-eyed and buzzing with the opportunity before them, to achieve immortality by landing a part in the most successful film franchise ever. When Star Wars auditions beamed down to a drab southwest London suburb — on a frozen morning, this past Sunday — true believers answered the call.

They needed belief to respond to a brief demanding "beautiful, smart and athletic" characters; a girl to play a 17-18-year-old, and a boy 19-23. A casting spokesperson had starkly re-enforced the message, "If you don't fit the brief don't come — you're ruining it for others."

But semi-rational hope — and the knowledge that Luke Skywalker himself, Mark Hamill, had been cast as an unknown — ensured that queues stretched around Twickenham Stadium when the audition tents opened at 11 a.m. They had grown to several thousand since the earliest arrivals before 6 a.m.

Tension built toward the front, a hotbed of motivational psychology. "I feel I meet the brief enough to give it a shot," says Nathan Maccauley, a student originally from San Francisco. He had identified a "competitive vibe", but felt that his knowledge of the series could provide an edge. "It's full of strong characters that stay true to themselves when they are pulled in different directions."

The competition was shown when dancer Freddy crashes our interview, bouncing with the nervous energy of a caffeine rush. "I'm doing this to challenge myself," she says. "I normally do theatre and music videos, but I'll do anything. I'm not fazed."

Further back, later arrivals had been herded into a pen. "It took three trains to get here," explains Colby, a musician with teeth filed to vampire points. A lifelong Star Wars fan, he said that bounty hunter Boba Fett was the best character in the series as subtle acting was "drowned" by the special effects.

Journey times ran into days and the queue demanded several hours, but applicants passed through the blue audition tents in minutes. "They just asked me my age and what experience I had, but it was all about looks," an unsuccessful boy said bitterly, adding that no refreshments or toilet facilities had been provided during his ordeal — Hollywood glamour in short supply.

By 1 p.m., cynicism had spread through the ranks of the rejected. "This might just be a publicity stunt," said Oliver, one of four drama students sitting in camping chairs pitched by the entrance. But then a text revealed that two friends had passed to a second stage reading, and a new hope spread among the faithful.

Quoted

"They just asked me my age and what experience I had, but it was all about looks."

A bitter and unsuccessful applicant at London's open casting call for the new Star Wars film

THIS BLACK FRIDAY, GO RED.

Virgin Mobile Members get hot hook-ups, like smartphones from $0 and double the data on select plans, with all the benefits of being a Member. Black Friday weekend only from Nov. 29 – Dec. 2. Are you missing out?

GET EXCLUSIVE MEMBER ACCESS & DEALS FROM OUR AWESOME PARTNERS

H&M CINEPLEX Foot Locker

virginmobile.ca/blackfriday

Order online at virginmobile.ca, call 1.855.BE.VM.VIP or stop by to say hi.

Virgin mobile MOBILE THE SOURCE FUTURE SHOP Walmart BEST BUY BEST BUY mobile Visions WIRELESSWAVE booth wireless WIRELESS etc... COSTCO WHOLESALE THE MOBILE SHOP

Zac Brown, left, and Dave Grohl chat during a collaboration for the The Grohl Sessions Vol. 1. THE ASSOCIATED PRESS

Zac Brown Band teams up with rocker Grohl on new series

Blending musical genres. First installment in new EP series is out Dec. 10 while second volume comes out next year with a documentary

You never know who you're going to meet while waiting in line at John Varvatos' store in West Hollywood. When Zac Brown bumped into Dave Grohl while picking up some altered clothes for the Grammy Awards, he didn't let the random meeting go to waste.

They bonded over their love of analog recording gear, and their new friendship eventually resulted in Zac Brown Band's newest release: The Grohl Sessions Vol. 1.

"I don't know how I tricked him into working with us, but it's really cool," Brown said.

The four-song EP is due out Dec. 10 on iTunes. It's the first of two planned releases produced by the Foo Fighters frontman and former Nirvana drummer. The second volume will come next year, along with physical releases, including vinyl and a documentary.

Grohl travelled to Nashville this month after a full-court press from Brown. They recorded four songs together in a week at the band's analog studio, taking a break in the middle to perform one of those cuts, Day for the Dead, on the Country Music Association Awards.

THE ASSOCIATED PRESS

A meeting

In his first interview about the project, Brown said Grohl wasn't familiar with the band when they met.

- **Getting to know you.** Brown and members of the seven-piece Atlanta group sat in front of Grohl at the Grammy Awards a few days later, though, where they won country album of the year. Brown and Grohl kept in touch — and a friendship grew. Now Brown hopes Grohl can help take his band to a different audience. Brown is releasing the EP on his Southern Ground record label

Limited time offer. Smartphone pricing is available with a Gold plan. Double the data is available with select plans. Prices are subject to change without notice. One-time activation fee ($35) may apply. Monthly 911 fees apply in NB (53¢), NS (43¢), PEI (70¢), SK (62¢) and QC (40¢). If you end your services early, a fee will apply; see your Service Agreement for details. Taxes extra. Offers and Member Benefits subject to change/cancellation at any time without notice. Screen images simulated. Phones and some colours may not be available at all retailers. Other restrictions apply; see virginmobile.ca for details. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under license. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2013 Virgin Mobile. BlackBerry®, BBM™ and related trademarks, names and logos are the property of BlackBerry Limited and are registered and/or used in the U.S. and countries around the world. Used under license from BlackBerry Limited. © 2013 Samsung Electronics Canada, Inc. All rights reserved. Samsung and Samsung Galaxy S III are trademarks of Samsung Electronics Canada, Inc., and/or its related entities, used with permission. HTC, the HTC logo and the HTC Desire logo are trademarks of HTC Corporation. © 2013 HTC Corporation. All rights reserved. Certain other product names, brand names and company names may be trademarks of their respective owners.

Avril Lavigne talks Chad Kroeger, getting wasted and her new album

Interview. The pop-rock princess opens up about her new husband, their courtship and cleaning up some of her lyrics

PAT HEALY
Metro World News

On the cover of Avril Lavigne's newly released self-titled album, she looks all grown up, with a stern expression and dark makeup framing her eyes. But the first thing she sings on the album is the line "I don't care about my makeup," so it's probably best to pay heed to the age-old advice of not judging a book by its cover. Within Avril Lavigne is a whole bunch of fun anthemic pop that she'll be the first to tell you, doesn't really get too deep within Avril Lavigne. Sophisticated stuff, this is not, but there seems to be a friction on the album between the impulse to try to preserve her youth and the impulse to grow up. In conversation, Avril Lavigne is as laid back and self-assured as any of her songs would lead you to believe.

Avril Lavigne makes no apologies for her pop-rock brand of music. GETTY IMAGES

The feeling I get from this album is definitely a summer feel. It doesn't really seem very November to release an album with tracks like Bitchin' Summer and Sippin' on Sunshine.
It's funny because I asked myself if this was going to just turn out to be a summer record. We were doing a lot of writing in the summer, and I wanted to have a summer song, you know, driving in the car, good feeling, good times. For about a week I was writing songs like that. But this album has Sippin' on Sunshine and Bitchin' Summer. And then Rock N Roll kind of does have summer feel to it. The record was supposed to come out earlier, but they changed the date on me three f—ing times.

You seem caught between the sentiment of Here's to Never Growing Up and actually growing up ...
It's really not that deep, musically. I like to be on stage, I like to write pop-rock songs. That's what everyone wants to hear from me, and that's when everyone goes ape-shit, with the fist-pumping and all. But there are different sides to me, I enjoy sitting down at the piano and telling this in-depth story and writing an emotional ballad (but also) I love rock music, so I have Bad Girl on this record and Hello Kitty, which has a grungy electronic feel. So the album is diverse and I wanted to write all different types of styles and moods.

There are a lot of mentions of getting wasted on this album too. I feel like you don't hear that referred to in such a straightforward way that much on pop radio.
(Laughs.)

Do you have people that are saying that they can't get your stuff on the radio because of the content?
There is a clean version and an explicit version. It's something I definitely think about, but then I have the opportunity to offer two options.

With this album, you collaborated a lot with your husband, Chad Kroeger. I've heard it referred to as a snapshot of your relationship's development. At what point in the creative process did you guys realize there was truly something there? At what part of writing and working together did you guys fall in love?
Well, we worked on the album and he was on tour. Then he left and then we worked again. We worked in different clumps. When I had actually taken a break after the tour, I moved to France on my own. Then he came out to visit me and that was our first time getting together without it being work-driven.

Did any songs come about from the courtship?
We have a duet on this record. That was the first one we worked on together. Then we also worked on a song called If I said That I Loved You, and it's a duet, it's unreleased.

Richport FORD
JUDY'S TIP OF THE WEEK

The only person you should try to be better than is the person you were yesterday!
Judy Jobse, Service Manager
Hours of Operation Mon-Friday 7:30-5:30

WIPER SPECIAL $13.99 ea INSTALLED
POT HOLE SPECIAL
$99.95 +tax
ASK ABOUT OUR OWNER REWARDS PROGRAM
READERS' CHOICE AWARDS 2012 RichmondNews

4 WHEEL ALIGNMENT BUY 3 TIRES, GET THE 4TH FREE!
Select brands. See you advisor.
Service department @ 604-273-7729. 13580 Smallwood Place, Richmond Automall
*Ask us about our Owner Rewards Program • Effective Nov. 1 - Dec. 31, 2013. Coupon must be presented at time of sale. No cash value.

All hail the Internet

SOUND CHECK
Alan Cross
scene@metronews.ca

Let's all bow our heads and thank the Internet for the musical bounty that regularly washes up on our screens

Bad Like That/Hello Beautiful

Definitely the weirdest video I've seen this month. I can be summarized thusly: woman gives birth to Whitby band. Literally.

God's Chorus of Crickets/Jim Wilson

This 1992 recording of crickets — yes, the insects — resurfaced recently. Turns out that when you slow down their chirping, angels appear to sing. It needs to be heard to be believed.

We Could Be Heroes/Dogs Sing for Cancer

Since cancer kills one in four dogs, a group of canines came together to sing this song to raise awareness of the problem. It'll melt your heart.

Vancity

POST-SECONDARY EDUCATION FAIR 2013

40th S.U.C.C.E.S.S. anniversary

Learn about your options. Chart your future.

Date: November 30th 2013 (Saturday)
When: 10am - 3pm
Where: S.U.C.C.E.S.S
Social Service Center
28 West Pender Street
Vancouver, BC, V6B 1R6

- 18 Academic Institutions
- Information on Undergraduate & Post-graduate Programs
- Enrollment in American University
- Youth Employment information

Seminar Schedule:
Korean, Cantonese, Mandarin and Punjabi interpretation will be provided. REGISTRATION REQUIRED, please phone: 604-408-7260

	Room 108	Room 109	Room 110
10:30 -11:15AM	SFU: Are you SFU?	Ivy Global: US Colleges Seminar	
12:15 - 1:00PM	Pattison High School: How to get BC high school diploma to apply for top universities	FDU: Scholarship and United Nations Pathway Program	Vancity: Credit Card Literacy
1:15 - 2:00PM		S.U.C.C.E.S.S. Employment: Filling the Gap	Volunteer WORKS: The power of on/off campus volunteering in helping with your education and career

Co-Sponsors:
ACSENDA · Automotive Training Centres · Coquitlam College · Pattison High School · Vancouver Community College · cc college

Additional Information:
carmen.chan@success.bc.ca
604-408-7260

Tbooth wireless

We'll beat any price by 10%*.

On any phone in the mall.

Fri. Nov 29 – Mon. Dec 2

tboothwireless.ca

ROGERS · Bell · fido · Virgin mobile

*For new activations on 2-year premium plans only. Applies November 29- December 2, 2013. Details at participating Tbooth Wireless stores.

Far from Broken, a musical affair continues

Interview. Brian Burton and James Mercer are back with a falsetto-filled second album After the Disco

RICHARD PECKETT
Metro World News

The band Broken Bells is the guilty pleasure of super-producer Brian Burton, a.k.a. Danger Mouse (one-half of Gnarls Barkley), and James Mercer, lead singer of avant-garde indie four-piece The Shins. Ironically, the Bells is where Mercer and Burton go for their R & R away from the industry. But rather than coming back with flawless skin, the U.S.-based artists have produced an experimental collection of genre-busting tracks.

"The record reflects the hangover or comedown after the party," says Danger Mouse of their second album After the Disco, due out Jan. 14.

Metro sat down with the duo in an East London hotel to chat the bizarre Bee Gees sound, psychedelic experiences and why the band is a pressure-free passion.

The band Broken Bells are back for more. CONTRIBUTED

How long did it take you to put this record together?
Brian Burton: Overall, this record took eight weeks.
James Mercer: It's crazy, man. Halfway through I was thinking "It's kind of done." We had a record — I was shocked.

James, you said in an interview: "We need to do another record, for sure. It's fun. I think (Danger Mouse) enjoys it, too. It's like a vacation — although I don't want my wife to know that!" Does it feel like an affair of sorts?
Mercer: (Laughs) Like a musical affair or something — you get to run off. The thing that's cool about it is that we share the burden of all the creative parts. There's nowhere near the pressure that I feel doing something like The Shins or like Brian would feel doing a record on his own. It feels like I'm not working; it's not this laborious, tedious thing, so you do sort of feel guilty in a way.

You're both independently successful, so is this partnership more about the music (a kind of vanity project) than about commercial success?
Burton: We genuinely want to make the best s—t we can possibly make — there is ambition involved. We want to do something that's new and different and that could be really successful. I want this to be the most successful thing that I've been a part of. It just happens to be something that's not as torturous.

I'm not the only one to point out that there's a bit of a Bee Gees feel to the latest release. Were they an influence?
Mercer: It is kind of coincidental. We saw it too. I was in the vocal booth just tracking and doing a falsetto and that's what came out. I was doing track after track when I came into the control room and heard it played back with all those layers — that's the Bee Gees and that's how they did it.

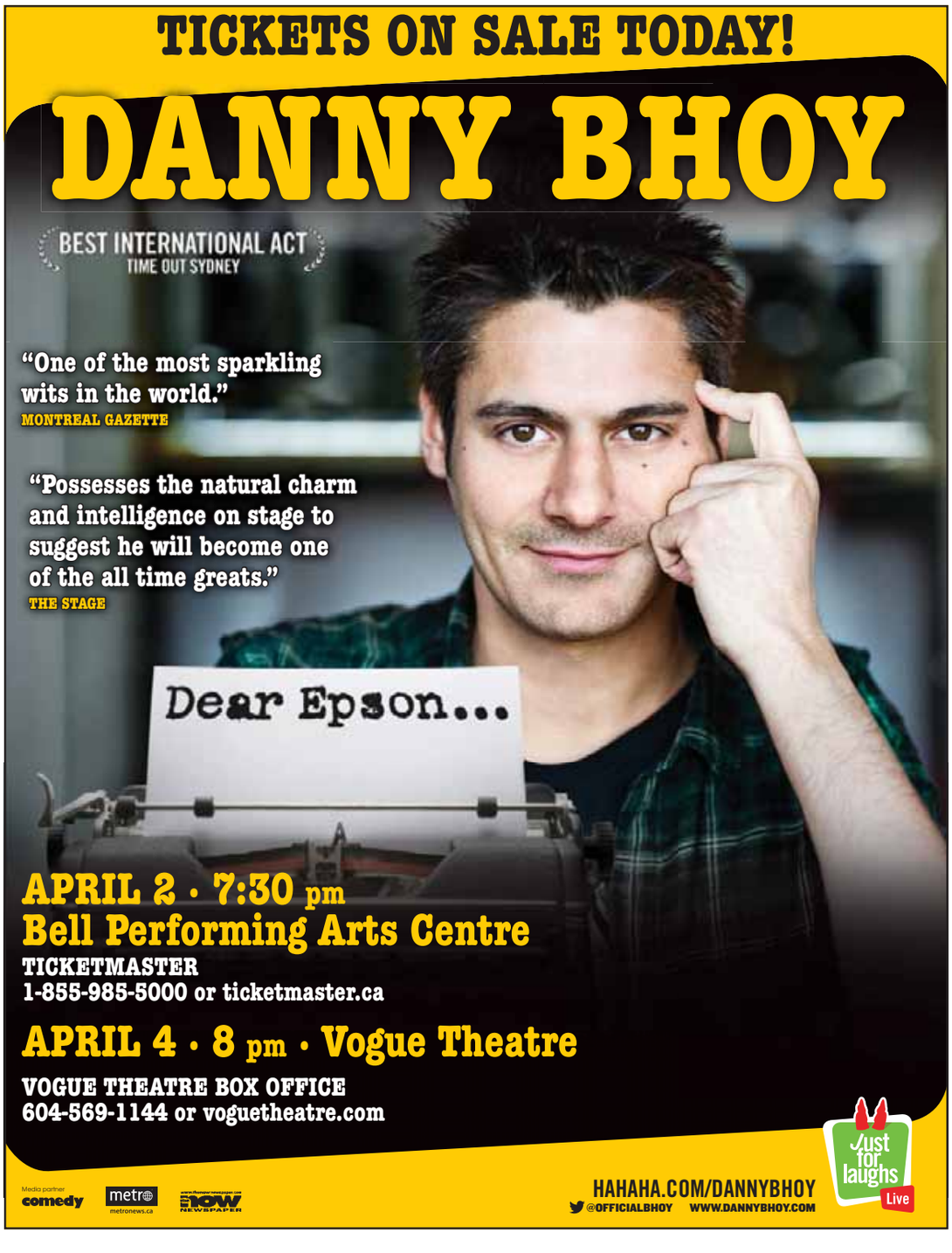
Will you be getting the tight white suits out?
Mercer: (Laughs) I need a feathered wig. I can't grow the hair.

The video is kind of psychedelic and a bit trippy. Were you drinking mushroom tea at the time of making the video?
Mercer: (Laughs) We love psychedelic music and I'm not sure whether it's because I've taken psychedelic drugs or not. Maybe it's just coincidental.
Burton: Psychedelic music is just experimental with melodies. It hooks you in with things you can repeat or sing.

A big deal

Is this a concerted effort to make Broken Bells more of a big deal?

- Mercer: "We want to have a bigger sort of show. We want to have something impressive happening and we'll see how it works. It'll depend on whether people are loving the record and how big the record gets dictates how much we're willing to put in."



Video not killing Kodaline's radio star

Global exposure. With their debut album out, the Irish indie rockers say their music getting used on TV shows is not selling out — it's a way to reach new fans

RICHARD PECKETT
Metro World News

For a while during the economic slump, the richest export leaving Ireland was Guinness. Jeez, even U2's Bono has been busking (for charity, apparently). It's easy to mock but he's minted — and it's a recession-proof ruse that's been proving profitable popularity-wise for Dublin rock band Kodaline.

As an unsigned group Give Me a Minute topped the Irish singles chart; the track All I Want from their debut album In a Perfect World has over five million hits on YouTube — and the indie/folk four-piece is getting some airtime on TV shows like Grey's Anatomy. Selling out?

No, it worked pretty damn well for the likes of bands M83 and MGMT (music featured in adverts) and it's gaining the 20-somethings some much-deserved exposure on a global scale. Anthemic like Coldplay and melancholy like fellow countrymen The Script, Kodaline are a band for the weepers: their tunes befit those lonely train journeys of emotional, romantic self-reflection. Sitting down with Metro, the boys chat music getting commercial, failed romances (obviously) and the dating app Tinder.

There are some great indie folk bands coming out of Ireland like you and Little Green Cars. How do you think you fit in amongst the popular music landscape?

Steve Garrigan (vocals): We never really think about it. It's like eight to 80 at our shows. We don't really know who our fans are (laughs).

Jay Boland (bass): It's very hard hearing ourselves in the pop context because we're not listening to Radio 1 — we're still listening to our collections.

It's fair to say that In a Perfect World is a sad record. Do you see yourselves writing a chirpier album?

Mark Prendergast (lead guitar): I can't see us writing a bright album.

Are you all permanently melancholy?

Prendergast: Depressed, I think is the word (laughs).

Garrigan: I don't think any of our songs are depressing — they're sad but they're uplifting.

Would you ever consider doing something more pop-y — a kind of guaranteed hit?

Prendergast: No, absolutely not. If we were promised a number-one hit in America with a song we didn't believe in, we'd say "No."

You've been played on television shows like Grey's Anatomy, Mob Wives and Modern Family. How do you feel about being commercialized in this way?

Garrigan: I remember buying the CD of Grey's Anatomy a couple of years ago because I like the music. It's kind of like what happened with Phantom Planet's track California and (teen drama) The O.C. — it's a great way for fans to be introduced to new music.

Vinny May (drums): It's like Shazam. People don't realize but you subconsciously take in the song.

What do you think of manufactured boy bands — One Direction, for instance?

Garrigan: We're not fans of boy bands.

Is fame and money important to you?

Prendergast: (mockingly quips) Fame is the most important thing to us. We just want to be famous.

Garrigan: Commercial success is important to us. We're ambitious. The ideal situation would be to do as many albums as we can and tour for the rest of our lives, but it's such a fickle industry.

You're proving to be a hit in the U.S. Do you use your Irish charm on the girls?

Garrigan: They're just great. L.A. girls are just incredible. Is it because they sound like they're on a porn channel? (All laugh).

Steve, you had a messy breakup with your girlfriend. Has she got in back in touch now that you're a little bit famous?

Garrigan: Yeah, she did.

Fickle. Would you take her back?

Garrigan: No. I haven't talked to her in four years.

So you're single now. Have you considered Tinder? (All laugh)

Garrigan: I've got it. When you're travelling, it's unbelievable. You go to a city and you can see who's around.

It's good for a quick shag?

Garrigan: It's just ridiculous. You learn about yourself.

Lead singer of Kodaline Steve Garrigan. GETTY IMAGE

THE METRO NEWS JUST FOR LAUGHS DEBRA DIGIOVANNI CONTEST
DEBRA DIGIOVANNI
The Late Bloomer Tour
club metro
YOU COULD WIN FRONT ROW TICKETS AND A TORONTO GETAWAY FOR TWO!
GO TO WWW.CLUBMETRO.COM TO ENTER TODAY!
1
Win a pair of front row tickets to Debra DiGiovanni's The Late Bloomer Tour at the Vogue Theatre on February 7!
2
GRAND PRIZE:
A three-night getaway for two to Toronto, Ontario, including return first-class tickets to Toronto on VIA Rail Canada, a three-night stay at the Pantages Hotel and a spa day at Shizen Skyline Spa!
FEBRUARY 7 • 7 PM
Vogue Theatre
Vogue Theatre Box Office
604-569-1144 or voguetheatre.com
Contest closes December 23, 2013 at noon. Open to Canadian residents, excluding Quebec, 18 years or older. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) Grand Prize of a trip for two to Toronto, which includes return first-class tickets to Toronto (Business class in the Québec City-Windsor Corridor, or Sleeper or Sleeper Plus class on long-haul trains) for two (2) people, on VIA Rail Canada, three nights of hotel accommodation at the Pantages and a spa day at Shizen Skyline Spa, valued at approximately $3,000 CAD (based upon departure from Halifax, actual value may vary depending upon time and year of departure).
Media partner
comedy
VIA Rail Canada
PANTAGES
Just for laughs Live
HAHAHA.COM/DEBRADIGIOVANNI

The 11 men who played the Doctor Who. UK show is turning 50 and the BBC is throwing a blowout for the sci-fi show. HANDOUT

Huge Christmas surprise in store for Doctor Who fans

Regeneration riddle. Something 'Whovians' have talked about for years will be tackled head-on this festive season

MELINDA TAUB
Metro World News in NYC

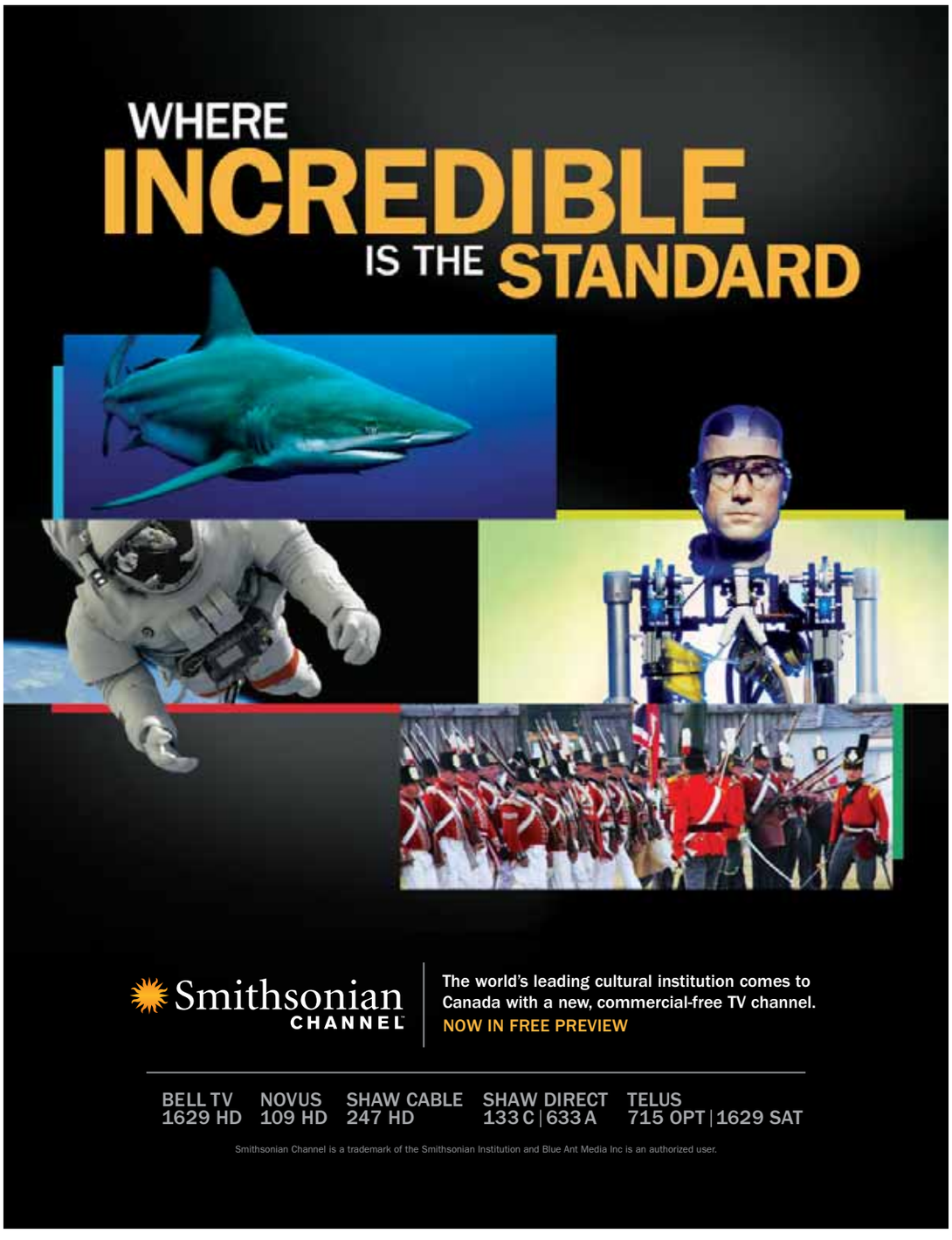
Last Saturday the 50th anniversary special episode of Doctor Who aired worldwide, and fans were enthralled to see something that's rarely happened in the show's mythology: Multiple incarnations of the Doctor working together (plus some slimy aliens trying to take over the planet, but ho-hum to that). This year's Christmas special promises to be even more shocking.

SPOILERS for said Christmas special lie ahead. See, it's a major tenet of Who mythology that the Doctor can only regenerate 12 times. Matt Smith's Doctor, who the audience thought was No. 11, has totted it up and realized he's actually the 13th, and last, incarnation. So, how does he manage to regenerate into The Thick of It star Peter Capaldi? Don't worry, Doctor Who has no plans to gloss over this very important problem.

"The riddle of the regeneration problem, something fans have talked about for decades, will be faced head-on at Christmas," a source close to the Doctor Who production team told the Daily Mirror. "There is going to be another huge cliffhanger, and somehow Peter Capaldi has to join and the series has to continue."

The source added, "The show's big fans, known as Whovians, won't believe their eyes at Christmas."

It's still a sci-fi show that uses a magic police box to travel through time and space, right? I think my eyes will probably be fine. They are pretty used to CGI and abrupt rewriting of sci-fi backstory.


WHERE
INCREDIBLE
IS THE STANDARD
Smithsonian
CHANNEL
The world's leading cultural institution comes to Canada with a new, commercial-free TV channel.
NOW IN FREE PREVIEW
BELL TV 1629 HD
NOVUS 109 HD
SHAW CABLE 247 HD
SHAW DIRECT 133 C | 633 A
TELUS 715 OPT | 1629 SAT
Smithsonian Channel is a trademark of the Smithsonian Institution and Blue Ant Media Inc is an authorized user.

Doggone! Family Guy pays tribute to Life of Brian

ALEXANDRA CAVALLO
Metro World News in NYC

In case you missed it earlier this week, in one of the most unexpected TV deaths since Game of Thrones killed off Ned Stark with almost no fanfare (we're still reeling over that one) Family Guy lost one of its central characters in last Sunday's episode, Life of Brian.

If the title of the episode wasn't spoiler enough, watch out, BIG OLD SPOILER COMING ATCHA RIGHT NOW.

Oh my God! They killed Brian! For those who have never seen Seth MacFarlane's cartoon series (or stopped watching after every college bro with a Solo cup of Miller Lite and a less-than-honed sense of humour started yelling Family Guy quotes in your face in lieu of conversation in line for the keg), Brian is the family dog, voiced by MacFarlane, who's been the voice of reason on the show since its debut in 1999.

And now he's dead.

In his final episode, he was stuck by a car and killed, which is sort of weird considering how many times he's been impaled/bludgeoned/thrown off buildings/endured other fatal blows, mostly at the hands of Stewie, without dying throughout his tenure. But, all dogs go to heaven, and all TV characters have their run, so maybe it was time.

In what was a typically heart-rending episode, Brian was replaced by a new dog named Vinny (voiced by Tony Sirico of The Sopranos) who may or may not kill the show for many diehard fans, if the already trending hashtag #BringBackBrian is any indication.

Blythe Danner. ALL PHOTOS GETTY IMAGES

Dear riff-raff: Stop bugging my extraordinarily accomplished daughter

Blythe Danner wants everyone to leave her daughter, Gwyneth Paltrow, alone. "I feel she's just extraordinarily accomplished in every area, and people don't like that," Danner says in an interview with the blog Naughty But Nice Rob.

"Some people don't like that, people who are bored and sit on their asses all day and just tap away. I mean, I don't read any of it, I just find it disgusting. There is a coarsening of our culture today that is just so tragic."

Brad Pitt

Brad and Shia don't play well together

Brad Pitt and Shia LaBeouf apparently aren't having the best of times working together on the Second World War drama Fury, currently shooting in the U.K.

"They have very different styles of working and it's not mixing well on a personal level," a source tells Radar Online. "Brad loves to joke around with his young co-stars, and especially on a very serious war movie, he'd love to take the edge off by kicking back between scenes. But Shia wants to stay in character the whole time."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Australia

How Justin's new hobby is going over Down Under

An Australian hotel is declaring itself a graffiti Belieber, despite being at odds with the city government. QT Hotel in the Gold Coast said it gave Justin Bieber permission to spray graffiti on its wall. The Canadian singer and others posted images online showing cartoon faces in fluorescent paint on an outdoor wall at the hotel in Queensland state.

After hearing criticism, the hotel changed its Facebook page cover art Thursday to show Bieber, his graffiti and the declaration: "He asked, and we said YES."

The Gold Coast mayor Tom Tate says the singer risked undermining the city's efforts to fight graffiti. "The last thing we want is to have graffiti glorified and more young people thinking it's a cool thing to do," he said.

In a letter to the hotel, Tate asserted the city can insist on removal of graffiti in private spaces if it's visible from public spaces.

But in further posts on its Facebook page, QT Hotel defended Bieber as an excellent hotel guest and said it wanted to promote graffiti as an art form. It invited artists to share examples of their work to be judged, with select artists being offered a hotel wall they could spray-paint themselves.

Bieber performed in Brisbane on Wednesday and has more concerts in Sydney on Friday and Saturday.

The 19-year-old pop star arrived in Australia after a troubled Latin American tour.

He apologized to Argentinians after images appeared to show him dragging that country's flag across the stage with his feet. He quit one concert early after apparently contracting food poisoning, and police in Brazil want to question him about another graffiti incident there.

THE ASSOCIATED PRESS

CONGRATULATIONS TO THE LUCKY WINNERS

WHO WON THE ULTIMATE TEMP SURVIVAL KIT!

John S. from Edmonton , AB
Eva L. from Calgary, AB
Sausan S. from Toronto, ON

metro

Liquid Assets

Old school Austrian sips

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

After more than two decades of taking it on the chin from their New World counterparts, the winemakers of Europe are making a comeback. While France and Italy are seeing the biggest upsurge in popularity, Spain, Germany and Austria are harvesting the benefits of the growing interest in their juice.

Yes, I said Austria — a country I bet you didn't know has been making wine for more than four centuries. Impossible-to-pronounce regional names and grape varieties that are virtually Austrian exclusive haven't helped the cause.

Though reds make up about 30 per cent of the country's output, whites are Austria's claim to fame. Typically drier and zippier than those made by its German neighbours, whites with the Grüner Veltliner grape have made a modern name for themselves as a partner for Asian cuisine (think sushi).

With its Franz Ferdinand-esque label and phonetic first name; the Grooner 2012 Grüner Veltliner ($13.11 - $16.99) is a modern take on old-school Austria with citrusy fruit, balanced acidity and a clean, green finish.

PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

A modern take on a Hanukkah tradition

Three Root Vegetable Latkes. The perfect fall-inspired recipe

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Potato latkes are a traditional Jewish or Eastern European dish, especially served on Hanukkah. I wanted to make a healthy version, so I used a blend of root vegetables. Use the grater blade of a food processor to grate the veggies.

This recipe serves six. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Ingredients

- 2 tsp vegetable oil
- 2 cups diced onion
- 1 tsp crushed garlic
- 2 tsp brown sugar
- 2 cups grated peeled sweet potatoes
- 2 cups grated peeled baking potato
- 1 cup grated peeled parsnips
- 3 tbsp chopped fresh dill or 1 tsp dried
- 2 eggs
- pinch of salt and pepper
- 1 tbsp vegetable oil
- 1/2 cup tzatziki

1. In a skillet sprayed with vegetable oil, add the oil, onions and garlic. Sauté on medium heat for 10 minutes until tender. Add the sugar and sauté another 5 minutes. Place in a mixing bowl.

2. Squeeze out the excess moisture from the grated vegetables. Add the vegetables to the onion mixture along with the dill, eggs and salt and pepper.

3. Pat into 12 latkes. In two large non-stick skillets add 1 tbsp vegetable oil sauté on a medium heat the latkes for about 7 minutes per side or until vegetables are soft. Serve with the tzatziki.

Restrictions

Please be advised that this recipe may not meet all Jewish dietary or traditional requirements.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

Did you know 72% of pain sufferers regularly have trouble sleeping?
© Johnson & Johnson 2013
For sleep tips & more visit sleep-centre.ca
TYLENOL
NIGHTTIME

Would you like to be kept in the loop of the hottest openings and events in your city? To be notified of other notable events for young professionals, go to: notable.ca/signup.php.

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Christmas Market

The Vancouver Christmas Market, located on the Plaza at the Queen Elizabeth Theatre, is guaranteed to get you in the festive mood. Stroll through the festively decorated outdoor Christmas village and be treated to row upon row of illuminated wooden huts offering handmade gifts and tempting treats. At night, lights sparkle and delicious aromas of mulled wine and gingerbread waft through the air. For more visit: vancouverchristmasmarket.com.

The Make It show

Shop for one-of-a-kind handmade items from over 250 of Canada's hottest urban artisans, designers and crafters. Make It is the ultimate upbeat shopping experience. There will be something for everyone from fashion to accessories, art, jewellery, baby items, home decor and stuff for the guys. Entry is $7 at the door; 100 per cent of proceeds raised from the silent auction and coat check will go toward Variety and the Union Gospel Mission charities. For more info visit: makeitproductions.com.

Just opened: Musette Caffé

This popular, bike-friendly coffee bar and café has recently opened its second location in Vancouver's Chinatown neighbourhood (75 East Pender St.). As the city's first bicycle lounge, they serve up cup after cup of Parallel 49 brew, homemade power bars to keep you going, baked goods and plenty more. To sweeten the deal, they have scored a liquor license at their new location, so now you can start up your day with java and unwind with a brew or two en route home. For more info visit: musettecaffe.com.

Portobello West Holiday Market

Coming up next weekend is the 7th Annual Holiday Edition of this ever-popular community arts market at Creekside Community Centre. Featuring the handcrafted work of more than 75 of Vancouver's best designers and artisans, it's a two-day event. Working to support Dress for Success Vancouver, this year's market will also feature a silent auction to help raise much-needed funds for disadvantaged women, as well as host a purse donation drive. Admission is $2. For more information visit: portobellowest.com.

Recently opened: Ask For Luigi

Work up an appetite and head down to Railtown's latest brought to you by the team from Pizzeria Farina and Pourhouse, who have recently opened an intimate and casual Italian-inspired restaurant called Ask For Luigi. Having undergone full renovations, this cozy space boasts a lived-in feel, classic Italian cuisine, freshly made pasta and family-style plates. A tight wine, beer and cocktail list compliment the menu accordingly. For more information visit: askforluigi.com.

Black Friday at Park Royal

Just in time to spearhead holiday shopping, this weekend marks the grand opening of the new outdoor shopping area at Park Royal (Taylor Way and Marine Drive). Kick off Christmas festivities and explore plenty of new stores such as LOFT, Lush, Zara, Sephora, Anthropologie, J.Crew and more. Score Black Friday deals all weekend long as you take in live entertainment and sweet treats. For details on Black Friday and the new expansion visit: shopparkroyal.com.

BLACK FRIDAY EVENT

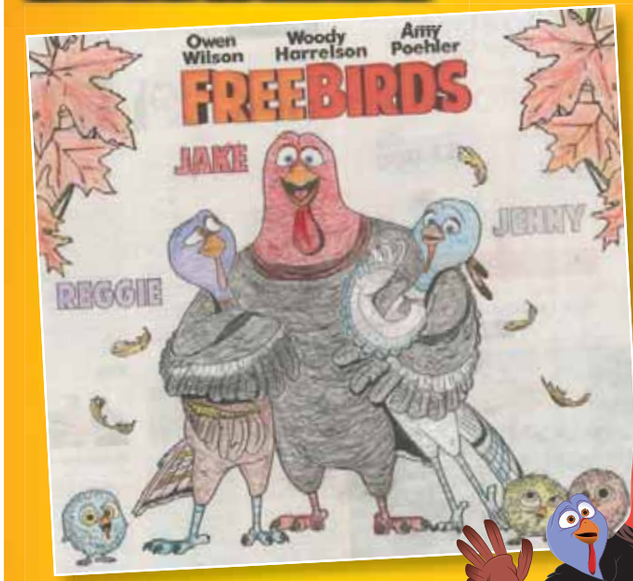
UP TO 50% OFF

Friday, November 29th – Sunday, December 1st

See in-store and online for details

ecco®

FREE BIRDS COLOURING CONTEST WINNER



NOW PLAYING IN THEATRES

Congratulations to our FREE BIRDS Colouring Contest Grand Prize Winner **Emilio R. from Toronto!**

Emilio and 5 other young artists have won FREE BIRDS prize packs.

A big Thank You to everyone who entered the contest.

VISIT clubmetro.com TO ENTER

RELATIVITY eone

NHL

Milestone goal takes back seat to win for Sedin

Milestones don't mean much for Daniel Sedin in November.

Sedin scored his 300th career goal and added an assist as the Vancouver Canucks defeated the Ottawa Senators 5-2 Thursday night.

Vancouver (13-9-5) came in having lost seven of its past eight games, but a solid effort finally put an end to their recent struggles. That was of more interest to Sedin than his own stats.

"When you're in the middle of the season you don't think too much about it, but I'm sure after the season or looking back it will be different," said Sedin. "It was nice to help the team (win), that's for sure."

With the Canucks playing the first of a four-game road trip, Sedin said picking up the win was instrumental in setting the tone for the next three.

"This is a big road trip for us and to start with a win is going to give us a lot of confidence moving forward," said Sedin.

David Booth, Jason Garrison, Dale Weise and Mike Santorelli also scored for the Canucks. Roberto Luongo finished with 37 saves. THE ASSOCIATED PRESS

Daniel Sedin scored his 300th NHL goal on Thursday night in Ottawa GETTY IMAGES

Canadian bobsledders Neville Wright, left to right, Justin Kripps, Pierre Lueders and Jesse Lumsden celebrate after completing a heat at the Vancouver Olympic Games in February 2010. Kripps and Lumsden have gone online with a comedic video to drum up attention — and hopefully funds — for their journey towards this winter's Sochi Games. CLIVE MASON/GETTY IMAGES FILE

Kripps pushing stuff for Olympics

Olympics. Bobsled athlete Justin Kripps featured in YouTube video with Jesse Lumsden to give exposure to icy sport

CAM TUCKER
cam.tucker@metronews.ca

Justin Kripps is still coming into his own as a bobsled pilot, and apparently now as an actor, too.

The 26-year-old from Summerland recently worked alongside friend and fellow member of Bobsleigh Canada Skeleton, Jesse Lumsden, as feature performers in a humorous minute-long video trying to drum up exposure for the sport, and perhaps financial support and added sponsorship for the 2014 Sochi Olympics.

The video, We Push Stuff, now has roughly 24,000 hits on YouTube. It puts Kripps and Lumsden in a variety of everyday jobs, frantically pushing items down office and hotel hallways and in parking lots as if those objects were bobsleighs.

"What really made it fun was we had an outline of what we wanted to do but we didn't have anything scripted yet, so we just improved our lines as we kept going," said Kripps in a recent phone interview.

Kripps, who attended Simon Fraser University and competed in track and field there, is the driver for Canada 3, and is trying to round out the Canadian contingent in Sochi in both the two-man and four-man bobsled events.

The final part of the journey begins this weekend, when the World Cup circuit begins in Calgary at Canada Olympic Park on Saturday.

There are, of course, obstacles both on and off the track. Money from sponsorships isn't coming in like it did for the 2010 Olympics, which were held in Vancouver and Whistler.

"It's kind of an extended Olympic hangover," said Kripps.

"The Olympics probably seem less exciting because the next one isn't in Vancouver, it's not in Canada. So the interest is lower. It's been tough, so that's why we're trying to get creative and think outside the box."

4 SPORTS

Want to Lose...
1" to 3" or More Fast?!
• Discover non-invasive Lipolaser & EMS (Electro Muscle Stimulation).
• Lipo Laser safely melts away FAT and CELLULITE from your waistline, legs, buttocks & love handles.
• One 18 minute EMS Core session is equivalent to 200 - 500 perfectly formed sit ups.
• EMS can also help Build, Tighten, and Tone any major muscle groups.
• Turbo Charge any workout routine. Get results Fast!
Special Introductory Session Only $125
Vancouver Lipo Laser
& Muscle Toning Clinic
3335 West 4th Ave., in Kits | 604 904 0888 | www.vancouverlipolaser.com

Our Training is NOT Like Most Training.
Find Out Why @ Trainwest.ca
Sales | Management | Customer Service

Trainwest Management & Consulting Inc.
VANCOUVER CANUCKS PROUD PARTNER

No 'hasty decision' in Whitecaps coach search

MLS. Team president Bob Lenarduzzi feels hiring process 'at the final stages'

CAM TUCKER
cam.tucker@metronews.ca

The wait-and-see game continues for the Vancouver Whitecaps in their search for a new head coach.

Friday will mark one full month since the Whitecaps essentially relieved Martin Rennie of the head coaching title.

"We feel like we're at the final stages and are continuing to be patient. What we don't want to do is make a hasty decision simply because we feel ... there's some things we need to do in the short term," said Whitecaps president Bob Lenarduzzi on Thursday.

It's believed the hold-up is because the club is waiting to make an offer to Jason Kreis, currently the head coach of Real Salt Lake, which is competing for the MLS Cup against Sporting Kansas City on Dec. 7.

It's believed by some that Real Salt Lake head coach Jason Kreis is one of the top candidates for the Whitecaps' vacant position. GEORGE FREY/GETTY IMAGES

When asked about Kreis, Lenarduzzi didn't confirm or deny whether the Whitecaps would make him an offer in the coming weeks.

"I think that ... it's best just to say nothing at this point and let the coach search run its course," said Lenarduzzi.

Carl Robinson, an assistant coach with Vancouver, is also a candidate for the vacant head coaching spot.

A few Whitecaps players have spoken highly of Robinson, dating back to the team's final training session at the end of the 2013 regular season.

The Whitecaps picked up the contract options of 11 players on Thursday, and declined the options on eight players.

The moves come ahead of the Dec. 1 MLS deadline clubs had to exercise contract options on players, said Lenarduzzi.

The club declined the options on goalkeepers Joe Cannon, Brad Knighton and Simon Thomas, centre back Brad Rusin, midfielders Jun Marques Davidson and Daigo Kobayashi, and strikers Tommy Heinemann and Corey Hertzog.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	25	16	7	2	69	52	34
Tampa Bay	25	16	8	1	76	63	33
Detroit	26	12	7	7	69	71	31
Montreal	25	14	9	2	67	52	30
Toronto	25	14	9	2	71	66	30
Ottawa	26	10	12	4	76	86	24
Florida	26	7	14	5	58	86	19
Buffalo	26	5	20	1	45	82	11

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	26	16	9	1	78	63	33
NY Rangers	25	13	12	0	53	61	26
Washington	25	12	11	2	76	74	26
Carolina	25	10	10	5	53	70	25
New Jersey	25	9	11	5	53	62	23
Philadelphia	24	10	12	2	52	60	22
Columbus	25	9	13	3	62	75	21
NY Islanders	25	8	14	3	70	85	19

Thursday's results
Vancouver 5 Ottawa 2
Edmonton 3 Nashville 0
Wednesday's results
Nashville 4 Columbus 0
Winnipeg 3 NY Islanders 2
Ottawa 6 Washington 4
Montreal 3 Buffalo 1
Carolina 4 New Jersey 3
NY Rangers 5 Florida 2
Tampa Bay 4 Philadelphia 2
Pittsburgh 6 Toronto 5 (SO)
Detroit 6 Boston 1
Phoenix 3 Minnesota 1
St. Louis 4 Colorado 1
Chicago 3 Calgary 2
San Jose 3 Los Angeles 2 (SO)
Friday's games
All Times Eastern
Winnipeg at Philadelphia, 11:30 a.m.
NY Rangers at Boston, 1 p.m.
Pittsburgh at Tampa Bay, 4 p.m.
Detroit at NY Islanders, 4 p.m.
St. Louis at San Jose, 4 p.m.
Calgary at Anaheim, 4 p.m.
Montreal at Washington, 5 p.m.
Colorado at Minnesota, 6 p.m.
Edmonton at Columbus, 7 p.m.
New Jersey at Carolina, 7 p.m.
Toronto at Buffalo, 7:30 p.m.
Chicago at Dallas, 8:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	26	18	4	4	95	73	40
St. Louis	24	18	3	3	86	51	39
Colorado	23	17	6	0	70	49	34
Minnesota	26	15	7	4	65	61	34
Nashville	26	13	11	2	60	72	28
Winnipeg	27	12	11	4	72	78	28
Dallas	23	12	9	2	67	68	26

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	24	16	3	5	82	54	37
Anaheim	27	17	7	3	83	71	37
Los Angeles	26	16	6	4	69	56	36
Phoenix	25	15	6	4	83	79	34
Vancouver	27	13	9	5	72	70	31
Calgary	24	8	12	4	66	87	20
Edmonton	26	8	16	2	68	89	18

Note: Two points for a win, one point for overtime loss.

Saturday's games
Vancouver at NY Rangers, 2 p.m.
Columbus at Boston, 7 p.m.
Pittsburgh at Florida, 7 p.m.
Buffalo at New Jersey, 7 p.m.
Toronto at Montreal, 7 p.m.
Washington at NY Islanders, 7 p.m.
Philadelphia at Nashville, 8 p.m.
Chicago at Phoenix, 8 p.m.
Minnesota at Colorado, 9 p.m.
Calgary at Los Angeles, 10 p.m.
Anaheim at San Jose, 10:30 p.m.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	13	20	33
Steen, StL	20	10	30
Zetterberg, Det	11	19	30
Malkin, Pgh	6	24	30
Tavares, NYI	11	18	29

Not including last night's games

MLS PLAYOFFS

CHAMPIONSHIP

MLS CUP
Saturday, Dec. 7
Kansas City vs. Salt Lake, 4 p.m., EST

NFL

WEEK 12
Thursday's results
Detroit 40 Green Bay 10
Dallas 31 Oakland 24
Baltimore 22 Pittsburgh 20
Sunday's games
All times Eastern
Jacksonville at Cleveland, 1 p.m.
New England at Houston, 1 p.m.
Arizona at Philadelphia, 1 p.m.
Miami at N.Y. Jets, 1 p.m.
Tennessee at Indianapolis, 1 p.m.
Chicago at Minnesota, 1 p.m.
Tampa Bay at Carolina, 1 p.m.
Atlanta at Buffalo, 4:05 p.m.
St. Louis at San Francisco, 4:05 p.m.
Cincinnati at San Diego, 4:25 p.m.
Denver at Kansas City, 4:25 p.m.
N.Y. Giants at Washington, 8:30 p.m.
Monday's game
New Orleans at Seattle, 8:40 p.m.

NBA

Wednesday's results
Indiana 99 Charlotte 74
Orlando 105 Philadelphia 94
Memphis 100 Boston 93
L.A. Lakers 99 Brooklyn 94
Miami 95 Cleveland 84
Chicago 99 Detroit 79
Houston 113 Atlanta 84
Washington 100 Milwaukee 92 OT
Oklahoma City 94 San Antonio 88
Denver 117 Minnesota 110
Dallas 103 Golden State 99
Phoenix 120 Portland 106
L.A. Clippers 93 New York 80
Friday's games — All times Eastern
San Antonio at Orlando, 7 p.m.
Miami at Toronto, 7 p.m.
Milwaukee at Charlotte, 7 p.m.
L.A. Lakers at Detroit, 7:30 p.m.
Dallas at Atlanta, 7:30 p.m.
Cleveland at Boston, 7:30 p.m.
New Orleans at Philadelphia, 8 p.m.
Brooklyn at Houston, 8 p.m.
Washington at Indiana, 8 p.m.
Golden State at Oklahoma City, 8 p.m.
New York at Denver, 9 p.m.
Phoenix at Utah, 9 p.m.
L.A. Clippers at Sacramento, 10 p.m.

NHL

Bryzgalov gets shutout in first start as an Oiler

Ryan Nugent-Hopkins and Taylor Hall scored 51 seconds apart in the second period, and Ilya Bryzgalov got a shutout in his first start for Edmonton as the Oilers beat the Nashville Predators 3-0 Thursday night. THE ASSOCIATED PRESS

NFL

Ravens hang on to be Steelers

Justin Tucker kicked five field goals, and the Baltimore Ravens stopped a two-point conversion with 1:03 left to survive a comeback bid by the Pittsburgh Steelers and escape with a 22-20 victory Thursday night.

After Pittsburgh scored on a one-yard touchdown pass from Ben Roethlisberger to Jerricho Cotchery to get within two points, Roethlisberger's conversion pass slipped through the hands of Emmanuel Sanders, who was screened by Chykie Brown. THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
This should be an encouraging day and even if you don't accomplish anything remarkable, you will still make progress. Though what seems like no big deal to you may look remarkable to others.

♉ Taurus
April 21 - May 21
Try not to put yourself under stress today because the planets suggest you will get more out of life if you take things easy. Treat what look like a major setback as no more than a minor irritation.

♊ Gemini
May 22 - June 21
There is no point complaining unless you intend to change it. If you give rivals the idea that you are upset about what they are up to, they might decide to do it more.

♋ Cancer
June 22 - July 23
Something you used to get a great deal of joy from no longer thrills you. In a way that's good because it means you can devote the time and energy you spent on it to more serious creative matters.

♌ Leo
July 24 - Aug. 23
Flattery will get you everywhere today and will be especially useful if you want to make a good impression on the work front. People in positions of power like to be told how wonderful they are.

♍ Virgo
Aug. 24 - Sept. 23
Speak up and say what is on your mind but don't expect any applause. If you have any criticisms maybe you should try to make them sound more like positive suggestions.

♎ Libra
Sept. 24 - Oct. 23
You won't solve a problem by trying to force others to see it from your point of view. If they get the impression that you feel you are intellectually superior to, them they will go out of their way to defy you.

♏ Scorpio
Oct. 24 - Nov. 22
Try saying nice things to important people today. You may not believe a word of it but if you can get employers to support what you are doing it could mean the difference between success and failure.

♐ Sagittarius
Nov. 23 - Dec. 21
There have been times of late when it felt as if you were at the mercy of events but it isn't as bad as you think. With the Sun firmly placed in your sign, you should be more upbeat about your prospects now.

♑ Capricorn
Dec. 22 - Jan. 20
Make it your aim to find something to enjoy in everything you do. Whatever it is you are working on there is no reason why it should not make you smile.

♒ Aquarius
Jan. 21 - Feb. 19
You may be eager to push ahead with a project but the planets indicate it might be best to wait a few days. Both tomorrow's Sun-Uranus link and next Tuesday's new moon will bring about new ideas.

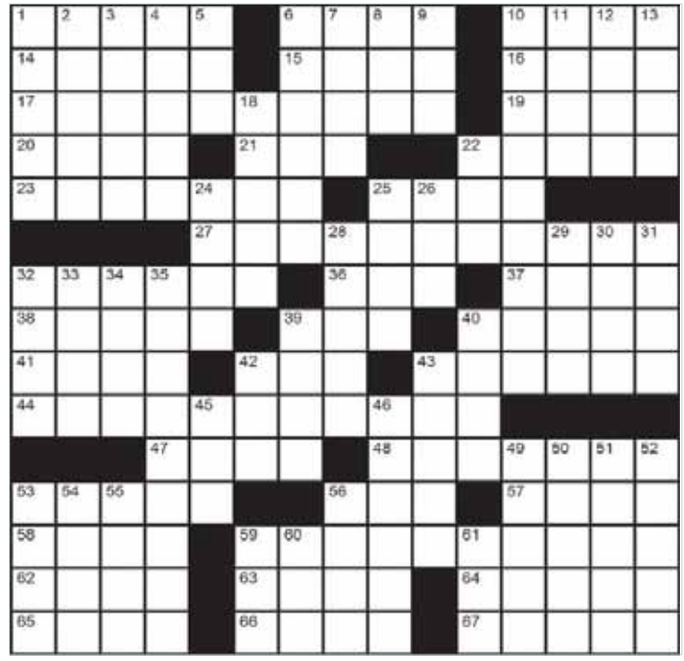
♓ Pisces
Feb. 20 - March 20
You will see only what you want to see today. That's fine, but if you close your mind completely to new possibilities you'll be the loser.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



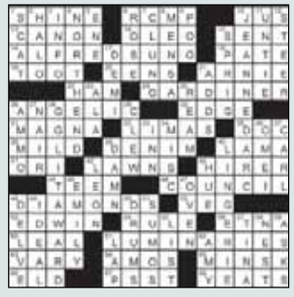
Across

1. Vermicelli
6. Piece of the puzzle
10. Gwyneth Paltrow's lifestyles website, __.com
14. Gelatin mould dish
15. James __ (Pulitzer-winning writer)
16. "__ la Douce" (1963)
17. Racecar driver Jacques, an honoured member of Canada's Sports Hall of Fame
19. Achievement
20. Good vs __ (Superhero's battle)
21. Bar beverage
22. Rock
23. Embark on a cruise: 2 wds.
25. Earth
27. It kicks off the Christmas shopping season: 2 wds.
32. Figures of speech
36. Sanction
37. Store event
38. Moved off course
39. "Way cool!"
40. Scatter
41. Docking spot
42. Sighed sounds
43. Snow-packed ski runs
44. Historic building from 1886 where The Second City in Toronto was famously located: 3 wds.
47. Fertilizer ingredient
48. Record-breaking building category
53. Quality
56. "Frasier" character
57. "Ah, me!"
58. This spot
59. Singer from Saint-Ignace, New Brunswick: 2 wds.
62. Buffalo kind
63. __ Cooper
64. Beaver-ish looking animal
65. Look after
66. Assorted [abbr.]
67. Highway-crossing animals

Down

1. Does road work
2. "__ __ always said..."
3. __ pea soup
4. Cash register drawers
5. Hotshot
6. Spain: Valencian dish of rice
7. Fluish feeling
8. Gun the engine
9. Football prop
10. Thingies put out annually by Oprah Winfrey, and most recently, Gwyneth Paltrow: 2 wds.
11. Celebrated cookie
12. Muscat is its capital
13. Hors d'oeuvre spread
18. Manicurist's concerns
22. Military address
24. Sleep Country Canada purchase, __ __
25. Timetable, cool-style
26. Commonly, poetically
28. English punk band, with The
29. Dash
30. Sheltered, nautically
31. Archery bow trees
32. Spellllling boo-boo
33. Racetrack fence
34. Was in debt
35. Chanel No. 5's magazine page: 2 wds.
39. Ms. Perlman
40. Window ledge
42. Go-Go's smash: "Our Lips __ Sealed"
43. Shopping __
45. Galway's country [abbr.]
46. English pop trio, __ Kitten
49. Espresso style
50. Upper crust
51. More sensible
52. Boris Godunov, and others
53. Fantastic, in slang
54. Boulevard in Montreal, __-Levesque
55. Cast or Wrought
56. Also-__
59. "This is yummy."
60. Crossword rendering of a segment of a road's dotted line
61. Mr. Stewart

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

7		9				2		6
	8		5		4		1	
2								3
		4	1		3	8		
	6						4	
		7	2		5	6		
4								8
	3		8		9		6	
9		8				1		5

Yesterday's Sudoku

4	6	9	3	7	5	1	2	8
5	1	2	8	9	4	6	7	3
7	8	3	1	2	6	9	5	4
2	7	4	6	8	1	3	9	5
8	9	6	5	3	2	4	1	7
3	5	1	7	4	9	8	6	2
9	2	8	4	1	7	5	3	6
1	3	5	2	6	8	7	4	9
6	4	7	9	5	3	2	8	1

Today
8°/5°
Showers
40%

Saturday
7°/6°
Showers
40%

Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2013

skilled immigrant infocentre
Employment information for career decisions
A free service for immigrants to British Columbia

Vancouver Public Library Central Library
350 West Georgia Street
Phone: 604-331-3624
Web: skilledimmigrants.vpl.ca

Vancouver Public Library
We acknowledge the financial support of the Province of British Columbia through the Ministry of Education
Funded by the Government of Canada's Foreign Credential Recognition Program

AMORC ROSICRUCIAN ORDER
Next Presentation:
"The Rosicrucian Order and about it's relevance for people today", Plus Council of Solace Ritual.
The Vancouver Rosicrucians are pleased to host our 8th public Open Meeting. You are invited to engage in an afternoon of ritual, meditation and learning.
3pm • Sunday, December 1, 2013
Hilton Hotel Metrotown
6083 McKay Ave, Burnaby (Beside the Metrotown Skytrain Station)
Discover the worldwide non-profit, educational, fraternal organization Rosicrucian Order, A.M.O.R.C. since 1926 in Vancouver.
e: britishcolombia @amorc.rosicrucian.org • www.rosicrucian.org

FLIGHT CENTRE® The Airfare Experts
BLACK FRIDAY SALE
Call 1 866 519 5111 now for all deals!
Hurry, offers valid today & tomorrow only.
*Conditions apply. For full terms and conditions of all Black Friday sale offers speak with your Flight Centre travel consultant. BC REG: #HO2790

TODAY'S JACKPOT IS

$50 MILLION

ESTIMATED

+

10 EST. x $1 MILLION MAXMILLIONS™

TAKE IT TO THE Lotto MAX

BUY YOUR TICKET AT PLAYNOW.COM

bclc

Know your limit, play within it. GameSense

19+

BUY Lotto MAX AT PLAYNOW.COM

BUY YOUR LOTTO TICKET FROM YOUR SMARTPHONE OR TABLET

bclc

Know your limit, play within it. GameSense

19+

airmilesshops.ca™

10x + BLACK FRIDAY DEALS

NOV. 27 – DEC. 4

Shop online and earn 10x AIR MILES® reward miles[1]

140+ ONLINE STORES INCLUDING...

Apple Store Canada · Expedia.ca · ebay · Sears · amazon.ca

OLD NAVY · BEYONDTHERACK · Indigo · LANDS' END · THE SOURCE I WANT THAT

VICTORIA'S SECRET · BOSE · L.L.Bean · GAP · DELL

and many more...

What does 10x reward miles mean?

Spend $1,000 on a laptop* › Get 500 reward miles*

*Example is for illustrative purposes only.

Visit airmilesshops.ca/blackfriday

#airmilesshops

* Actual reward miles earned will depend on the online store's Base Offer and your qualifying purchase total, less exclusions, made during the promotion period. Example shown reflects the 10x offer only and does not include any other Bonus Offer(s) that you may also be eligible for on purchases made during the promotion period.

[1] LIMITED TIME OFFER: 10x reward miles offer valid on qualifying purchases of $20 CDN or more, excluding shipping, duty and taxes, made in a single transaction between November 27, 2013 and December 4, 2013. Offer applies to the total base reward miles earned on qualifying purchase amount excluding shipping, duty and taxes. Base Offer may vary. Click on store logo on airmilesshops.ca for offer details. Collectors must sign in at airmilesshops.ca before purchasing in order to earn reward miles. Offer can be combined with other Bonus reward miles offers. This offer is valid on the purchase of gift cards only at online retailers who regularly offer reward miles on gift card purchases. See airmilesshops.ca for details. This offer does not apply to purchases made at Rogers Magazine subscriptions (including *Chatelaine*, *Today's Parent*, *Maclean's* and *Sportsnet Magazine*) or made at travel online stores (including travel bookings, car rentals, and hotels), except Expedia. Qualifying Expedia bookings include packages you build including hotels and vacation activities only. This offer is not applicable to stand-alone flight and car bookings or to prepackaged vacations such as all-inclusive vacations, cruises, tours and travel insurance purchased at Expedia. For eligible purchases made at Expedia, travel must be booked by December 4, 2013 and completed by December 31, 2013 to qualify for the offer. All other online stores are subject to change and may be withdrawn at any time. For eligible Expedia purchases, reward miles will be posted to your Collector Account within 75 days after travel is completed. For all other purchases, reward miles will be posted to your Collector Account within 75 days after the promotional period.

®™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc.